The Golden Record Book Of The Southwestern Conference Cross Country Championships 1966-2026

Compiled by Denny Sheppard and Paul Heyse

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Al Buckeye (Avon Lake/Rocky River), George Christ (Westlake), Dick Cooley (Amherst), Mike Foley (Rocky River), Terry Kemp (Amherst), Joe Knap (Bay), Bruce Lerch (Brecksville), Jim Saul (Avon Lake), Dick Scott (Bay) and Gary Simpson (Westlake).

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He giveth power to the faint; and to them that have no might he increaseth strength.

Even the youths shall faint and be weary, and the young men shall utterly fall.

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Isaiah 40: 29-31 (KJV)

SWC Cross Country Team Titles

Boys

Amherst (7): 1990, ‘94-95, 2004, 2020, 2022-23

Avon (2): 2015, 2024

Avon Lake (11): 1996, 2009-13, ’17, ’19, ’21, ’25-26

Bay (21): 1970-81, ‘84-85, ’87, ’89, ‘91-93, ’99, 2003

Berea (1): 2005

Brecksville (4): 2006-08, ‘14

Fairview (1): 1967

Lakewood (2): 2016, ‘18

North Olmsted: none

Olmsted Falls (2): 1997-98

Rocky River (4): 1966, ’68, 2001-02

Westlake (7): 1969, ‘82-83, ‘85-86, ’88, 2000

Head coaches – present and past

Amherst: Rob Glatz (2014-present); Scott Snyder (1997-2013); Dick Elsasser (1994-96); Terry Kemp (1988-1993); Ron Camp (1984-87); Dick Cooley (1959-83)

Avon Matt Nortz (2012-present); Tara Gruskiewicz (2005-2011): Kara Kelly-Sharp (2003-04); Jim Reynolds (1973-93, 19952002), Anne Densmore (1994)

Avon Lake: Rob Juergens (1998-present); Dale Hodge (1996-97); Chuck Leopold (1972-75); Jim Saul (1966-71, '76-95)

Berea-Midpark: Anthony Spooner (2016-present); Rick Mack (2013-15)

Elyria Jerry Chizmar (2013-present); Deryl Nalle (2005-12); Jerry Chizmar (1997-2004); Tom Taylor (1996); Pati Habenicht (1988-95); Tom Below (1987); Deryl Nalle (1977-86); Frank Romano (1974-76); Paul Thiel (1971-73); Jim Kehler (196570); Vance Carter (1964); Tom Willing (1963); Dennis Ryan
(1962); Edward Allen (1961); Frank Fiore (1959-60); Bob Slager (1958)

Midview Kathleen Manning (2018-present); Kim Mullins (2012-17); Kyle Romansky (2011); Lynn Magyar (2008-10); Mike Guildoo (2002-07); Colleen Barta (1998, 2000-01); Kelly Carpenter (1999); Stephanie Xenos (1995-97); Jeremy Gannon (1993-94); John Nakel (1991-92); Kurt Marzi (1983-90); Larry Dixon (1982); Ed Thompson (1974-81); Richard Bickel (1973); no team picture (1972); no yearbooks (1967-71); Mr. Rowe
(1966); no team picture (1965); Arthur Rundle (1963)

North Ridgeville Rohan Patil (2026-present); Kyle Romansky (2024-25); Jason Stacy (2021-23); Andy Dohanos (2013-20); Rachel Hill (2010-12); Kevin Drapcho (2003-09); Ed Haller (2001-02); Brian Gardner (1997-2000); Elias Gorman (1995-96); Mr. Griffith (1994); Denver Daniel (1992-93); Tony Kanis (1981-91); Ann DiBlasi (1980); Scott Mitchell (1979); Steve Abbey (1973-78); Scott Mitchell (1970-72); Charles Bolognia (1968-69)

Olmsted Falls Colby Alexander (2026-present); Rae Alexander (2023-25); Bob Roker (2020); Hunter Heaton (2019); Jeff Kho (19972018); Carrie Joseph (1996); Rae Alexander (1994-95); Fred Odon (1980-93); Bob Besecker (1972-79); John Dickerson (1970-71); Lance Pledger (1969)

Past head coaches

Bay: George Curran (2026-present); Jack Haus (2023-25); Steve Babson (2006-2022); Bill Wingler (2001-2005); Denny Sheppard (1981-2000); Dick Scott (1969-80); Bob Adams (1967-68); Gary Glenwright (1966); Mike Hansinger (1965)

Berea: Carl Wetula (1998-2012); Barb Hunter (1993-97); Bob Schuff (1988-92); Craig Braithwaite (1973-77; 1985-87); Jim Dunham (1978-84); Howard Dulmage (1963-72); Ted Theodore (195962); Harold Morris (1955-58)

Brecksville: Bob Schank (1997-present); Bruce Lerch (1967-1996); Richard Pace (1965-66); Dave Nabinger (1962-64); Mr. Bramlish (1961); Jack Mercer (1958-60)

Fairview: Jennifer Dahler (2015-present); Andy Slack (2008-14); Rich Friel (2006-07); Jim Grealis (1978-2005); Howard Brownstein (1977); Dennis Kollai (1972-76); Marv Stotz (1971); Bill Frase (1967-70); Bill Bristow (1960-66)

Lakewood Stephanie Toole (2013-present); Mike Schreiner (2009-12); Rick Ventura (1997-2008); Scott Minning (1994-96); Nils Antonio (1992-93); Jim Van Horn (1991); Dan Gerome (1982-90); Frank Nixon (1968-81); Norman Brown (1947-67); Andrew Watters (1944-46); George Corneal (1928-43)

Midpark: Rick Mack (2004-12); Bob Butler (1977-85, 1988-2003); Dana Thomas (1986); Mark Kundla (1987); Tom Duer (1974-76); Vance Carter (1965-73); Jim Pae (1963-64)

North Olmsted: Mike D'Alessandro (2004-present); Ken Neuzil (1980-2003); Al Faquet (1978-79); Denny Schurdell (1972-77); Robert Stone (1970-71); no information (1968-69); Paul Murschel (1966-67); no information (1964-65); Joe Kerka (1962-63)

Rocky River: Steve Stahl (2013-present); Kevin Kelly (2006-12); Mike Foley (1976-2005); John Lanning (1971-75); Al Buckeye (1966-70); Ron Birt (1965); Ernest Kuehls (1958-64)

Westlake: Scott Wargo (2024-present); Kyle Romansky (2012-23); Cindy Bailey (2008-11); Tim Clark (2007); Gary Simpson (19772006); George Christ (1967-76)

Team titles

11 Dick Scott (Bay), 1970-80
10 Rob Juergens (Avon Lake), 2009-13, '17, '19, '21, '25
8 Denny Sheppard (Bay), 1981, '84-85, '87, '89, 91-93, '99
6 Gary Simpson (Westlake), 1982-83, '85-86, '88, 2000
4 Bob Schank (Brecksville), 2006-08, '14
3 Rob Glatz (Amherst), 2020, 2022-23
2 Stephanie Toole, (Lakewood), 2016, '18
2 Mike Foley (Rocky River), 2001-02
2 Jeff Kho (Olmsted Falls), 1997-98
2 Dick Elsasser (Amherst), 1994-95
2 Al Buckeye (Rocky River), 1966, '68

2 Matt Nortz (Avon), 2015, ‘24
1 Carl Wetula (Berea), 2005
1 Scott Snyder (Amherst), 2004
1 Bill Wingler (Bay), 2003
1 Dale Hodge (Avon Lake), 1996
1 Terry Kemp (Amherst), 1990
1 George Christ (Westlake), 1969
1 Bill Frase (Fairview), 1967

Multiple titles (2 minimum)

3 Ty Perez (Amherst, 2020, ’22-23)
2 Josh Hill (Amherst, 2017-18)
2 Mike Jankowski (Berea-Midpark), 2014-15
2 Dan Zupan (Berea), 2011-12
2 Kevin Stack (Midpark), 2006-07
2 Aaron Arlinghaus (North Olmsted), 2000, '02
2 Frank Pattison (Westlake), 1987-88
2 Joel Aldridge (Bay), 1984-85
2 Bob Mau (Rocky River), 1981-82
2 Chris Koehler (Bay), 1976-77
2 Jim Healy (Bay), 1972-73
2 Joe Hurd (Medina), 1970-71
2 John Gulledge (Medina), 1968-69

SWC BOYS

ALL-OHIO RUNNERS

2025: Jose Alvelo (Avon), 38th (Div. II), 16:22.23

2023: Luke Bowlsby (Amherst), 16th (Div. I), 15:45.02

2018: Josh Hill (Amherst), 3rd (Div. I), 15:47.5

2017: Josh Hill (Amherst), 7th (Div. I), 15:34.6

2016: Josh Hill (Amherst), 26th (Div. I), 15:50.7

2012: Dan Zupan (Berea), 11th (Div. I), 15:40.87

2011: Trevor Norris (Avon Lake), 24th (Div. I), 15:58.17

2004: Zak Wilburn (Amherst), 15th (Div. I), 16:13

2002: Aaron Arlinghaus (North Olmsted), 3rd (Div. I), 15:31; Chris English (Rocky River), 3rd (Div. II), 16:13

2001: Chris English (Rocky River), 16th (Div. II), 16:17

2000: Chris English (Rocky River), 7th (Div. II); Aaron Arlinghaus (North Olmsted), 14th (Div. I), 15:54

1998: Rick Bement (Olmsted Falls), 12th (Div. II), 16:14; Brian Anderson (Avon Lake), 22nd (Div. II), 16:24

1997: Hunter Lydon (Rocky River), 7th (Div. II); Tom Dickinson (Olmsted Falls), 13th (Div. II), 16:23

1996: Bill Huffman (Rocky River), 2nd (Div. II); George Curran (Olmsted Falls), 10th (Div. II), 16:27; Chris Rybicki (Olmsted Falls), 20th (Div. II), 16:37

1995: Geoff Simpson (Avon Lake), 7th (Div. II), 16:17; Bill Huffman (Rocky River), 12th (Div. II)

1994: Geoff Simpson (Avon Lake), 7th (Div. II), 16:25; Greg Balogh (Amherst), 20th (Div. I), 16:27

1993: Ken Kurz (Fairview), 7th (Div. II); Gavin O'Neal (Rocky River), 21st (Div. II)
1992: T.K. Brasted (Bay), 4th (Div. II), 16:00; Kevin Michalske (Bay), 7th (Div. II), 16:04; Josh Purses (Bay), 23rd (Div. II), 16:27

1991: Tim Crane (Bay), 8th (Div. II), 16:18; Gavin O'Neal (Rocky River), 11th (Div. II); T.K. Brasted (Bay), 23rd (Div. II), 16:31

1990: Jeremy Zarins, 8th (Div. II); Jeff Matovic (Bay), 14th (Div. II), 16:32

1989: Brad Mold (Bay), 4th (Div. II), 15:58; Jeff Matovic (Bay), 15th (Div. II), 16:29

1988: Russ Wheeler (Bay), 12th (Div. I), 16:39; Brad Mold (Bay), 16th (Div. I), 16:56

1987: Jason Jeske (Rocky River), 9th (Div. II)

1986: Todd Krase (Amherst), 5th (Div. I), 15:59

1985: Joel Aldridge (Bay), 3rd (Div. I), 16:07; Tom Knolmayer (Fairview), 7th (Div. II);
1984: Tom Knolmayer (Fairview), 2nd (Div. II), 16:07; Joel Aldridge (Bay), 8th (Div. I), 16:07; Paul Dvorak (North Olmsted), 16th (Div. I), 16:27; Tom Celebreeze (Olmsted Falls), 19th (Div. II), 16:38

1983: Todd Milenius (Rocky River), 19th (Div. I)

1982: Bob Mau (Rocky River), 1st (Div. I); Andy Herr (Berea), 1st (Div. I - team race), 15:09.8; Dave Linden (Berea), 18th (Div. I), 15:57; Steve Parsons (Avon Lake), 17th (Div. I), 15:55; Dave Wentling (North Olmsted), 18th (Div. I), 15:55; Rich Hoffa (North Olmsted), 20th (Div. I), 15:56; Roger Johnson (Bay), 20th (Div. I), 15:57

1981: Bob Mau (Rocky River), 1st (Div. I - individual race); Andy Herr (Berea), 5th (Div. I), 12:22; Rich Bechtel (Fairview), 10th (Div. II)

1980: Dan Gruneison (Bay), 16th (Div. I), 12:27

1979: Tom Boccia (Bay), 17th (Div. I), 12:59

1978: Ed Healey (Bay), 2nd (Div. I), 12:16.0; Jeff Maxwell (Berea), 19th (Div. I), 12:29.0; Mike Kmetz (Bay), 17th (Div. I), 12:38.8

1977: Chris Koehler (Bay), 2nd (Div. I), 12:04; Doug Drew (Amherst), 3rd (Div. I), 12:06; Jeff Lemay (Bay), 5th (Div. I), 12:11; Jim Welte (Amherst), 6th (Div. I),
12:16; Jeff Kiss (Avon Lake), 10th (Div. I), 12:31; Jack Malin (Amherst), 12th (Div. I), 12:27; Ross Martin (Bay), 15th (Div. I), 12:30; Denis Schneider (Amherst), 17th (Div. I), 12:32; Ed Healey (Bay), 19th (Div. I), 12:34

1976: Jeff Wilhelm (Amherst), 2nd (Div. I), 9:30; Mike Schinski (Bay), 4th (Div. I), 9:40; Mike Haffner (Berea), 5th (Div. I), 9:45; Mark Osterhout (Berea), 8th (Div. I), 9:48; Doug Drew (Amherst), 9th (Div. I), 9:49; Jack Malin (Amherst), 15th, 9:54; Rich Oldrieve (Bay), 19th (Div. I), 9:58; Chris Koehler (Bay), 24th (Div. I)

1975: Jeff Wilhelm (Amherst), 5th (Div. I), 9:44; Gerry Pence (Bay), 5th (Div. I), 9:37; Mike Schinski (Bay), 13th (Div. I), 9:46; Ike Hull (Fairview), 13th (Div. II)

1974: Pete Kummant (Amherst), 1st (Div. I - individual race), 9:24.7; Jeff Wilhelm
(Amherst), 13th (Div. I), 9:59; Gerry Pence (Bay), 15th (Div. I), 9:59; John Draft (Bay), 19th (Div. I), 10:04

1973: Pete Kummant (Amherst), 1st (Div. I - individual race), 9:33.0; Jim Healey (Bay), 14th (Div. I), 9:56; Dale Mitiska (Amherst), 17th (Div. I), 9:58

1972: Sonny Wilburn (Amherst), 4th (Div. I), 10:01; Steve Babson (Bay), 9th (Div. I), 10:08; Jim Healey (Bay), 13th (Div. I), 10:12; Jerry Mueller (Olmsted Falls), 19th (Div. II), 10:37

1971: Sonny Wilburn (Amherst), 1st (Div. I - team race), 9:28.3; Joe Hurd (Medina), 2nd (Div. I); Tony Nugent (Rocky River), 12th (Div. I)

1970: Mike Burley (Berea), 1st (Div. I - individual race); Dave Legge (Avon Lake), 12th (Div. I)

1969: John Gulledge (Medina), 5th (Div. I)

1968: John Gulledge (Medina), 7th (Div. I); Dan Moody (Amherst), 9th (Div. I)

1966: Sid Sink (Fairview) 1st (Div. I - team race); Scott Hiles (Avon Lake), 1st (Div. I - individual race); Karl Mueller (Rocky River), 20th (Div. I)

1965: Sid Sink (Fairview), 4th (Div. II); John Boros (Rocky River), 14th (Div. I)

1964: Terry Kelleman (Rocky River), 8th (Div. I)

1962: Tom Schoemig (Amherst), 7th; Dennis Traster (Amherst), 14th (Div. I)

1960: Robert Russell (Berea), 2nd (Div. I)

1957: Bill Maurer (Berea), 11th (Div. I)

1956: Dick Wagner (Berea), 9th (Div. I)

SWC TEAMS AT STATE

2023: Amherst, 14th in Division I

2010: Avon Lake, 10th in Division I
2007: Brecksville, 4th in Division I

2002: Elyria, 10th in Division I

2000: Bay, 6th in Division II

1999: Bay, 9th in Division II

1998: Olmsted Falls, 4th in Division II

1997: Olmsted Falls, 3rd in Division II

1996: Bay, 4th, and Avon Lake, 8th, in Division II

1995: Amherst, 5th in Division I; Bay, 5th in Division II

1994: Avon Lake, 6th, and Fairview, 17th, in Division II

1993: Bay, 2nd, and Avon Lake, 13th, in Division II

1992: Bay, 1st, and Fairview, 15th, in Division II

1991: Bay, 1st, and Fairview, 14th, in Division II; North Olmsted, 16th in Div. I

1990: Bay, 10th, and Fairview, 11th, in Division II

1989: Bay, 3rd in Division II

1988: Westlake, 3rd, and Bay, 7th, in Division I

1987: Bay, 10th in Division I

1986: Westlake, 6th in Division I

1984: Fairview, 14th in Division II

1983: Fairview, 16th in Division II

1982: Bay, 8th in Division II
1981: Fairview, 5th in Division II; Bay, 11th in Division I

1980: Bay, 2nd, and Medina, 14th, in Division I

1979: Bay, 5th, and Medina, 12th, in Division I

1978: Bay, 3rd, and Medina, 16th, in Division I

1977: Bay, 2nd in Division I

1976: Bay, 1st in Division I

1975: Bay, 3rd in Division I

1974: Bay, 5th in Division I

1973: Bay, 9th in Division I

1972: Bay, 4th in Division I

1971: Bay, 17th in Division I

1966: Fairview, 16th in Division I

2026: @Lorain County Community College (Oct. 17)

1, Avon Lake, 52; 2. Avon, 58; 3. Olmsted Falls, 101; 4. Elyria, 108; 5. Amherst, 127; 6. Berea-Midpark, 128; 7. Midview, 177; 8. North Ridgeville, 198

1, Niko Koutouras (Avon Lake), 16:54.5; 2. Craig Harvey (North Ridgeville), 16:59.7; 3. Jacob Iafigliola (Olmsted Falls), 17:03.2; 4. Kaleb Freeman (Elyria), 17:03.5; 5. Gage Hopkins (Elyria), 17:08.5; 6. Nicholas Thompson (Avon), 17:14.7; 7. Gavin Vozar (Berea-Midpark), 17:18.0; 8. Blaise Weber (Avon), 17:19.0; 9. Luke Gunter (Avon Lake), 17:19.6; 10. Liam Fritz (Avon Lake), 17:26.9; 11. Jackson Strawn (Amherst), 17:27.5; 12. Matthew Lochbiler (Avon), 17:30.7; 13. Liam Kuri (Olmsted Falls), 17:30.9; 14. Liam Nobles (Avon), 17:33.5; 15. Aiden Diamond (Avon Lake), 17:33.5; 16. Hayden Maxwell (Midview), 17:34.5; 17. Daniel Muckerheide (Avon Lake), 17:37.8; 18. Luke Fox (Avon), 17:43.0; 19. Alex Schulz (Avon Lake), 17:43.3; 20. Jared Keressi (Avon), 17:45.3; 21. Tyler Freeman (Elyria), 17:47.5; 22. Carter Banyas (Amherst), 17:49.0; 23. Caden Matthews (Avon), 17:51.2; 24. Eli Nicely (Amherst), 17:59.5; 25. Oliver Zale (Olmsted Falls), 18:02.9. Out of 55 runners.

Open
1, Jackson Bratton (Avon), 17:49.7; 2. Joel Morgan (Avon), 18:05.6

2025: @Lorain County Community College (Oct. 11)

1, Avon Lake, 57; 2. Berea-Midpark, 79; 3. Avon, 85; 4. Olmsted Falls, 89; 5. Elyria, 104; 6. Amherst, 107; 7. North Ridgeville, 162; 8. Midview, 214

1, Jose Alvelo (Avon), 16:38.78; 2. Niko Koutouras (Avon Lake), 16:42.08; 3. Johnny Habre (Berea-Midpark), 16:56.52; 4. Lucas Roberts (Berea-Midpark), 17:02.71; 5. Kaleb Freeman (Elyria), 17:05.42; 6. Jacob Iafigliola (Olmsted Falls),
17:18.44; 7. Liam Kuri (Olmsted Falls), 17:20.16; 8. Alex Schulz (Avon Lake),

17:20.68; 9. Asa Nicely (Amherst), 17:23.40; 10. Gavin Vozar (Berea-Midpark), 17:29.63; 11. Gage Hopkins (Elyria), 17:35.39; 12. Liam Maitland (Avon Lake), 17:37.55; 13. Craig Harvey (North Ridgeville), 17:39.70; 14. Matthew Lochbiler (Avon), 17:42.64; 15. Jacob Reed (North Ridgeville), 17:44.82; 16. Luke Gunter (Avon Lake), 17:48.40; 17. Jared Keressi (Avon), 17:56.82; 18. Brady Mackert (Olmsted Falls), 18:01.00; 19. Nathan Grieger (Avon Lake), 18:06.56; 20. Ian Fababe (Avon Lake), 18:07.60; 21. Matthew Walker (Amherst), 18:08.77; 22. Eli Nicely (Amherst), 18:12.13; 23. Seth McFarland (Elyria), 18:19.32; 24. Jackson Strawn (Amherst), 18:19.79; 25. Giovanni Ortiz (Olmsted Falls), 18:20.72

Open
1, Blaise Weber (Avon), 18:06.09; 2. Caden Matthews (Avon), 18:17.69

2024: @Lorain County Community College (Oct. 12)

1, Avon, 33; Amherst, 46; 3. Avon Lake, 94; 4. North Ridgeville, 108; 5. Olmsted Falls, 116; 6. Berea-Midpark, 150; 7. Elyria, 157; 8. Midview, 198

1, Nick Thompson (Avon), 16:43.72; 2. Gavin Smith (Elyria), 17:02.04; 3. Matthew Walker (Amherst), 17:09.00; 4. Ben Susi (Amherst), 17:09.78; 5. Franco Gallo (Avon), 17:11.45; 6. Asa Nicely (Amherst), 17:11.46; 7. Jacob Michalak (Amherst), 17:11.46; 8. Cooper Tanski (Avon), 17:21.31; 9. Jared Keressi (Avon), 17:29.73; 10. Jose Alvelo (Avon), 17:29.75; 11. Ian Fababe (Avon Lake), 17:50.84; 12. Gabriel Johnson (Avon Lake), 17:51.90; 13. Hayden Goughanour (Olmsted Falls), 17:53.35; 14. Lincoln Bouman (North Ridgeville), 17:53.39; 15. Niko Koutouras (Avon Lake), 17:58.32; 16. Matthew Lochbihler (Avon), 17:59.01; 17. Dominic Gallo (Avon), 18:04.10; 18. Christian Stovicek (North Ridgeville), 18:06.68; 19. Craig Harvey (North Ridgeville), 18:24.52; 20. Nathan Greiger (Avon Lake), 18:25.90; 21. Alex Serban (Berea-Midpark), 18:32.72; 22. Michael Delap (Olmsted Falls), 18:35.05; 23. Lucas Edgell (Midview), 18:36.39; 24. Brady Mackert (Olmsted Falls), 18:38.33; 25. Liam Kuri (Olmsted Falls), 18:39.48

Open
1, Owens Burns (Avon), 18:20.16; 2. Eli Hallowell (Amherst), 18:21.10

2023: @Lorain County Community College (Oct. 14)

1, Amherst, 25; 2. Midview, 63; 3. Avon, 65; 4. Olmsted Falls, 128; 5. Avon Lake, 133; 6. North Ridgeville, 159; 7. Berea-Midpark, 161; 8. Elyria, 251

1, Ty Perez (Amherst), 16:07; 2. Luke Bowlsby (Amherst), 16:09; 3. Jared Robinson (Midview), 16:52; 4. Dylan Robinson (Midview), 17:15; 5. Henry Isaacs
(Amherst), 17:16; 6. Lucas Edgell (Midview), 17:19; 7. Franco Gallo (Avon), 17:20; 8. Zane Rhoads (Amherst), 17:24; 9. Ben Susi (Amherst), 17:28; 10. Jacob Michalak (Amherst), 17:29; 11. Zachary Janus (Midview), 17:32; 12. Cooper Tanski (Avon), 17:32; 13. Nick Thompson (Avon), 17:32; 14. Lincoln Bouman (North Ridgeville), 17:33; 15. Matthew Walker (Amherst), 17:33; 16. Samuel Weiler (Avon), 17:40; 17. Jose Alvelo (Avon), 17:42; 18. Jack Phillips (Olmsted Falls), 17:44; 19. Samson Arnold (Avon), 17:54; 20. Gabe Johnson (Avon Lake), 18:00; 21. Kevin Kotyk (Avon Lake), 18:05; 22. Henry Lochbihler (Avon), 18:08; 23. Lucas Roberts (Berea-Midpark), 18:17; 24. Liam Kuri (Olmsted Falls), 18:18; 25. Ian Fababe (Avon Lake), 18:20

Open
1, Devin Ramirez (Amherst), 18:07; 2. Asa Nicely (Amherst), 18:08

2022: @Lorain County Community College (Oct. 15)

1, Amherst, 52; 2. Midview, 72; 3. Avon, 73; 4. Avon Lake, 74; 5. Berea-Midpark, 136; 6. Elyria, 143; 7. North Ridgeville, 147; 8. Olmsted Falls, 209

1, Ty Perez (Amherst), 16:32.37; 2. Luke Bowlsby (Amherst), 16:50.50; 3. Liam Noss (Avon Lake), 17:03.89; 4. Jared Robinson (Midview), 17:14.35; 5. Lucas Edgell (Midview), 17:21.85; 6. Bradan Schnabel (Avon Lake), 17:27.34; 7. Zachary Janus (Midview), 17:33.90; 8. Franco Gallo (Avon), 17:35.79; 9. Samuel Weiler (Avon), 17:42.74; 10. Colin Plunkett (Avon Lake), 17:43.74; 11. Dylan

Doran (Berea-Midpark), 17:46.02; 12. Gustavo Imbacuan (North Ridgeville), 17:49.74; 13. Dylan Robinson (Midview), 17:56.58; 14. Henry Isaacs (Amherst), 18:03.68; 15. Sam Arnold (Avon), 18:08.35; 16. Chase Jackson (Elyria), 18:12.94;
17. Ben Susi (Amherst), 18:31.81; 18. Asa Nicely (Amherst), 18:16.87; 19. Josh Pomfrey (Avon), 18:20.48; 20. Michael Taylor (Elyria), 18:24.33; 21. Jacob Michalak (Amherst), 18:26.37; 22. Logan Bittle (Avon), 18:27.29; 23. Jackson Gift (North Ridgeville), 18:27.48; 24. Matthew Walker (Amherst), 18:38.09; 25. Owen Sears (Avon Lake), 18:42.82

Open
1, Lincoln Bouman (North Ridgeville), 18:36.51; 2. Mort Wilson (Amherst), 18:40.98

2021: @Lorain County Community College (Oct. 16)

1, Avon Lake, 62 (won via No. 6 runner tiebreaker, 29-33); 2. Amherst, 62; 3. Berea-Midpark, 87; 4. Avon, 103; 5. Midview, 106; 6. North Ridgeville, 145; 7. Elyria, 147; 8. Olmsted Falls, 185

1, Luke Bowlsby (Amherst), 16:58.94; 2. Ty Perez (Amherst), 17:09.59; 3. Thomas Coble (Berea-Midpark), 17:28.24; 4. Matt Henry (Avon Lake), 17:34.26; 5. Adam Dixon (Avon Lake), 17:53.91; 6. Matt Bowman (North Ridgeville), 17:59.87; 7. Jared Robinson (Midview), 18:14.57; 8. Mitchell Jackson (Elyria), 18:20.56; 9. Henry Isaacs (Amherst), 18:25.24; 10. Zach Winter (Avon), 18:27.04; 11. Luke Edgell (Midview), 18:27.90; 12. Paul Osborn (Avon Lake), 18:28.98; 13.
Gustavo Imbacuan (North Ridgeville), 18:31.07; 14. Bradan Schnabel (Avon Lake), 18:34.21; 15. Ian Taylor (Berea-Midpark), 18:37.53; 16. Cooper Tanski (Avon), 18:38.88; 17. Zachary Janus (Midview), 18:50.15; 18. Sebastian Pecora (Amherst), 18:55.90; 19. Christian O'Kelley (Olmsted Falls), 18:57.40; 20. Dylan
Robinson (Midview), 18:57.75; 21. Logan Zsembik (Berea-Midpark), 18:59.78; 22. Dylan Doran (Berea-Midpark), 19:00.87; 23. Franco Gallo (Avon), 19:05.29; 24. William Kilbane (Avon), 19:07.19; 25. Michael Taylor (Elyria), 19:07.38

Open
1, Evan Haemmerle (Avon), 18:53.99; 2. Zane DeMercurio (Amherst), 19:24.45

2020: @Lorain County Community College (Oct. 17)

1, Amherst, 31; 2. Avon Lake, 63; 3. Avon, 68; 4. Westlake, 124; 5. North Ridgeville, 134; 6. Olmsted Falls, 166; 7. Berea-Midpark, 180; 8. North Olmsted, 197; 9. Midview, 217

1, Ty Perez (Amherst), 16:21.9; 2. Jett Wieber (Avon), 16:27.9; 3. KJ Mueller (Westlake), 16:51.6; 4. Matt Henry (Avon Lake), 17:07.1; 5. Luke Bowlsby (Amherst), 17:09.5; 6. Jacob Raesler (Amherst), 17:33.9; 7. Dominick Houdeshell (Avon Lake), 17:37.3; 8. Cael Walker (Amherst), 17:41.4; 9. Douglas Kukura (Olmsted Falls), 17:43.4; 10. Matt Bowman (North Ridgeville), 17:45.5; 11. Caleb Cabrera (Amherst), 17:48.8; 12. Alex Serna (North Ridgeville), 17:49.1; 13.
Brandon Wield (Avon), 17:50.0; 14. Evan Haemmerle (Avon), 17:51.2; 15. Nick Schulz (Avon Lake), 17:56.1; 16. Cole Emerine (Avon), 18:01.5; 18. Adam Dixon (Avon Lake), 18:05.7; 19. Jordan Matuzak (Avon Lake), 18:11.6; 20. Matt Kuban (Avon Lake), 18:13.3; 22. Mike Wolski (Avon Lake), 18:15.7; 23. Nathan Ferguson (Avon), 18:19.6; 24. Zach Wells (Avon), 18:25.4; 25. Cameron Byrd (Olmsted Falls), 18:29.1

2019: @Lorain County Community College (Oct. 12)

1, Avon Lake. 57; 2. Lakewood, 64; 3. Westlake, 77; 4. Avon, 87; 5. Amherst, 113; 6. North Ridgeville, 127; 7. North Olmsted, 189; 8. Olmsted Falls, 234; 9. Midview, 242; 10. Berea-Midpark, 267

1, Cormac Peppard-Kramer (Lakewood), 16:42.4; 2. Ryan Keller (Avon Lake), 16:53.0; 3. Patrick McCallum (Lakewood), 17:07.1; 4. Robert Callaway (Midview), 17:10.2; 5. Colin Walsh (Westlake), 17:10.9; 6. Jett Wieber (Avon), 17:13.0; 7. Matt Henry (Avon Lake), 17:14.6; 8. R.J. Mueller (Westlake), 17:26.8;

9. Muhammad Abedeljab (Avon), 17:39.7; 10. Alex Serna (North Ridgeville), 17:41.5; 11. Sean Whelan (North Olmsted), 17:43.7; 12. Nick Schulz (Avon Lake),
17:44.1; 13. Matthew Eadie (Westlake), 17:45.7; 14. Aidyn Zingale (Lakewood), 17:46.6; 15. Joey Carson (Avon Lake), 17:46.8; 16. Ryan Hammerschimidt (Avon), 17:47.1; 17. Cael Walker (Amherst), 17:51.8; 18. Ethan Barnes (Amherst),
17:53.7; 19. Sean O'Donnell (Lakewood), 17:54.0; 20. Jacob Raesler (Amherst), 17:54.6; 21. Domonick Houdeshell (Avon Lake), 17:55.6; 22. Adam Menser (North Ridgeville), 18:02.1; 23. Cole Emerine (Avon), 18:05.0; 24. Matthew Kirsch (Amherst), 18:08.3; 25. Lance Clemons (Westlake), 18:09.1

Open
1, Cole Sparker (Avon Lake), 18:11.3; 2. Matt O'Donnell (Lakewood), 18:12.2

2018: @Lorain County Community College (Oct. 13)

1, Lakewood, 74; 2. Avon, 75; 3. Amherst, 79; 4. Avon Lake, 79; 5. Westlake, 109; 6. Berea-Midpark, 140; 7. Olmsted Falls, 162; 8. North Ridgeville, 233; 9. Midview, 235; 10. North Olmsted, 282

1, Josh Hill (Amherst), 16:45.5; 2. Joe Backus (Olmsted Falls), 17:18.1; 3. Cormac Peppard-Kramer (Lakewood), 17:26.6; 4. Ryan Keller (Avon Lake), 17:30.7; 5. Ethan Brandt (Berea-Midpark), 17:32.4; 6. Jett Wieber (Avon), 17:33.0; 7. Jacob
Nasr (Avon Lake), 17:44.9; 8. Luke Gardner (Avon), 17:46.2; 9. Robert Callaway (Midview), 17:55.6; 10. Muhammad Abedeljaber (Avon), 18:00.2; 11. Joe Toole (Lakewood), 18:02.4; 12. Patrick McCallum (Lakewood), 18:03.9; 13. Matt Eadie
(Westlake), 18:05.2; 14. Devin Baumgartner (Amherst), 18:05.7; 15. Collin Walsh (Westlake), 18:07.9; 16. Tyler Hannah (Lakewood), 18:17.6; 17. Michael Kuban (Avon Lake), 18:19.2; 18. Matt Henry (Avon Lake), 18:20.0; 19. Ethan Barnes (Amherst), 18:27.8; 20. Ryan Hammerschmidt (Avon), 18:28.6; 21. Anthony Cocita (Berea-Midpark), 18:28.6; 22. Matthew Kirsch (Amherst), 18:32.2; 23.

Gabe Del Valle (Amherst), 18:35.1; 24. Cael Walker (Amherst), 18:35.8; 25. Alex Dzurec (Westlake), 18:36.8

Open
1, Brandon Wiedl (Avon), 18:55.9; 2. Mario Benjamin (Amherst), 19:11.1

2017: @Lorain County Community College (Oct. 14)

1, Avon Lake, 50; 2. Avon, 76; 3. Amherst, 78; 4. Lakewood, 89; 5. Olmsted Falls, 137; 6. North Ridgeville, 139; 7. Westlake, 151; 8. North Olmsted, 224; 9. Berea-Midpark, 262; 10. Midview, 290

1, Josh Hill (Amherst), 16:24.2; 2. Jack Reed (Avon), 16:30.2; 3. Milan Seiber (North Ridgeville), 16:58.4; 4. Alex Freeman (North Ridgeville), 17:03.7; 5. Eric Alu (Avon Lake), 17:04.8; 6. Joe Burtzlaff (Lakewood), 17:06.3; 7. Luke Gardner (Avon), 17:10.7; 8. Jacob Nasr (Avon Lake), 17:11.6; 9. Joe Backus (Olmsted Falls), 17:19.1; 10. Cormac Peppard-Kramer (Lakewood), 17:24.6; 11. Ryan Keller (Avon Lake), 17:35.2; 12. Zivon Stojanovski (Avon Lake), 17:37.2; 13. Will Floyd (Westlake), 17:39.4; 14. Michael Kuban (Avon Lake), 17:49.0; 15. Muhammad Abeleljab (Avon), 17:54.4; 16. Matthew Kirsch (Amherst), 17:56.3; 17. Joseph Toole (Lakewood), 17:57.5; 18. Gabe Del Valle (Amherst), 17:57.9; 19.
Andrew Gluvna (Olmsted Falls), 18:01.9; 20. Ethan Brandt (Bere-Midpark), 18:03.4; 21. Jacob Raesler (Amherst), 18:03.7; 22. Ethan Barnes (Amherst), 18:04.7; 23. Collin Cook (Olmsted Falls), 18:06.8; 24. Jack Williams (Avon Lake),
18:07.8; 25. Alex Wendling (Avon), 18:11.6

Open
1, Tyler Hannah (Lakewood), 18:29.0; 2. Ethan Sear (Avon), 18:30.4

2016: @Lorain County Community College (Oct. 15)

1, Lakewood, 63; 2. Avon Lake, 75; 3. Avon, 83; 4. Westlake, 109; 5. Amherst, 114; 6. Berea-Midpark, 141; 7. Olmsted Falls, 151; 8. North Ridgeville, 175; 9. North Olmsted, 241; 10. Midview, 323

1, Sebastian Francesconi (Westlake), 16:28; 2. Sean Peterson (Berea-Midpark), 16:33; 3. Josh Hill (Amherst), 16:35; 4. Zach Zwierecki (Avon), 16:48; 5. Henry Bish (Lakewood), 16:58; 6. Jack Reed (Avon), 16:58; 7. Alex Freeman (North Ridgeville), 17:07; 8. Cameron Shawver (Amherst), 17:08; 9. Joe Burtzlaff (Lakewood), 17:20; 10. Alex Holtz (Avon Lake), 17:23; 11. Evan Budzar (Lakewood), 17:24; 12. Milan Seiber (North Ridgeville), 17:26; 13. Jacob Nasr (Avon Lake), 17:26; 14. Luke Gardner (Avon), 17:27; 15. Eric Alu (Avon Lake), 17:27; 16. Will Floyd (Westlake), 17:30; 17. Ty'Saun Blevins (Lakewood), 17:32; 18. Zivon Stojanovski (Avon Lake), 17:34; 19. Mike Kuban (Avon Lake), 17:37; 20. Matt Olson (Westlake), 17:41; 21. Micah Swartz (Lakewood), 17:48; 22. Devin Baumgartner (Amherst), 17:50; 23. Gunnar Stockman (Lakewood), 17:51; 24. Ethan Brandt (Berea-Midpark), 17:57; 25. Isaac Lucas (Berea-Midpark), 17:58

Open
1, Matt Kirsch (Amherst), 17:50.8; 2. Max Budzar (Lakewood), 18:07.3

2015: @Lorain County Community College (Oct. 17)

1, Avon 49; 2. Westlake, 77; 3. Lakewood, 83; 4. Berea-Midpark, 102; 5. Avon Lake, 109; 6. North Ridgeville, 168; 7. Olmsted Falls, 175; 8. North Olmsted, 190;
9. Amherst, 208; 10. Midview, 272

1, Michael Jankowski (Berea-Midpark), 16:25; 2. Henry Bish (Lakewood), 16:48; 3. Sebastian Francesco (Westlake), 16:52; 4. Nick Irwin (Westlake), 16:58; 5. Alex Holtz (Avon Lake), 17:05; 6. Jacob Kraft (Westlake), 17:07; 7. Joe Goetz (Avon), 17:09; 8. Christian Alexander (Avon) 17:10; 9. Joey Yanoska (Avon), 17:12; 10.
Ty-Shaun Blevins (Lakewood), 17:18; 11. Sam Cerny (Berea-Midpark), 17:18; 12.
Jack Reed (Avon), 17:21; 13. Zach Zwierecki (Avon), 17:25; 14. Joe Juda (Berea-

Midpark), 17:32; 15. Josh Hill (Amherst), 17:37; 16. Riley Gannon (North Ridgeville), 17:37; 17. Eric Alu (Avon Lake), 17:39; 18. Milan Sieber (North Ridgeville), 17:41; 19. Caleb Budic (Olmsted Falls), 17:41; 20. Joe Burtzlaff (Lakewood), 17:45; 21. Jared Hutman (Midview), 17:55; 22. Zivon Stojanovski (Avon Lake), 17:56; 23. Luke Gardner (Avon), 18:02; 24. Micah Swartz (Lakewood), 18:03; 25. Ethan Bradt (Berea-Midpark), 18:05

Open
1. Nic Binfield (Lakewood), 17:48; 2. Austin Reed (Avon), 18:28

2014: @Lorain County Community College (Oct. 11)

1. Brecksville, 26; 2. Berea-Midpark, 35; 3. Olmsted Falls, 107; 4. North Olmsted, 112; 5. Westlake, 120; 6. Avon Lake, 138; 7. Amherst, 148

1. Mike Jankowski (Berea-Midpark), 16:39; 2. Anthony Camerieri (Brecksville), 17:03; 3. Mike Bonamer (Brecksville), 17:12; 5. Alex Jarufe (North Olmsted), 17:22; 12. Nick Irwin (Westlake), 17:38; 13. Evan Sergent (Amherst), 17:41; 14. Mike Sekerak (Amherst), 17:43; 15. Jacob Kraft (Westlake), 17:48; 17. Caleb Prante (Olmsted Falls), 17:57; 19. Brad Tomcho (North Olmsted), 17:59; 20. Chip Connolly (Avon Lake), 18:01; 21. Emilio Irizarry (Olmsted Falls), 18:02; 22. Eric Pfisterer (Olmsted Falls), 18:12; 23. Caleb Budic (Olmsted Falls), 18:17; 24. Drew Ade (Olmsted Falls), 18:24. 25. Cullum Andrews (North Olmsted), 18:24.

Open
1. Aaron Moore (Brecksville), 18:05.3; 2. Nick Bosley (Brecksville), 18:14.8

2013: @Lorain County Community College (Oct. 12)

1. Avon Lake, 31; 2. Berea-Midpark, 55; 3. Brecksville, 63; 4. Amherst, 104; 5. North Olmsted, 125; 6. Westlake, 137; 7. Olmsted Falls, 198

1. Tim Villari (Avon Lake), 16:36.8; 2. Devin Arora (Avon Lake), 17:04.7; 3. Ian Korney (Avon Lake), 17:05.0; 4. Mike Bonamer (Brecksville), 17:21.6; 5. James Darkow (Avon Lake), 17:27.6; 6. Adam Wade (Berea-Midpark), 17:29.6; 7. Joey

Colon (Amherst), 17:31.5; 8. Evan Sergent (Amherst), 17:32.9; 9. Brad Tomcho (North Olmsted), 17:33.2; 10. Mike Jankowski (Berea-Midpark), 17:33.8; 11. Ben
Good (Brecksville), 17:36.1; 12. Sean Peterson (Berea-Midpark), 17:39.4; 13. Eric Peterson (Berea-Midpark), 17:43.6; 14. Sam Cerny (Berea-Midpark), 17:44.3; 15.
Nick Perozeni (Brecksville), 17:48.9; 16. Amal Samaranyake (Brecksville), 17:55.5; 17. Jack Wessel (Brecksville), 17:55.8; 18. Nick Irwin (Westlake), 17:59.4; 19. Ben Wade (Berea-Midpark), 18:00.4; 20. Riley Jantz (Avon Lake), 18:03.9; 21. Tom Thornton (Brecksville), 18:07.5; 22. Ryan Cummings (North Olmsted), 18:09.1; 23. Sunder Sai (Brecksville), 18:10.9; 24. Alex Jarufe (North Olmsted), 18:12.1; 25. Mike Sekerak (Amherst), 18:12.6

Open
1. Chad Ellis (Berea-Midpark), 17:55.7; 2. Nevada Todt (Brecksville), 18:20.6
2012: @Lorain County Community College (Oct. 13)

1. Avon Lake, 50; 2. Brecksville, 79; 3. Amherst, 83; 4. Midpark, 97; 5. Berea, 97;
6. North Olmsted, 112; 7. Westlake, 163; 8. Olmsted Falls, 189

1. Dan Zupan (Berea), 16:33.7; 2. Lou Styles (Midpark), 16:40.1; 3. Josh Park (Amherst), 16:54.4; 4. Zach Kozik (North Olmsted), 17:06.2; 5. Nick Perozeni (Brecksville), 17:08.5; 6. Devin Arora (Avon Lake), 17:09.4; 7. Ben Wade (Berea), 17:09.7; 8. Tommy Parsons (Avon Lake), 17:14.9; 9. Tim Villari (Avon Lake), 17:20.3; 10. Joey Colon (Amherst), 17:20.6; 11. James Darkow (Avon Lake), 17:39.8; 12. Mickey Bonamer (Brecksville), 17:41.2; 13. Brad Tomcho (North Olmsted), 17:41.4; 14. Justin Carroll (Berea), 17:44.6; 15. Mike Jankowski
(Midpark), 17:52.2; 16. Trent Glasser (Avon Lake), 17:56.7; 17. Andre DelValle (Amherst), 17:57.5; 18. Evan Sergent (Amherst), 17:59.5; 19. Sunder Sai (Brecksville), 18:01.6; 20. Alex Jarufe (North Olmsted), 18:03.0; 21. Jack Wessel (Brecksville), 18:04.5; 22. Nevada Todt (Brecksville), 18:04.8; 23. Nick Nix (Avon Lake), 18:05.0; 24. Chad Ellis (Midpark), 18:12.1; 25. Colton Norgrove (Midpark), 18:14.7

Open
1. Noah Haramia (Amherst), 18:05.3; 2. Michael Callesen (Avon Lake), 18:21.0

2011: @Lorain County Community College (Oct. 15)

1. Avon Lake, 39; 2. Brecksville, 52; 3. North Olmsted, 95; 4. Amherst, 127; 5. Olmsted Falls, 128; 6. Berea, 139; 7. Midpark, 175; 8. Westlake, 199

1. Dan Zupan (Berea), 16:59.2; 2. Trevor Norris (Avon Lake), 17:00.9; 3. Lou Styles (Midpark), 17:11.8; 4. Dave Ryland (Brecksville), 17:15.4; 5. Rob Scanlon (Brecksville), 17:16.2; 6. Matt Dietrich (Brecksville), 17:20.4; 7. Connor Musial (Avon Lake), 17:29.8; 8. Francesco Maiorca (Avon Lake), 17:46.0; 9. Tommy Parsons (Avon Lake), 17:46.4; 10. Ronnie Fox (North Olmsted), 17:46.7; 11. Troy Swiderski (Olmsted Falls), 17:47.2; 12. Zach Kozik (North Olmsted), 17:58.7; 13.
Mike Callesen (Avon Lake), 18:08.5; 14. Mark Matos (Amherst), 18:16.3; 15. Josh Park (Amherst), 18:17.2; 16. Edwin Rosa (Olmsted Falls), 18:22.2; 17. Chase Nester (North Olmsted), 18:24.8; 18. Nick Perozeni (Brecksville), 18:26.1; 19.
Ryan Belisario (Brecksville), 18:29.4; 20. Nick Nix (Avon Lake), 18:32.7; 21. Sunder Sai (Brecksville), 18:35.8; 22. Devin Arora (Avon Lake), 18:36.5; 23. Mike Bonamer (Brecksville), 18:41.4; 24. Chris Richardson (Berea), 18:42.4; 25. Andre DelValle (Amherst), 18:44.0

Open
1. Jared Shelar (Avon Lake), 18:38.9; 2. Leon Kinsley (Avon Lake), 18:41.9

2010: @Lorain County Community College (Oct. 16)

1. Avon Lake, 43; 2. Brecksville, 64; 3. Midpark, 77; 4. Amherst, 105; 5. Westlake, 116; 6. Berea, 139; 7. Olmsted Falls, 155; 8. North Olmsted, 168

1. Mike Parsons (Avon Lake), 16:33.1; 2. Dan Zupan (Berea), 16:38.7; 3. Miles Pittak (Amherst), 16:45.0; 4. Justin Housley (Avon Lake), 16:45.3; 5. Dave Ryland
(Brecksville), 16:52.3; 6. Matt Dietrich (Brecksville), 16:59; 7. Jack St. Marie (Westlake), 17:01.4; 10. Connor Musial (Avon Lake), 17:09.3; 11. Mark Matos (Amherst), 17:09.3; 12. Casey Castenir (Midpark), 17:21; 13. Matt Marron (Avon Lake), 17:27.1; 14. Peter Ogonek (Westlake), 17:31.0; 15. Trevor Norris (Avon Lake), 17:32.9; 16. Troy Swiderski (Olmsted Falls), 17:40.1; 17. Dan Bonamer (Brecksville), 17:43; 18. Chris Myers (Midpark), 17:53; 19. Mason Bednash (Midpark), 17:57; 20. Ryan Jones (Midpark), 17:57; 21. Edwin Ross (Olmsted Falls), 17:57.4; 22. Tommy Parsons (Avon Lake), 18:04.8; 23. James Darkow (Avon Lake), 18:11.8; 24. Ronnie Fox (North Olmsted), 18:13.9; 25. Gavin Kelly (Westlake), 18:19.7

Open
1. Mike Callesen (Avon Lake), 18:07; 2. Francesco Maiorca (Avon Lake), 18:17.

2009: @Lorain County Community College (Oct. 17)

1. Avon Lake, 37; 2. Brecksville, 49; 3. Midpark, 106; 4. North Olmsted, 113; 5. Berea, 126; 6. Olmsted Falls, 146; 7. Westlake, 150; 8. Amherst, 168

1. Matt Link (Avon Lake), 16:56.00; 2. Jimmy Adams (Avon Lake), 17:04.06; 3. Jack St. Marie (Westlake), 17:07.60; 4. Dave Jacobson (Brecksville), 17:13.37; 5. Dave Ryland (Brecksville), 17:13.75; 6. Justin Housley (Avon Lake), 17:15.04; 7. Casey Castenir (Midpark), 17:29.50; 8. Dan Zupan (Berea), 17:31.21; 9. Dusan Vasic (Brecksville), 17:32.14; 10. Trevor Norris (Avon Lake), 17:35.69; 11. Miles Pittak (Amherst), 17:55.93; 12. Bryan Miller (Brecksville), 17:56.27; 13. Ryan Kelly (North Olmsted), 18:03.64; 14. Ryan Jones (Midpark), 18:04.52; 15. Tom Derr (Olmsted Falls), 18:11.14; 16. Johnny Derov (North Olmsted), 18:13.87; 17. Dann Herwerden (Berea), 18:14.66; 18. Brent Milbaugh (Avon Lake), 18:15.23; 19. Jim Balata (Brecksville), 18:16.85; 20. Peter Ogonek (Westlake), 18:21.27; 21.
Rob Scanlon (Brecksville), 18:21.64; 22. Chris Myers (Midpark), 18:24.85; 23.

Dan Bonamer (Brecksville), 18:28.70; 24. Ed Holecko (Berea), 18:32.08; 25. Ronnie Fox (North Olmsted), 18:32.70

Open
1. Rob Smaldino (Avon Lake), 18:25.80; 2. Jerod Miller (North Olmsted), 18:40.38

2008: @Lorain County Community College (Oct. 11)

1. Brecksville, 33; 2. Avon Lake, 73; 3. Amherst, 104; 4. North Olmsted, 110; 5. Olmsted Falls, 115; 6. Berea, 127; 7. Westlake, 185; 8. Midpark, 205

1. Brett McAdams (Brecksville), 16:39; 2. Miles Pittak (Amherst), 16:44; 3. Matt Link (Avon Lake), 16:44; 4. Kyle Lowry (Amherst), 16:51; 5. Dave Jacobson (Brecksville), 17:01; 6. Jack St. Marie (Westlake), 17:06; 7. Danny Bullard (North Olmsted), 17:11; 8. Jeremy Miner (Brecksville), 17:12; 9. Sal Caroniti (Brecksville), 17:15; 10. Dusan Vasic (Brecksville), 17:16; 11. Jimmy Adams (Avon Lake), 17:17; 12. Michael Parsons (Avon Lake), 17:17; 13. Brian Budic (Olmsted Falls), 17:27; 14. Bryan Miller (Brecksville), 17:28; 15. Brian Szczodrowski (Amherst), 17:30; 16. Dann Herwerden (Berea), 17:30; 17. Dave Ryland (Brecksville), 17:30; 18. Grant Budic (Olmsted Falls), 17:41; 19. Jim Zarycki (North Olmsted), 17:44; 20. John Denega (Berea), 17:45; 21. Mike Ohradzansky (Avon Lake), 17:49; 22. Casey Castiner (Midpark), 17:49; 23. Ed Holecko (Berea), 17:56; 24. Josh Allen (North Olmsted), 17:59; 25. Tom Derr (Olmsted Falls), 18:00

Open
1. Tony Cipiti (Brecksville), 17:52; 2. Mark Pace (Brecksville), 18:04

2007: @Lorain County Community College (Oct. 13)

1. Brecksville, 27; 2. Amherst, 62; 3. Midpark, 91; 4. North Olmsted, 117; 5. Avon Lake, 120; 6. Olmsted Falls, 156; 7. Berea, 157; 8. Westlake, 197

1. Kevin Stack (Midpark), 16:23; 2. Kevin Hanigan (Brecksville), 16:41; 3. Gary Haglund (Amherst), 16:48; 4. Sal Caroniti (Brecksville), 16:51; 5. Matt Link (Avon Lake), 16:57; 6. Brett McAdams (Brecksville), 17:01; 7. Dave Jacobson (Brecksville), 17:02; 8. Ben Randall (Brecksville), 17:08; 9. Miles Pittak (Amherst), 17:10; 10. Shawn Weiler (Brecksville), 17:13; 11. Alex Kearney (North Olmsted), 17:19; 12. Kyle Lowry (Amherst), 17:20; 13. Jordan Cieslik (Midpark), 17:22; 14. Jack St. Marie (Westlake), 17:25; 15. Tim Chippy (Midpark), 17:29; 16.
Chris Wade (Berea), 17:34; 17. Brian Miller (Brecksville), 17:37; 18. Peter Hause (Amherst), 17:49; 19. Dan Bullard (North Olmsted), 18:00; 20. Ben Kildow (Amherst), 18:01; 21. Mike Parsons (Avon Lake), 18:03; 22. Casey Castenir (Midpark), 18:07; 23. Josh Allen (North Olmsted), 18:07; 24. Jimmy Adams (Avon Lake), 18:07; 25. Aaron Varga (Olmsted Falls), 18:08

2006: @Lorain County Community College (Oct. 14)

1. Brecksville, 42; 2. Midpark, 78; 3. Avon Lake, 81; 4. Amherst, 87; 5. North Olmsted, 106; 6. Berea, 126; 7. Olmsted Falls, 176; 8. Westlake, 208

1. Kevin Stack (Midpark), 17:04; 2. Tim Chippy (Midpark), 17:15; 3. Kyle Lowry (Amherst), 17:19; 4. Kevin Hanigan (Brecksville), 17:24; 5. Sal Caroniti (Brecksville), 17:30; 6. Mike Knapp (Avon Lake), 17:32; 7. Eric Stack (Midpark), 17:38; 8. Shawn Weiler (Brecksville), 17:39; 9. Alex Kearney (North Olmsted), 17:42; 10. Jimmy Adams (Avon Lake), 17:42; 11. Brett McAdams (Brecksville), 17:43; 12. Gary Haglund (Amherst), 17:45; 13. Chris Wade (Berea), 17:45; 14. Ben Randall (Brecksville), 17:49; 15. Jamie Roeder (North Olmsted), 17:54; 16. Joe Balata (Brecksville), 17:55; 17. Gianni Catalano (Amherst), 17:55; 18. Eric Longville (Brecksville), 18:04; 19. Danny Bullard (North Olmsted), 18:11; 20. Tony Bartolotta (Avon Lake), 18:12; 21. Adam Robertson (Avon Lake), 18:13; 22. Bud Denega (Berea), 18:22; 23. Jordan Cieslik (Midpark), 18:25; 24. Matt Link
(Avon Lake), 18:27; 25. Scott Campbell (Berea), 18:33

Open
1. Dave Jacobson (Brecksville), 18:03; 2. Bryan Miller (Brecksville), 18:23

2005: @Brecksville High School (Oct. 8)
1. Berea, 67; 2. Brecksville, 73; 3. Midpark, 86; 4. Avon Lake, 88; 5. North Olmsted, 99; 6. Amherst, 108; 7. Olmsted Falls, 146; 8. Westlake, 224

1. Tim Haglund (Amherst), 17:57; 2. Brian Michal (Brecksville), 18:14; 3. Sal Caroniti (Brecksville), 18:18; 4. Matt Walz (Berea), 18:21; 5. Kevin Stack (Midpark), 18:25; 6. Justin Tuckosh (Midpark), 18:33; 7. Cody Zacharyasz (Berea), 18:37; 8. Mike Knapp (Avon Lake), 18:38; 9. Matt Holecko (Berea), 18:41; 10. Cody Thomas (North Olmsted), 18:45; 11. Kevin Mueller (Olmsted Falls), 18:48; 12. Nick Edmonds (North Olmsted), 18:48; 13. Tim Chippy (Midpark), 18:53; 14. Chris Wade (Berea), 18:55; 15. Kent Reiber (Avon Lake), 19:01; 16. Kyle Lowry (Amherst), 19:03; 17. Jamie Roeder (North Olmsted), 19:04; 18. Joe Balata (Brecksville), 19:04; 19. Jerry Roth (Avon Lake), 19:06; 20. Eric Stack (Midpark), 19:08; 21. Tony Bartolotta (Avon Lake), 19:15; 22. Dan Bullard (North Olmsted), 19:15; 23. Gary Haglund (Amherst), 19:16; 24. Kevin Hanigan (Brecksville), 19:16; 25. Dan Uptmor (Avon Lake), 19:17

Open
1. Eddie Towne (Brecksville), 19:21; 2. Ben Randall (Brecksville), 19:50

2004: @Lorain County Community College (Oct. 11)

1. Amherst, 41; 2. Westlake, 59; 3. North Olmsted, 92; 4. Avon Lake, 116; 5. Olmsted Falls, 135; 6. Rocky River, 144; 7. Bay, 144; 8. Fairview, 166.

1. Zak Wilburn (Amherst), 16:29; 2. Tim Haglund (Amherst), 16:52; 3. Phil Allan (North Olmsted), 17:08; 4. Jeff Guise (Westlake), 17:31; 5. Bruce Sundberg (Fairview), 17:33; 6. Kelton Kosik (Amherst), 17:38; 7. Dan Corrigan (Olmsted Falls), 17:43; 8. Gianni Catalano (Amherst), 17:44; 9, Mike Olson (Westlake),

17:54; 10. Matt Kurz (Fairview), 17:57; 11. Brian Gibbons (Rocky River), 17:59; 12. Andrew McCready (Westlake), 18:02; 13. Bobby Hilt (Westlake), 18:05; 14. Brad Ralston (Avon Lake), 18:06; 15. Kent Reiber (Avon Lake), 18:09; 16. Andy Yankel (Bay), 18:09; 17. Chris Rolland (North Olmsted), 18:10; 18. Scott Uhl (Olmsted Falls), 18:15; 19. Nick Edmonds (North Olmsted), 18:19; 20. Cody Thomas (North Olmsted), 18:21; 21. Mark Pothier (Westlake), 18:21; 22. Everett Brandt (Rocky River), 18:27; 23. Brad Jones (Westlake), 18:28; 24. Justin Armburger (Amherst), 18:29; 25. Steve Turk (Westlake), 18:31.

Open
1. Kyle Knapp (Olmsted Falls), 18:55; 2. Nick Piazza (North Olmsted), 19:04
2003: @Lorain County Community College (Oct. 4)

1. Bay, 54; 2. Avon Lake, 76; 3. Amherst, 83; 4. Westlake, 97; 5. Fairview, 105; 6. Olmsted Falls, 137; 7. Rocky River, 139; 8. North Olmsted, 200.

1. Rick Wilton (Westlake), 17:06; 2. Zak Wilburn (Amherst), 17:18; 3. Mike Baraona (Avon Lake), 17:30; 4. Tim Haglund (Amherst), 17:38; 5. Jason Zangmeister (Fairview), 17:48; 6. Matt Becht (Bay), 18:00; 7. Chris Knap (Bay), 18:02; 8. Jeff McElheny (Avon Lake), 18:03; 9. Bartolozzi (Rocky River), 18:06; 10. Dan Valco (Bay), 18:11; 11. Kelton Kosik (Amherst), 18:23; 12. Mark Swiderski (Olmsted Falls), 18:30; 13. Dan Corrigan (Olmsted Falls), 18:34; 14. Matt Kurz (Fairview), 18:37; 15. Ben Helbig (Bay), 18:43; 16. Ted Bloom (Bay), 18:43; 17. Bruce Sundberg (Fairview), 18:46; 18. Tim Chernock (Avon Lake), 18:51; 19. Andy Yankel (Bay), 18:51; 20. Jeff Ralston (Avon Lake), 18:54.

Open
1. Jason Tuneberg (Bay), 19:11; 2. Andy Cotton (Amherst), 19:32

2002: @Lorain County Community College (Oct. 5)

1. Rocky River, 83; 2. Westlake, 91; 3. Olmsted Falls, 97; 4. Amherst, 99; 5. Bay, 103; 6. North Olmsted, 110; 7. Fairview, 136; 8. Avon Lake, 143.

1. Aaron Arlinghaus (North Olmsted), 15:39; 2. Chris English (Rocky River), 16:18; 3. Brian Pempus (Rocky River), 16:50; 4. Rick Wilton (Westlake), 16:59; 5. Brett Tatro (Olmsted Falls), 17:05; 6. Matt Becht (Bay), 17:21: 7. Joe Strickler (Amherst), 17:28; 8. Kevin Anderson (Olmsted Falls), 17:35; 9. Jason Zangmeister
(Fairview), 17:35; 10. Jeff McElheny (Avon Lake), 17:35; 11. Tim Chernock (Avon Lake), 17:35; 12. Zak Wilburn (Amherst), 17:38; 13. Andy Murton (Olmsted Falls), 17:39; 14. Jeff Ickes (North Olmsted), 17:45; 15. Bruce Sundberg (Fairview), 17:51; 16. Nate Weihrouch (North Olmsted), 17:55; 17. Chris Knap (Bay), 17:56; 18. Luke Donovan (Westlake), 17:58; 19. Mike Olson (Westlake), 17:59; 20. Matt Klug (Rocky River), 18:02.

Open
1. Ted Bloom (Bay), 18:26; 2. Dan Corrigan (Olmsted Falls), 18:51
2001: @Lorain County Community College (Oct. 6)

1. Rocky River, 72; 2. North Olmsted, 83; 3. Westlake, 91; 4. Olmsted Falls, 92; 5. Bay, 99; 6. Amherst, 135; 7. Fairview, 148; 8. Avon Lake, 151.

1. Chris English (Rocky River), 16:49; 2. Matt Hoban (Avon Lake), 16:58; 3. Aaron Arlinghaus (North Olmsted), 17:07; 4. Grant Dorian (Fairview), 17:31; 5. Joe Strickler (Amherst), 17:34; 6. Brett Bauknecht (Bay), 17:35; 7. Brandon Jirousek (North Olmsted), 17:36; 8. Brett Tatro (Olmsted Falls), 17:39; 9. Brian Pempus (Rocky River), 17:43; 10. Rick Wilton (Westlake); 11. Kevin Anderson (Olmsted Falls), 17:46; 12. Tris Munroe (Bay), 18:02 (?); 13. Dave Kasper (Westlake), 18:10; 14. George Russ (Rocky River), 18:10; 15. Jeff Ickes (North Olmsted), 18:12; 16. Brian Roth (Westlake), 18:18; 17. Kevin Brieck (Bay), 18:19; 18. J.J. Averweg (Olmsted Falls), 18:23; 19. Andy Murton (Olmsted Falls), 18:27;
20. Jerry Roth (Westlake), 18:31.

Open
1. Ross Wilson (Olmsted Falls) 19:22; 2. Phil Patzwahl (Bay) 19:22

2000: @Lorain County Community College (Oct. 7)

1. Westlake, 47; 2. Bay, 62; 3. Olmsted Falls, 78; 4. Rocky River, 107; 5. Fairview, 127; 6. North Olmsted, 142; 7. Avon Lake, 152; 8. Amherst, 192.

1. Aaron Arlinghaus (North Olmsted), 16:44; 2. Chris English (Rocky River), 16:53; 3. Matt Hoban (Avon Lake), 17:02; 4. Andrew Bush (Bay), 17:33; 5. Dave Kasper (Westlake), 17:43; 6. Ben Beard (Fairview), 17:45; 7. Damion Johns (Bay),
17:47; 8. Chris Mills (Westlake), 18:04; 9. Jeff Pettit (Westlake), 18:04; 10. Dan Hughes (Westlake), 18:05; 11. Jayson Molina (Olmsted Falls), 18:06; 12. Brody Williams (Bay), 18:07; 13. Kevin Anderson (Olmsted Falls), 18:13; 14. Grant Dorian (Fairview), 18:18; 15. Bill Hock (Westlake), 18:20; 16. Greg Rosenau (Bay), 18:22; 17. Matt Headley (Olmsted Falls), 18:27; 18. J.J. Averweg (Olmsted Falls), 18:29; 19. Andy Murton (Olmsted Falls), 18:30; 20. Viruk Tro (Rocky River), 18:34.

Open
1. Brian Roth (Westlake), 18:37.8; 2. Tris Munroe (Bay), 18:40

1999: @Lorain County Community College (Oct. 9)

1. Bay, 53; 2. Avon Lake, 63; 3. Westlake, 88; 4. Fairview, 93; 5. Olmsted Falls, 105; 6. North Olmsted, 143; 7. Amherst, 145; 8. Rocky River, 174.

1. Tom Dickinson (Olmsted Falls), 16:46; 2. Aaron Arlinghaus (North Olmsted), 16:46; 3. Matt Hoban (Avon Lake), 17:14; 4. Damion Johns (Bay), 17:19; 5. Andrew Bush (Bay), 17:28; 6. Chris English (Rocky River), 17:29; 7. Andrew Hayduk (Fairview), 17:36; 8. Sergey Yasterbov (Bay), 17:41; 9. Ryan Hawkins (Bay), 17:42; 10. Jason Moody (Avon Lake), 17:42; 11. Ben Beard (Fairview), 17:43; 12. Dave Kasper (Westlake), 17:44; 13. Joe Keller (Amherst), 17:45; 14. Jeff Arnold (Avon Lake), 17:48; 15. Ben Cisco (Avon Lake), 17:53; 16. Luke Hayduk (Fairview), 18:00; 17. Jim Leimkuehler (Westlake), 18:03; 18. Chris Mills (Westlake), 18:05; 19. Dan Hughes (Westlake), 18:07; 20. Erik Peterson (Rocky River), 18:09.

Open

1. Jeff Pettit (Westlake) 18:39; 2. Kevin Brieck (Bay) 18:49

1998: @Lorain County Community College (Oct. 10)

1. Olmsted Falls, 44; 2. Bay, 53; 3. Avon Lake, 77; 4. Westlake, 100; 5. Amherst, 116; 6. Fairview, 153; 7. Rocky River, 169; 8. North Olmsted, 190.

1. Dave Messenheimer (Avon Lake), 16:38; 2. Phil Hock (Westlake), 16:56; 3. Rick Bement (Olmsted Falls), 17:03; 4. Zak Brinkley (Amherst), 17:06; 5. Brian Anderson (Avon Lake), 17:07; 6. Matt Hrubik (Bay), 17:11; 7. Jeff Solomon (Bay), 17:18; 8. Tom Dickinson (Olmsted Falls), 17:20; 9. Ryan Henton (Olmsted Falls), 17:24; 10. Dave Rybicki (Olmsted Falls), 17:25; 11. Joey Morbitzer (Bay), 17:31; 12. Damion Johns (Bay), 17:34; 13. Matt Trent (Amherst), 17:35; 14. Bo Cappabianca (Olmsted Falls), 17:47; 15. Phil King (Rocky River), 17:54; 16. Dan McDermott (Avon Lake), 18:00; 17. Andrew Bush (Bay), 18:00; 18. Erik Petersen (Rocky River), 18:10; 19. Andy Nisius (North Olmsted), 18:14; 20. Andy Hayduk (Fairview), 18:17.

Open
1. Tom Tweedle (Fairview) 18:58; 2. J.J. Averweg (Olmsted Falls) 19:18

1997: @Lorain County Community College (Oct. 4)

1. Olmsted Falls, 49; 2. Bay, 73; 3. Avon Lake, 83; 4. North Olmsted, 106; 5. Rocky River, 115; 6. Amherst, 124; 7. Westlake, 163; 8. Fairview, 164.

1. Hunter Lydon (Rocky River), 17:05; 2. Zak Brinkley (Amherst), 17:16; 3. Rick Bement (Olmsted Falls), 17:30; 4. Kyle Gee (Bay), 17:31; 5. Bo Cappabianca (Olmsted Falls), 17:32; 6. Dave Messenheimer (Avon Lake), 17:33; 7. Ryan Henton (Olmsted Falls), 17:40; 8. Phil Hock (Westlake), 17:47; 9. Phil King (Rocky River), 17:50; 10. Jeff Solomon (Bay), 17:58; 11. Brian Anderson (Avon Lake), 17:59; 12. Steve Glick (North Olmsted), 18:00; 13. Tom Dickinson (Olmsted Falls), 18:01; 14. Jeff Marks (North Olmsted), 18:03; 15. Matt Donahue

(Avon Lake), 18:03; 16. Joey Morbitzer (Bay), 18:25; 17. Vince Molosky (Amherst), 18:26; 18. Mike Arcaro (Bay), 18:28; 19. Brian Kershaw (North Olmsted), 18:33; 20. Jason Hildebrandt (Westlake), 18:36.

Open
1. Damion Johns (Bay) 18:46; 2. Matt Hrubik (Bay) 18:48

1996: @Lorain County Community College (Oct. 5)

1. Avon Lake, 57; 2. Bay, 64; 3. Rocky River, 86; 4. Olmsted Falls, 89; 5. Amherst, 110; 6. Westlake, 137; 7. North Olmsted, 170; 8. Fairview, 179

1. Bill Huffman (Rocky River), 16:46; 2. Hunter Lydon (Rocky River), 16:58; 3. Chris Rybicki (Olmsted Falls), 17:07; 4. Rob Glatz (Amherst), 17:09; 5. George Curran (Olmsted Falls), 17:09; 6. Kevin Reichert (Bay), 17:14; 7. Chris Anderson (Avon Lake), 17:31; 8. Zak Brinkley (Amherst), 17:43; 9. Rob Guenther (Avon Lake), 17:45; 10. Dave Messenheimer (Avon Lake), 17:49; 11. Chad Ritchie (Olmsted Falls), 17:54; 12. Steve Glick (North Olmsted), 17:56; 13. Jeff Solomon (Bay), 17:56; 14. Phil Hock (Westlake), 17:56

Open
1. Grant Knisely (Bay); 2. Mike Arcaro (Bay)

1995: @Lorain County Community College

1. Amherst, 45; 2. Bay, 64; 3. Rocky River, 85; 4. Avon Lake, 97; 5. Westlake, 138; 6. Fairview, 142; 7. Olmsted Falls, 142; 8. North Olmsted, 170

1. Geoff Simpson (Avon Lake), 16:29; 2. Bill Huffman (Rocky River), 16:38; 3. Bill Spellman (Amherst), 16:58; 4. Kevin Reichert (Bay), 17:11; 5. Chris Luca (Amherst), 17:14; 6. Andy Slack (Fairview), 17:15; 7. Chris Rybicki (Olmsted Falls), 17:16; 8. Rob Glatz (Amherst), 17:24; 9. Kyle Gee (Bay), 17:27; 10. Dave Marhefka (Westlake), 17:33; 11. Mike Pena (Amherst), 17:34; 12. Bryan Matthews (Westlake), 17:34; 13. George Curran (Bay), 17:36; 14. Chris Anderson

(Avon Lake), 17:38

Open
1. Vince Molosky (Amherst), 17:56; 2. Matt Donohue (Avon Lake), 18:38

1994: @Lorain County Community College (Oct. 8)

1. Amherst, 55; 2. Avon Lake, 76; 3. Fairview, 76; 4. Bay, 96; 5. Rocky River, 102; 6. Westlake, 136; 7. North Olmsted, 159; 8. Olmsted Falls, 207

1. Greg Balogh (Amherst), 16:20; 2. Geoff Simpson (Avon Lake), 16:49; 3. Ken Kurz (Fairview), 16:59; 4. Bill Spellman (Amherst), 17:11; 5. Jeff Budic (Rocky River), 17:21; 6. Kevin Houdeshell (Avon Lake), 17:22; 7. Bill Huffman (Rocky River), 17:23; 8. Kevin Reichert (Bay), 17:27; 9. Andy Slack (Fairview), 17:28; 10. Chris Luca (Amherst), 17:37; 11. Rob Guenther (Avon Lake), 17:43; 12. Rob Kollin (North Olmsted), 17:49; 13. Chris Anderson (Avon Lake), 17:51; 14. Tiago Silva (Rocky River), 18:00

Open
1. Sasha Vulavic (Rocky River), 18:57; 2. John Emmitt (Fairview), 19:08

1993: @Lorain County Community College (Oct. 9)

1. Bay, 47; 2. Avon Lake, 87; 3. Fairview, 95; 4. North Olmsted, 103; 5. Amherst, 107; 6. Westlake, 143; 7. Rocky River, 143; 8. Olmsted Falls, 151

1. Gavin O'Neal (Rocky River), 16:32; 2. T.K. Brasted (Bay), 16:45; 3. Ken Kurz (Fairview), 16:56; 4. Josh Purses (Bay), 17:02; 5. Greg Svec (Avon Lake), 17:06; 6. Greg Balogh (Amherst), 17:09; 7. Geoff Simpson (Avon Lake), 17:10; 8. Jeff Budic (Rocky River), 17:15; 9. Dan Naymik (Westlake), 17:24; 10. Cliff Reeves (Fairview), 17:27; 11. Kyle Williams (Olmsted Falls), 17:34; 12. Ryan Crane (Bay), 17:39; 13. Rob Kollin (North Olmsted), 17:44; 14. Kent Gee (Bay), 17:51

Open

1. Kevin Reichert (Bay), 18:47; 2. Mark Nagle (North Olmsted), 19:00

1992: @Lorain County Community College (Oct. 10)

1. Bay, 43; 2. Fairview, 72; 3. Amherst, 92; 4. Rocky River, 99; 5. Westlake, 134; 6. Avon Lake, 137; 7. Olmsted Falls, 157; 8. North Olmsted, 177

1. T.K. Brasted (Bay), 16:18; 2. Kevin Michalske (Bay), 16:31; 3. Gavin O'Neal (Rocky River), 16:43; 4. Ken Kurz (Fairview), 16:52; 5. Dan Naymik (Westlake), 16:58; 6. Greg Svec (Avon Lake), 17:01; 7. Greg Balogh (Amherst), 17:03; 8. Ken
Richendollar (Fairview), 17:05; 9. John Dorsch (Amherst), 17:13; 10. Kyle Williams (Olmsted Falls), 17:15; 11. Cliff Reeves (Fairview), 17:16; 12. Ryan Crane (Bay), 17:20; 13. Bill Alexander (Bay), 17:25; 14. Doug Krupka (Westlake), 17:26

Open
1. Luke Workman (Olmsted Falls), 19:04; 2. Karl Gee (Bay), 19:05

1991: @Lorain County Community College (Oct. 5)

1, Bay, 26; 2. North Olmsted, 79; 3. Amherst, 81; 4. Fairview, 91; 5. Westlake, 108; 6. Avon Lake, 162; 7. Rocky River, 122; 8. Olmsted Falls, 179

1. Jared Myers (Amherst), 16:55; 2. Kevin Michalske (Bay), 17:07; 3. Tim Crane (Bay), 17:14; 4. T.K. Brasted (Bay), 17:15; 5. John Dorsch (Amherst), 17:16; 6. Derek Gilmore (Bay), 17:17; 7. Glen Wilson (North Olmsted), 17:19; 8. Gavin O'Neal (Rocky River), 17:37; 9. Doug Krupka (Westlake), 17:51; 10. Ken Richendollar (Fairview), 17:52; 11. Richard Gash (Bay), 18:00; 12. Cliff Reeves (Fairview), 18:02; 13. Kyle Williams (Olmsted Falls), 18:05; 14. Ryan Walters (Fairview), 18:06

Open
1. Josh Purses (Bay), 18:23; 2. Kent Gee (Bay), 18:24

1990: @Lorain County Community College (Oct. 9)

1. Amherst, 39; 2. Bay, 47; 3. Westlake, 65; 4. Fairview, 78; 5. North Olmsted, 141; 6. Olmsted Falls, 176; 7. Rocky River, 192; 8. Avon Lake, 206

1. Kevin McGurk (Amherst), 17:07; 2. Jared Myers (Amherst), 17:10; 3. Niklas Gerborg (Westlake), 17:14; 4. Jeremy Zarins (Fairview), 17:22; 5. Chris Athey (Amherst), 17:41; 6. Jeff Matovic (Bay), 17:42; 7. James Budd (Fairview), 17:54; 8. Jamie Barbour (Bay), 18:05; 9. T.K. Brasted (Bay), 18:10; 10. Kevin Michalske (Bay), 18:16; 11. Brad Scott (Westlake), 18:22; 12. Doug Krupka (Westlake), 18:24; 13. Marty Derrick (Amherst), 18:25; 14. Richard Gash (Bay), 18:29

Open
1. Derrick Gilmore (Bay), 19:24; 2. Brent Illenberger (Bay), 19:28

1989: @Lorain County Community College (Oct. 10?)

1. Bay, 51; 2. Amherst, 60; 3. Westlake, 70; 4. Fairview, 110; 5. Olmsted Falls, 136; 6. North Olmsted, 149; 7. Avon Lake, 169; 8. Rocky River, 182

1. Brad Mold (Bay), 16:05; 2. Kevin McGurk (Amherst), 16:32; 3. Jared Myers (Amherst), 16:52; 4. Dave Naymik (Westlake), 17:01; 5. Jeremy Zarins (Fairview),
17:12; 6. Jeff Matovic (Bay), 17:24; 7. Niklas Gerborg (Westlake), 17:24; 8. Jeff Mischnick (Olmsted Falls), 17:26; 9. James Budd (Fairview), 17:33; 10. Tim Weber (Avon Lake), 17:34; 11. Shannon Sommers (Amherst), 17:40; 12. Derek Gilmore (Bay), 17:46; 13. Chad Smith (Avon Lake), 17:50; 14. John Hartenberg (Westlake), 17:50

Open
1. Jamie Barbour (Bay), 18:21; 2. Jon Church (Bay), 18:24

1988: @Lorain County Community College (Oct. 11)

1. Westlake, 34; 2. Fairview, 69; 3. Bay, 70; 4. Olmsted Falls, 117; 5. Amherst, 118; 6. Avon Lake, 122; 7. North Olmsted, 163; 8. Rocky River, 235

1. Frank Pattison (Westlake), 16:18.7; 2. Russ Wheeler (Bay), 16:27.0; 3. Brad Mold (Bay), 16:35.5; 4. Steve Lash (Westlake), 16:50.9; 5. Dave Kardos (Amherst), 16:55.3; 6. Dave Naymik (Westlake), 16:55.6; 7. Dave Twigg (Westlake), 17:02.2; 8. Eric Stives (Avon Lake), 17:06.2; 9. Brad Bechtel (Fairview), 17:07.7; 10. Charlie Braun (Bay), 17:17.6; 11. Ralph Winners (Olmsted Falls), 17:35.1; 12. Tom Babel (Fairview), 17:42.5; 13. Chad Beetler (Amherst), 17:47.7; 14. James Budd (Fairview), 17:48.8

Open
1. Justin Mason (Bay), 18:37; 2. Derek Gilmore (Bay), 18:39

1987: @Lorain County Community College (Oct. 13)

1. Bay, 41; 2. Westlake, 53; 3. Fairview, 75; 4. North Olmsted, 109; 5. Rocky River, 133; 6. Olmsted Falls, 141; 7. Amherst, 158; 8. Avon Lake, 177

1. Frank Pattison (Westlake), 16:43; 2. Bob Marchinko (Fairview), 16:51; 3. Brad Mold (Bay), 16:56; 4. Rob Kenny (North Olmsted), 17:05; 5. Steve Lash (Westlake), 17:10; 6. Charlie Braun (Bay), 17:19; 7. Russ Wheeler (Bay), 17:23; 8.
Jason Jeske (Rocky River), 17:24; 9. Dave Twigg (Westlake), 17:36; 10. Dave Naymik (Westlake), 17:49; 11. T. Guillozet (Amherst), 17:52; 12. Randy Ellis (Bay), 17:54; 13. Steve Sink (Bay), 17:56; 14. Tom Hyland (Fairview), 18:06

Open
1. Bill Sprengnether (Bay), 19:03; 2. Kendall Gee (Bay), 19:09

1986: @Lorain County Community College (Oct. 11)

1. Westlake, 39; 2. Amherst, 69; 3. North Olmsted, 95; 4. Bay, 100; 5. Rocky River, 105; 6. Fairview, 113; 7. Avon Lake, 133; 8. Olmsted Falls, 250

Final team standings
1. Westlake; 2. Amherst; 3. (tie) Bay and North Olmsted; 5. Rocky River; 6. Fairview; 7. Avon Lake; 8. Olmsted Falls

1. Todd Krase (Amherst), 16:07; 2. Rob Kubic (Amherst), 16:29; 3. Jim Chase (Westlake), 16:39; 4. Dave Knolmayer (Fairview), 16:51; 5. Keith George (Rocky River), 16:53; 6. Brad Mold (Bay), 17:02; 7. Frank Pattison (Westlake), 17:17; 8. Dave Naymik (Westlake), 17:20; 9. Rich Mescko (Westlake), 17:22; 10. Ashley Boytar (Rocky River), 17:23; 11. Bob Hoffman (Fairview), 17:26; 12. Dave Twigg
(Westlake), 17:28; 13. Mark Nakel (North Olmsted), 17:31; 14. Mike Stives (Avon Lake), 17:37

Open
1. Tim Iarge (Olmsted Falls), 18:14; 2. Blair Kin (Westlake), 18:32

1985: @Lorain County Community College (Oct. 5)

1. Bay, 62; 2. Rocky River, 78; 3. Westlake, 82; 4. Fairview, 87; 5. North Olmsted, 122; 6. Medina, 133; 7. Avon Lake, 155; 8. Olmsted Falls, 158

Final team standings
1. (tie) Bay and Westlake; 3. (tie) Fairview and Rocky River; 5. North Olmsted; 6. Avon Lake; 7. Medina; 8. Olmsted Falls

1. Joel Aldridge (Bay), 16:08; 2. Tom Knolmayer (Fairview), 16:28; 3. Todd Milenius (Rocky River), 16:35; 4. Paul Dvorak (North Olmsted), 16:48; 5. Mike Stives (Avon Lake), 17:14; 6. Dave Knolmayer (Fairview), 17:14; 7. Frank Pattison (Westlake), 17:17; 8. Jim Chase (Westlake), 17:18; 9. Chris Campbell (Rocky River), 17:21; 10. Roger Tresch (Olmsted Falls), 17:22; 11. Steve Lash (Westlake), 17:24; 12. Tim Wise (Medina), 17:25; 13. John Flynn (Bay), 17:26; 14. Steve Sink (Bay), 17:32

Open
1. Rick Mecsko (Westlake), 18:20; 2. Bob Storm (Rocky River), 18:37

1984: @Lorain County Community College (Oct. 9)

1. Bay, 56; 2. Rocky River, 58; 3. North Olmsted, 83; 4. Fairview, 93; 5. Olmsted Falls, 105; 6. Westlake, 120; 7. Medina, 171; 8. Avon Lake, 232

Final team standings
1. Bay; 2. Rocky River; 3. North Olmsted; 4. (tie) Fairview and Westlake; 6. (tie) Medina and Olmsted Falls; 8. Avon Lake

1. Joel Aldridge (Bay), 15:59: 2. Todd Milenius (Rocky River), 16:15; 3. Tom Knolmayer (Fairview), 16:20; 4. Paul Dvorak (North Olmsted), 16:24; 5. John Nakel (North Olmsted), 16:35; 6. Tom Celebreeze (Olmsted Falls), 16:51; 7. Mike Blakeslee (Medina), 17:04; 8. Mike Horrigan (Rocky River), 17:11; 9. Bill Kirsop (Bay), 17:16; 10. Dave Knolmayer (Fairview), 17:23; 11. Steve Jones (North Olmsted), 17:24; 12. Scott Buttle (Bay), 17:27; 13. Mark Wimer (Rocky River), 17:29; 14. Roger Tresch (Olmsted Falls), 17:33

Open
1. Scott Juergens (Rocky River), 18:08; 2. Ted Roese (Rocky River), 18:18

1983: @Lorain County Community College (Oct. 18)

1. Rocky River, 46; 2. Westlake, 59; 3. Medina, 95; 4. Fairview, 100; 5. North Olmsted, 107; 6. Olmsted Falls, 130; 7. Bay, 144; 8. Avon Lake, 196

Final team standings
1. Westlake; 2. Rocky River; 3. Fairview; 4. Medina; 5. North Olmsted; 6. Bay; 7. Olmsted Falls; 8. Avon Lake

1. Todd Milenius (Rocky River), 16:24.9; 2. Tom Knolmayer (Fairview), 16:33.5;

3. Dave Dobos (North Olmsted), 16:35.9; 4. Dan Frizell (Rocky River), 16:42.5; 5. Shane Zaborski (Westlake), 16:47.7; 6. Andy Swanson (Westlake), 16:57.8; 7. Paul Dvorak (North Olmsted), 17:01.5; 8. Tim Liezert (Medina), 17:08.8; 9. Tom Celebreeze (Olmsted Falls), 17:11.8; 10. Mike Horrigan (Rocky River), 17:12.7; 11. Mark Schrankel (Westlake), 17:17.4; 12. Ron Legge (Avon Lake), 17:17.8; 13. Joel Aldridge (Bay), 17:25.6; 14. Steve Zaborski (Westlake), 17:26.9

Open
1. Parag Kirpekar (Rocky River), 18:26; 2. Mike Vanni (Bay), 18:46

1982 @Lorain County Community College (Oct. 12)

1. Bay, 64; 2. Rocky River, 69; 3. Westlake, 91; 4. Avon Lake, 105; 5. North Olmsted, 108; 6. Fairview, 119; 7. Olmsted Falls, 145; 8. Medina, 163

Final team standings
1. Westlake; 2. Rocky River; 3. Bay; 4. Avon Lake; 5. North Olmsted; 6. Medina; 7. Fairview; 8. Olmsted Falls

1. Bob Mau (Rocky River), 16:02; 2. Steve Parsons (Avon Lake), 16:08; 3. Paul Millradt (Bay), 16:27; 4. Rich Hoffa (North Olmsted), 16:34; 5. Roger Johnson (Bay), 16:35; 6. John Moore (Avon Lake), 16:37; 7. Dan Frizell (Rocky River), 16:40; 8. Mike Statzer (Fairview), 16:51; 9. Will Mihalega (Olmsted Falls), 16:51; 10. Tom Wolan (Bay), 16:59

Open
1. Joe Corse (Rocky River), 18:11; 2. Tom Badar (Rocky River), 18:20

1981 @Lorain County Community College (Oct. 20)

1. Bay, 45; 2. Fairview, 90; 3. North Olmsted, 90; 4. Medina, 104; 5. Westlake, 114; 6. Avon Lake, 117; 7. Rocky River, 120; 8. Olmsted Falls, 208

Final team standings

1. Bay; 2. North Olmsted; 3. Fairview; 4. Westlake; 5. Medina; 6. Avon Lake; 7. Rocky River; 8. Olmsted Falls

1. Bob Mau (Rocky River), 13:29.5; 2. Rick Bechtel (Fairview), 13:52.5; 3. Rich Eucker (Fairview), 13:55.2; 4. Pellegrino Ciccarello (North Olmsted), 13:56.8; 5. Vince Nagy (Bay), 13:59.4; 6. Steve Parsons (Avon Lake), 14:08.2; 7. Paul Millradt (Bay), 14:10.0; 8. Roger Johnson (Bay), 14:14.0; 9. Andy Hulse (Bay), 14:16.8; 10. Dave Wendling (North Olmsted), 14:19.6

Open
1. John Schram (Bay), 15:01; 2. Tom Wolan (Bay), 15:01

1980 @Lorain County Community College (Oct. 14)

1. Bay, 30; 2. Medina, 68; 3. Avon Lake, 89; 4. Rocky River, 98; 5. Fairview, 131; 6. North Olmsted, 145; 7. Westlake, 165; 8. Olmsted Falls, 231

1. John Clark (Avon Lake), 12:51; 2. Dan Grunelsen (Bay), 12:55; 3. Joe Rog (Medina), 13:09.3; 4. Jeff Jones (Bay), 13:09.9; 5. Rick Bechtel (Fairview), 13:10; 6. Tom Hill (Bay), 13:12.5; 7. Henry Sterling (Rocky River), 13:16; 8. Terry Fain (Bay), 13:19.2; 9. Bob Mau (Rocky River), 13:22; 10. Dave Kossin (Bay), 13:29

Open
1. Tom Moore (Bay), 13:46; 2. Roger Johnson (Bay), 13:49

1979 @Lorain County Community College (Oct. 16)

1. Bay, 34; 2. Medina, 54; 3. Westlake, 77; 4. Fairview, 99; 5. Rocky River, 122; 6. Avon Lake, 172; 7. North Olmsted, 204; 8. Olmsted Falls, 223

1. Bill Colvin (Medina), 12:46.7; 2. Tom Boccia (Bay), 12:54.9; 3. Mike Cucciarre
(Fairview), 13:07.2; 4. Jay Clark (Westlake), 13:07.2; 5. Joe Rog (Medina), 13:09.6; 6. Dan Bozak (Bay), 13:18.9; 7. Tom Hill (Bay), 13:24.6; 8. Henry

Sterling (Rocky River), 13:26.5; 9. Mike Riedel (Bay), 13:30.6; 10. Dave Kossin (Bay), 13:31.8

Open
1. Terry Fain (Bay), 13:59; 2. Joe Mann (Bay), 14:04

1978 @Lorain County Community College (Oct. 17)

1. Bay, 29; 2. Medina, 52; 3. Fairview, 84; 4. Olmsted Falls, 116; 5. Westlake, 136;
6. Avon Lake, 154; 7. Rocky River, 156; 8. North Olmsted, 202

1. Ed Healy (Bay), 12:54; 2. Bill Colvin (Medina), 13:14; 3. Brian Hauck (Medina), 13:15; 4. Chip Nilges (Bay), 13:20; 5. Frank Cucciarre (Fairview), 13:23; 6. John Chalk (Bay), 13:32; 7. Dan Bozak (Bay), 13:34; 8. Kean Lytle (Olmsted Falls), 13:39; 9. Howard Waite (Avon Lake), 13:42; 10. Mike Cucciarre (Fairview), 13:43

Open
1. Paul Ranney (Bay), 14:03; 2. Joe Rog (Medina), 14:15

1977 @Lorain County Community College

1. Bay, 18; 2. Westlake, 87; 3. Avon Lake, 107; 4. North Olmsted, 115; 5. Medina, 118; 6. Rocky River, 147; 7. Fairview, 150; 8. Olmsted Falls, 198

1. Chris Koehler (Bay), 12:49; 2. Jeff Lemay (Bay), 12:55; 3. Jeff Kiss (Avon Lake), 13:06; 4. Ross Martin (Bay), 13:16; 5. Ed Healy (Bay), 13:17; 6. Chip Nilges (Bay), 13:26; 7. Rich Rollandelli (North Olmsted), 13:34; 8. John Kinsley (Rocky River), 13:37; 9. Frank Cucciarre (Fairview), 13:38; 10. John Chalk (Bay),
13:38

Open

1. Jon Kille (Bay), 14:14; 2. Dan Bozak (Bay), 14:16

1976 @Lorain County Community College

1. Bay, 17; 2. Westlake, 69; 3. North Olmsted, 82; 4. Rocky River, 123; 5. Olmsted Falls, 129; 6. Medina, 157; 7. Avon Lake, 174; 8. Fairview, 209

1. Chris Koehler (Bay), 9:36; 2. Mike Schinski (Bay), 9:51; 3. Rich Oldrieve (Bay), 9:59; 4. Bill Tomoff (Westlake), 10:00; 5. Jeff Lemay (Bay), 10:03; 6. Ross Martin (Bay), 10:05; 7. Fritz Behlen (Rocky River), 10:12; 8. Jeff Kiss (Avon Lake), 10:18; 9. John Rush (Bay), 10:24; 10. Dave Grogan (Olmsted Falls), 10:24

Open
1. Doug Fanta (Bay), 10:38; 2. Ed Healy (Bay), 10:46

1975 @Lorain County Community College

1. Bay, 18; 2. North Olmsted, 81; 3. Fairview, 92; 4. Rocky River, 93; 5. Westlake, 100; 6. Medina, 159; 7. Olmsted Falls, 161; 8. Avon Lake, 234

1. Gerry Pence (Bay), 10:06; 2. Mike Schinski (Bay), 10:08; 3. Ike Hull (Fairview), 10:15; 4. Chris Koehler (Bay), 10:17; 5. Rich Oldrieve (Bay), 10:19; 6.
Jeff Lemay (Bay), 10:20; 7. Matt Kennedy (Fairview), 10:24; 8. Ron Ross (North Olmsted), 10:24; 9. Jim Chaplin (Westlake), 10:24; 10. Kurt Bilas (North Olmsted), 10:30

Open
1. Tom Pettit (Bay), 10:55; 2. Chip Nilges (Bay), 10:57

1974 @Bay Village Cahoon Park (Oct. 15)

1. Bay, 32; 2. North Olmsted, 64; 3. Rocky River, 65; 4. Westlake, 98; 5. Medina, 142; 6. Fairview, 176; 7. Avon Lake, 178; 8. Olmsted Falls, 193

1. Don Healy (Bay), 9:47.2; 2. Scott Michelich (Westlake), 9:57; 3. John Kraft (Bay), 10:00; 4. Tim Macechenko (North Olmsted), 10:05; 5. Jerry Yedlick (Westlake), 10:09; 6. Gerry Pence (Bay), 10:11; 7. Fritz Behlen (Rocky River), 10:12; 8. Brian Arth (Bay), 10:15; 9. Ron Ross (North Olmsted), 10:17; 10. Buddy Bell (Rocky River), 10:20

Open

1. Rich Oldrieve (Bay), 10:39; 2. John Rush (Bay), 10:40

1973 @Bay Village Cahoon Park (Oct. 15)

1. Bay, 26; 2. Rocky River, 70; 3. North Olmsted, 110; 4. Westlake, 115; 5. Olmsted Falls, 124; 6. Medina, 130; 7. Fairview, 133; 8. Avon Lake, 213

1. Jim Healy (Bay), 9:57; 2. Don Healy (Bay), 10:03; 3. Dave Salisbury (Rocky River), 10:06; 4. Jack Stuart (Bay), 10:07; 5. Marc Pogachar (North Olmsted), 10:10; 6. Stu Ensor (Medina), 10:17; 7. Joe Whinery (Rocky River), 10:22; 8. Ike Hull (Fairview), 10:27; 9. Bob Schulz (Bay), 17:29; 10. Gerry Pence (Bay), 10:29

Open
1. Dan Quigley (Bay), 10:35.7; 2. Don Black (Bay), 10:49

1972 @Bay Village Cahoon Park

1. Bay, 30; 2; Rocky River, 49; 3. Olmsted Falls, 89; 4. Fairview, 142; 5. North Olmsted, 142; 6. Jack Stuart (Bay), 10:24; 7. Avon Lake, 159; 8. Medina, 183

1. Jim Healy (Bay), 10:04; 2. Jeff Wargo (Rocky River), 10:14; 3. Don Healy

(Bay), 10:19; 4. Jerry Mueller (Olmsted Falls), 10:22; 5. Marc Pogachar (North Olmsted), 10:24; 6. Jack Stuart (Bay), 10:24; 7. Dave Salisbury (Rocky River), 10:26; 8. Steve Legge (Avon Lake), 10:26; 9. Steve Babson (Bay), 10:29; 10. Kelly Martin (Rocky River), 10:30

Open

1. Brian Arth (Bay), 10:50; 2. Jim Gwilym (Bay), 11:06

1971 @Bay Village Cahoon Park

1. Bay, 40; 2. Westlake, 75; 3. Rocky River, 97; 4. Avon Lake, 117; 5. Fairview, 124; 6. North Olmsted, 143; 7. Olmsted Falls, 163; 8. Medina, incomplete team

1. Joe Hurd (Medina), 9:44.9; 2. Tony Nugent (Rocky River), 10:03; 3. Tom Francy (Bay), 10:14; 4. Bob Linn (North Olmsted), 10:18; 5. Scott Meyers (Bay), 10:26; 6. Jim Stafford (Fairview), 10:31; 7. Lee Ester (Bay), 10:33; 8. Bob Stover (Westlake), 10:34; 9. Tom Kurzen (Fairview), 10:35; 10. John Hurst (Westlake), 10:35

Open

1. Jim Gannon (Bay), 11:08; 2. Jim Ihms (Bay), 11:18

1970 @Bay Village Cahoon Park

1. Bay, 33; 2. Rocky River, 78; 3. Medina, 76; 4. Westlake, 98; 5. Avon Lake, 117; 6. Fairview, 144; 7. North Olmsted, 144; 8. Olmsted Falls, 199

1. Joe Hurd (Medina), 10:03; 2. Dave Legge (Avon Lake), 10:06; 3. Tony Nugent (Rocky River), 10:25; 4. Brett Altieri (Bay), 10:35; 5. Paul Stroney (Bay), 10:36; 6. Keith Alexander (Rocky River), 10:38; 7. Scotty Meyers (Bay), 10:40; 8. Todd Gilmore (Bay), 10:41; 9. Brian Dare (Bay), 10:44; 10. Jim Stafford (Fairview), 10:47

Open

1. Mike Fudge (Bay), 11:09; 2. Mike Sanson (Bay), 11:11

1969 @Bay Village Cahoon Park

1. Westlake, 51; 2. Medina, 74; 3. Rocky River, 81; 4. Fairview, 93; 5. Bay, 97; 6. Avon Lake, 172; 7. Olmsted Falls, 184
1. John Gulledge (Medina), 10:14; 2. Jim Spiers (Fairview), 10:24; 3. Joe Hurd (Medina), 10:27; 4. Dave Legge (Avon Lake), 10:31; 5. Clem Datko (Westlake), 10:35; 6. Greg Harrison (Rocky River), 10:36; 7. Ted Eynon (Rocky River), 10:42; 8. Ken Williams (Medina), 10:43; 9. Gary Davis (Westlake), 10:44; 10. Ted Macy
(Westlake), 10:46

Open
1. Gary Horning (Bay), 11:30; 2. Scott Edwards (Rocky River), 11:37

1968 @Bay Village Cahoon Park

1. Rocky River, 45; 2. Fairview, 52; 3. Westlake, 67; 4. Medina, 76; 5. North Olmsted, 145; 6. Avon Lake, 157; 7. Bay, 159

1. John Gulledge (Medina), 10:34; 2. Jim Spiers (Fairview), 10:39; 3. Dave Gelton (Westlake), 10:42; 4. Greg Harrison (Rocky River), 10:51; 5. Jon Warren (Rocky River), 10:52; 6. Kim Rogers (Avon Lake), 11:08; 7. Ted Eynon (Rocky River),
11:09; 8. Clem Datko (Westlake), 11:09; 9. Gary Hiller (Westlake), 11:15; 10. Paul Daley (Fairview), 11:16

Open
1. Bryant Bankart (Rocky River), 11:50; 2. Keith Alexander (Rocky River), 11:54

1967 @Bay Village Cahoon Park

1. Fairview, 33; 2. Rocky River, 47; 3. Westlake, 89; 4. Medina, 101; 5. North Olmsted, 102; 6. Bay, 120; 7. Avon Lake, 157

1. Jon Warren (Rocky River), 10:38; 2. Jim Spiers (Fairview), 10:42; 3. Jerry Miller (Fairview), 10:44; 4. Greg Hale (Rocky River), 10:50; 5. John Gulledge (Medina), 10:52; 6. Bill Schlatterbeck (Fairview), 10:56; 7. John Gilton (Westlake), 11:00; 8. Greg Harrison (Rocky River), 11:04; 9. Kim Rogers (Avon Lake), 11:06; 10. Paul Daley (Fairview), 11:09

Open
1. G. Giamm (Fairview), 11:44; 2. B. Gibbons (Fairview), 11:48

1966 @Bay Village Cahoon Park

1. Rocky River, 27; 2. Fairview, 40; 3. Bay, 66; 4. North Olmsted, 90

1, Sid Sink (Fairview), 10:08; 2. Dave Chapman (Rocky River), 10:29; 3. Greg Hale (Rocky River), 10:39; 4. Ken Schleimer (Fairview), 10:41; 5. Jon Warren (Rocky River), 10:51; 6. Chris Morley (Bay), 10:52; 7. Bill Schlatterbeck (Fairview), 11:09; 8. Jerry Miller (Fairview), 11:13; 10. Bob Rench (Rocky River), 11:17

SWC Cross Country Team Titles Girls

Amherst (11): 1990-95, 1999-2002, 2014

Avon (9): 2015, ’18-19, 2021-26

Avon Lake (7): 1984, 86-89, 2003-04

Bay (5): 1977-80, ‘85

Berea-Midpark (1): 2016

Brecksville (9): 2005-13

Fairview and North Olmsted: none

Olmsted Falls (3): 1981-83

Rocky River: none

Westlake (5): 1996-98, 2017, 2020

Head coaches – present and past

Amherst: Eric Watts (2026-present); Terry Kemp (1989-2025); Darline Elsasser (1988); Ron Camp (1984-87); Dick Cooley (1976-83)

Avon: Justin Carroll (2021-present); Matt Nortz (2012-20); Tara Gruskiewicz (2005-11): Kara Kelly-Sharp (2003-04); Anne Densmore (1994); Jim Reynolds (1973-93, 1995-2002)

Avon Lake: Rob Juergens (2014-present); Becky Uszak (2005-13); Kim Weaver (1998-2004); Al Buckeye (1980-97); Chuck Leopold (1978-79); Jim Saul (1976-77)

Berea-Midpark: Tim Barnes (2015-present); Barb Hunter (2013-14)

Elyria Jerry Chizmar (2013-present); Deryl Nalle (2005-12); Jerry Chizmar (1997-2004); Tom Taylor (1996); Pati Habenicht (1988-95); Tom Below (1987); Deryl Nalle (1977-86); Frank Romano (1974-76); Paul Thiel (1971-73); Jim Kehler (196570); Vance Carter (1964); Tom Willing (1963); Dennis Ryan (1962); Edward Allen (1961); Frank Fiore (1959-60); Bob Slager (1958)

Midview: Kathleen Manning (2018-present); Kim Mullins (2012-17); Kyle Romansky (2011); Lynn Magyar (2008-10); Mike Guildoo (2002-07); Colleen Barta (1998, 2000-01); Kelly Carpenter (1999); Stephanie Xenos (1995-97); Jeremy Gannon (1993-94); John Nakel (1991-92); Kurt Marzi (1983-90); Larry Dixon (1982); Ed Thompson (1974-81); Richard Bickel (1973); no team picture (1972); no yearbooks (1967-71); Mr. Rowe (1966); no team picture (1965); Arthur Rundle (1963)

North Ridgeville: Rohan Patil (2026-present); Linda (Morales) Shermak (202025)); Andy Dohanos (2014-19); Bryan Morgan (2013); Sam Rufener (2008-12); Kevin Drapcho (2003-07); Ed Haller

(200102); Brian Gardner (1997-2000); Elias Gorman (1995-96); Mr. Griffith (1994); Denver Daniel (1992-93); Tony Kanis (1982,
'86, '90-91); Pam Nolan (1987-89); Toni Morgan (1983); Toni Dill (1981); Ann DiBlasi (1980); Scott Mitchell (1979); Steve Abbey (1973-78); Scott Mitchell (1970-72); Charles Bolognia (1968-69)

Olmsted Falls: Rae Alexander (2019-present); Jeff Kho (1997-2018); Carrie Joseph (1996), Rae Alexander (1980-95); Bob Besecker (1977-79)

Past head coaches

Bay: Scott Snyder (2014-present); Anne Ashley (2008-13); Joe Knap (2001-07); Denny Sheppard (1989-2000); Sally Rhue (1988); Joe Knap (1986-87); Debbie Green (1980-85); Lanalee Scott (1978-79); Dick Scott (1976-77)

Berea: Barb Hunter (1993-2012); Bob Schuff (1988-92); Craig Braithwaite (1985-87); Jim Dunham (1978-84); Craig Braithwaite (1976-77)

Brecksville: Bob Schank (1997-present); Bruce Lerch (1977-1996)

Fairview: Jennifer Dahler (2015-present); Andy Slack (2008-14); Rich Friel (2006-07); Mark Tomecko (2004-05); Judy Kauffman (2002-03); Ed Eiskamp (1984-2001)

Lakewood: Danielle Hammond (2015-present); Abby Gleason (2013-14); Scott Troyan (2005-12); Randy Keller (2004); Daniela Andrews (1994-2003); Rick Ventura (1987-93); Wayne Pettek (1978-86)

Midpark: Kelly Metzger (2006-12); Todd Swisher (2005); Steve Holecko (1994-2004); Bob Butler (1976-93)

North Olmsted: Marlene Bloomfield (2015-present); Katie (Holecko) Michal (2013-14); Aubrey Alexander (2011-12); Lisa Pochatek (2003-10); Hannah Purdy (2002); Maggie Keane (2001); Diane Lekan (1995-2000); Sue Merrill (1992-94); Cheryl Dubsky (1991); Sherry Palinski (1990); Gina Drugan (1987-89); Elaine Yambor (1986); Ken Neuzil (1980-85); Al Falquet (1978-79); Dennis Schurdell (1976-77)

Rocky River: Laura Brabant (1998-present); Mike Foley (1976-97)

Westlake: Dennis Sullivan (2022-present); Travis Haselswerdt (2003-21); Cindy Bailey (2001-02); Gary Uhl (1986-2000); Laurie Thompson (1980-85); Gary Simpson (1977-79)

Team titles

11 Terry Kemp (Amherst), 1990-95, 1999-2002, 2014
9 Bob Schank (Brecksville), 2005-13
6 Justin Carroll (Avon), 2021-26
5 Al Buckeye (Avon Lake), 1984, '86-89
3 Matt Nortz (Avon), 2015, ’18-19
3 Gary Uhl (Westlake), 1996-98
3 Rae Alexander (Olmsted Falls), 1981-83
2 Travis Haselswerdt (Westlake), 2017, ‘20
2 Kim Weaver (Avon Lake), 2003-04
2 Debbie Green (Bay), 1980, '85
2 Lanalee Scott (Bay), 1978-79
1 Tim Barnes (Berea-Midpark), 2016
1 Dick Scott (Bay), 1977

Multiple titles (2 minimum)

4 Katie Clute (Olmsted Falls, 2019-22
3 Christine Thompson (Amherst), 1993-95
3 Kim Haluscsak (Olmsted Falls), 1985-87
3 Michelle Kalikin (Olmsted Falls), 1982-84
2 Kaitlyn Reese (Avon), 2024-25
2 Erica Francesconi (Westlake), 2017-18
2 Lindsey Scarton (Berea-Midpark, 2014-15)
2 Alexis Szivan (Amherst), 2012-13
2 Katy Link (Avon Lake), 2008-09
2 Megan McAdams (Brecksville), 2006-07
2 Caroline Sanker (Rocky River), 2002-03
2 Brittnee Barris (Amherst), 1999, 2001
2 Colleen Byrne (Avon Lake), 1996-97
2 Amy McKinley (Amherst), 1991-92
2 Anjanette Arabian (Rocky River), 1989-90
2 Sarah Munro (Bay), 1980-81

SWC GIRLS

ALL OHIO RUNNERS

2025: Kaitlyn Reese (Avon), 5th (Div. I), 17:54.48

2024: Kaitlyn Reese (Avon), 7th (Div. I), 17:35.50

2023: Kaitlyn Reese (Avon), 5th (Div. I), 18:12.0

2022: Katie Clute (Olmsted Falls), 1st (Div. I), 17:25.1; Sarah Peer (Westlake), 2nd (Div. I), 17:44.2; Kaitlyn Reese (Avon), 20th (Div. I), 18:44.93; Sydney Peer (Westlake), 21st in Div. I, 18:49.3

2021: Katie Clute (Olmsted Falls), 2nd (Div. I), 17:39.7; Sarah Peer (Westlake), 3rd (Div. I), 17:44.4; Lillie Katsaras (Olmsted Falls), 16th (Div. I), 18:34.4

2020: Katie Clute (Olmsted Falls), 7th (Div. I), 18:20.3; Sarah Peer (Westlake), 21st (Div. I), 18:46.0

2014: Lindsey Scarton (Berea-Midpark), 2nd (Div. I), 18:14.51; Alexis Szivan (Amherst), 7th (Div. I), 18:30.48

2009: Allison Stucky (Brecksville), 23rd (Div. I), 19:15.77

2007: Aly Dosen (Brecksville), 21st (Division I), 18:54.20; Megan McAdams (Brecksville), 22nd (Division I), 18:54.31

2006: Molly Jacobson (Brecksville), 24th (Div. I), 19:09

2005: Katie Ickes (Avon Lake), 20th (Div. I), 19:14

2004: Katie Nowak (Avon Lake), 18th (Div. I), 19:13

2003: Stephanie Seng (Olmsted Falls), 2nd (Div. II), 18:39

1998: Sandy McCreary (Rocky River), 13th (Div. II); Liz Shurrell (Berea), 15th (Div. I), 18:40

1997: Colleen Byrne (Avon Lake), 5th (Div. II), 18:51

1996: Colleen Byrne (Avon Lake), 3rd (Div. I), 18:53; Christine Thompson (Amherst), 7th (Div. I), 18:50

1995: Colleen Byrne (Avon Lake), 9th (Div. II), 19:27; Christine Thompson (Amherst), 10th (Div. I), 19:12

1994: Colleen Byrne (Avon Lake), 4th (Div. II), 19:02; Christine Thompson (Amherst), 12th (Div. I), 19:15; Beth Huffman (Rocky River), 15th (Div. II); Amanda Cooper (Avon Lake), 15th (Div. II), 19:51; Kim Rothman (Olmsted Falls), 17th (Div. II), 19:51

1993: Sue Dziama (Amherst), 25th (Div. I), 19:21

1992: Amy McKinley (Amherst), 2nd (Div. I), 18:27; Sue Dziama (Amherst), 15th
(Div. I), 19:00; Mary Noelle Demmerle (Fairview), 18th (Div. II); Beth Huffman (Rocky River), 20th (Div. II)

1991: Amy McKinley (Amherst), 1st (Div. I), 18:24.3; Colleen Young (Amherst), 22nd (Div. I), 19:24

1990: Amy McKinley (Amherst), 4th (Div. I), 18:40; Anjanette Arabian (Rocky River), 10th (Div. II)

1988: Jennifer Saul (Avon Lake), 14th (Div. II), 20:40; Julie Hart (Avon Lake), 15th (Div. II), 20:41; Angie Inge (Olmsted Falls), 18th (Div. II), 20:46; Anjanette Arabian (Rocky River), 20th (Div. II); Vivienne Lochhead (Avon Lake), 25th (Div. II), 21:05

1987: Kim Haluscsak (Olmsted Falls), 1st (Div. II), 18:27.8; Angie Inge (Olmsted

Falls), 11th (Div. II), 19:32; Catherine Ponstingle (Westlake), 21st (Div. I), 19:39; Nancy Fullerton (Fairview), 24th (Div. II), 20:09

1986: Kim Haluscsak (Olmsted Falls), 1st (Div. II), 18:47.4; Missy Bailey (Avon Lake), 6th (Div. II), 19:15

1985: Kim Haluscsak (Olmsted Falls), 15th (Div. II), 19:46

1984: Anne Densmore, Elyria, 3rd in Class AAA individual race (18:48); Michelle
Kalikin (Olmsted Falls), 4th (Div. II), 19:16; Tammy Kalikin (Olmsted Falls), 5th (Div. II), 19:24; Lisa Clark (Avon Lake), 18th (Div. II), 20:10; Kathy Urry (Olmsted Falls), 19th (Div. II), 19:24

1983: Anne Densmore, Elyria, CLASS AAA INDIVIDUAL CHAMP (17:26.6); Michelle Kalikin (Olmsted Falls), 2nd (Div. II), 18:23

1982: Michelle Kalikin (Olmsted Falls), 1st (Div. II), 17:51.2; Laura Bonnell (Olmsted Falls), 9th (Div. II), 18:53; Kathy Urry (Olmsted Falls), 16th (Div. II), 19:24

1981: Sarah Munro (Bay), 2nd (Div. I), 14:12; Michelle Kalikin (Olmsted Falls), 5th (Div. II), 14:45; Joyce Towner (Amherst), 13th (Div. I), 15:14; Laura Bonnell (Olmsted Falls), 15th (Div. II), 15:11

1980: Beth Huffman (Amherst), 6th (Div. I), 14:19; Sarah Munro (Bay), 10th (Div. I), 14:43; Joyce Towner (Amherst), 12th (Div. I), 14:44

1979: Beth Huffman (Amherst), 7th (Div. I), 15:08; Erin Owen (Olmsted Falls), 12th (Div. II), 15:37; Sarah Munro (Bay), 17th (Div. I), 15:43

1978: Laura Welch (Bay), 5th (Div. I), 14:39; Kim Welte (Amherst), 8th (Div. I), 14:44; Beth Huffman (Amherst), 11th (Div. I), 14:53; P.J. Schinski (Bay), 16th (Div. I), 15:11

SWC TEAMS AT STATE

2025: Avon, 3rd in Division I

2024: Avon, 12th in Division I

2023: Avon, 6th in Division I; Westlake, 16th in Division I

2022: Westlake, 3rd in Division I; Avon, 12th in Division I

2021: Westlake, 15th in Division I

2020: Westlake, 13th in Division I

2009: Brecksville, 5th in Division I

2007: Brecksville, 1st in Division I; Amherst, 16th in Division I

2006: Brecksville, 6th in Division I

2005: Amherst, 16th in Division I

2002: Amherst, 14th in Division I

1999: Olmsted Falls, 9th in Division II

1998: Olmsted Falls, 14th in Division II

1997: Westlake, 9th in Division I; Avon Lake, 12th in Division II

1996: Westlake, 9th in Division I

1995: Bay, 4th in Division II

1994: Avon Lake, 3rd in Division II

1993: Amherst, 6th in Division I

1992: Amherst, 4th in Division I

1991: Amherst, 1st in Division I

1990: Amherst, 2nd in Division I

1988: Avon Lake, 1st in Division II

1987: Olmsted Falls, 1st in Division I; Westlake, 9th in Division I; Rocky River, 12th in Division II

1986: Avon Lake, 1st in Division II; Olmsted Falls, 10th in Division II

1985: Fairview, 4th in Division II; Avon Lake, 6th in Division I; Bay, 13th in Division I

1984: Olmsted Falls, 4th in Division II; Avon Lake, 8th in Division I

1982: Olmsted Falls, 2nd in Division II

1981: Olmsted Falls, 1st in Division II; Amherst, 3rd in Division I; Bay, 4th in Division I

1980: Olmsted Falls, 1st in Division II; Bay, 4th in Division I; Amherst, 5th in Division I

1979: Rocky River, 2nd in Division I; Bay, 9th in Division I; Amherst, 10th in Division I

1978: Amherst, 2nd in Division I; Bay, 4th in Division I

2026: @Lorain County Community College (Oct. 17)

1, Avon, 26; 2. Amherst, 61; 3. Avon Lake, 80; 4. Olmsted Falls, 105; 5. Elyria, 157; 6. Berea-Midpark, 160; 7. Midview, 174; 8. North Ridgeville, 185

1, Ava Melott (Avon), 19:40.6; 2. Lola Schaaf (Amherst), 20:05.1; 3. Brooke Tindera (Avon), 20:08.1; 4. Cassidy Valerino (Avon Lake), 20:27.9; 5. Molly Suter (Avon), 20:23.7; 6. Abby Thompson (Olmsted Falls), 20:36.8; 7. Madison Colaizzi (Avon), 20:40.7; 8. Sam Falbo (Amherst), 20:41.6; 9. Gianna Brannen (Avon Lake), 20:50.2; 10. Lauren Kershaw (Avon), 20:57.6; 11. Momoka Tanaka (Avon), 21:02.3; 12. Lucia Mazzarella (Olmsted Falls), 21:09.7; 13. Molly Pomfrey (Avon), 21:17.5; 14. Kelsey Sheehan (Avon Lake), 21:27.9; 15. Maddy Merthe (Amherst), 21:57.9; 16. Madison Moran (Elyria), 21:59.7; 17. Aubrey Brenot (Amherst), 22:20.2; 18. Allison Blake (Elyria), 22:32.8; 19. Rosalie Kapalin (Amherst), 22:35.4; 20. Molly Ockuly (Midview), 22:40.1; 21. Taelyn Nida (Amherst), 22:46.6; 22. Aubri Hoskinson (Elyria), 22:50.1; 23. Sophia Morgan (Midview), 23:06.7; 24. Brielle Gaughan (Olmsted Falls), 23:09.3; 25. Layla Bail (Olmsted Falls), 23:16.3. Out of 54 runners.

Open
1, Lila Woskobunik (Amherst), 20:55.2; 2. Stella Melott (Avon), 21:34.7

2025: @Lorain County Community College (Oct. 11)

1, Avon 21; 2. Olmsted Falls, 68; 3. Amherst, 71; 4. Avon Lake, 126; 5. BereaMidpark, 129; 6. Midview, 160; 7. Elyria, 173; 8. North Ridgeville, 211

1, Kaitlyn Reese (Avon), 17:59.72; 2. Abby Thompson (Olmsted Falls), 19:53.39; 3. Ava Melott (Avon), 19:56.57; 4. Jessica Pendleton (Avon), 19:57.73; 5. Olivia Pajak (Avon), 20:01.067; 6. Cassidy Valerino (Avon Lake), 20:12.16; 7. Lila Woskobunik (Amherst), 20:19.09; 8. Julianna Stein (Avon), 20:19.51; 9. Molly Suter (Avon), 20:28.73; 10. Mia Russell (Olmsted Falls), 20:35.70; 11. Lola Schaaf (Amherst), 20:42.55; 12. Ana Buehrer (Berea-Midpark), 20:45.42; 13.

Kelsey Prada (Olmsted Falls), 20:50.14; 14. Sam Falbo (Amherst), 20:51.49; 15. Molly Pomfrey (Avon), 21:21.61; 16. Nyah Jesko (Amherst), 21:25.42; 17. Eloise Gravel (Berea-Midpark), 21:34.83; 18. Molly Ockuly (Midview), 21:55.15; 19. Sophie Fada (Elyria), 21:59.70; 20. Kelsey Sheehan (Avon Lake), 22:02.97; 21. Addison Mullen (Olmsted Falls), 22:15.70; 22. Lucia Mazzarella (Olmsted Falls), 22:20.77; 23. Aubrey Brenot (Amherst), 22:26.90; 24. Hannah Bacskay (Midview), 22:27.56; 25. Liana Del Valle (Amherst), 22:54.33

Open
1, Madison Colaizzi (Avon), 20:27.42; 2. Lauren Kershaw (Avon), 21:25.68

2024: @Lorain County Community College (Oct. 12)

1, Avon, 21; 2. Amherst, 63; 3. Olmsted Falls, 98; 4. Berea-Midpark, 98; 5. Avon Lake, 110; 6. Elyria, 157; 7. North Ridgeville, 194. Midview (incomplete team)

1, Kaitlyn Reese (Avon), 18:28.21; 2. Ana Buehrer (Berea-Midpark), 20:11.34; 3. Ava Melott (Avon), 20:24.72; 4. Carolina Reed (Avon), 20:27.25; 5. Olivia Pajak (Avon), 20:27.64; 6. Katherine Low (Amherst), 20:41.02; 7. Abby Thompson (Olmsted Falls), 20:42.58; 8. Anika Singh (Avon), 20:50.50; 9. Cassidy Valerino (Avon Lake), 20:54.69; 10. Nora Darkow (Amherst), 20:55.34; 11. Julianna Stein (Avon), 20:59.53; 12. Jessica Pendleton (Avon), 21:00.18; 13. Aubrey Prada (Olmsted Falls), 21:02.13; 14. Sophia Pecora (Amherst), 21:02.33; 15. Eloise Gravel (Berea-Midpark), 21:07.31; 16. Liana Del Valle (Amherst), 21:16.79; 17. Rosalie Kapalin (Amherst), 21:19.86; 18. Julia Fossie (Amherst), 21:30.33; 19. Lucia Mazzarella (Olmsted Falls), 22:18.67; 20. Tori Bell (Elyria), 22:20.24; 21. Harper Johnson (Berea-Midpark), 22:21.88; 22. Hannah Cline (Avon Lake), 22:27.25; 23. Kelsey Sheehan (Avon Lake), 22:29.78; 24. Sophie Fada (Elyria), 22:37.17; 25. Abby Henry (Avon Lake), 22:42.26

Open
1, Molly Pomfrey (Avon), 20:57.86; 2. Alison Krischer (Avon), 21:02.55

2023: @Lorain County Community College (Oct. 14)

1, Avon, 36; 2. Amherst, 53; 3. Olmsted Falls, 67; 4. Avon Lake, 92; 5. BereaMidpark, 118; 6. North Ridgeville, 187; 7. Elyria, 189; 8. Midview, 210

1, Samantha Goodnough (Olmsted Falls), 18:42; 2. Kaitlyn Reese (Avon), 18:47; 3. Ava Melott (Avon), 19:55; 4. Kylie Bennington (Avon Lake), 20:17; 5. Katherine Low (Amherst), 20:37; 6. Rachel Delap (Olmsted Falls), 20:45; 7. Olivia Pajak (Avon), 21:00; 8. Alaina Alflen (Amherst), 21:00; 9. Aubrey Prada (Olmsted
Falls), 21:05; 10. Carolina Reed (Avon), 21:07; 11. Bailey Bechtel (BereaMidpark), 21:14; 12. Rosalie Kapalin (Amherst), 21:15; 13. Winter Carrell (Amherst), 21:18; 14. Anna Argabright (Avon), 21:21; 15. Nora Darkow (Amherst), 21:22; 16. Eloise Gravel (Berea-Midpark), 21:23; 17. Sophia Pecora (Amherst), 21:44; 18. Liana DelValle (Amherst), 21:58; 19. Cassidy Valerino (Avon Lake), 21:59; 20. Harper Johnson (Berea-Midpark), 22:05; 21. Anika Singh (Avon), 22:05; 22. Kelsey Sheehan (Avon Lake), 22:13; 23. Termeh Shahmir
(Avon Lake), 22:31; 24. Skylar Haibach (Avon Lake), 22:33; 25. Abby Thompson (Olmsted Falls), 22:37

Open
1, Sarah Pomfrey (Avon), 21:11; 2. Grace Zhou (Avon), 21:23

2022: @Lorain County Community College (Oct. 15)

1, Avon, 40; 2. Amherst, 51; 3. Olmsted Falls, 71; 4. Berea-Midpark, 82; 5. Avon Lake, 106; 6. North Ridgeville, 171; 7. Midview, 203; 8. Elyria, inc.

1, Katie Clute (Olmsted Falls), 18:16.80; 2. Kaitlyn Reese (Avon), 19:51.23; 3. Brooke Bechtel (Berea-Midpark), 20:02.79; 4. Aurora Wilson (Amherst), 20:13.73; 5. Anna Argabright (Avon), 20:18.49; 6. Katherine Low (Amherst), 20:20.15; 7. Samantha Goodnough (Olmsted Falls), 20:21.51; 8. Kylie Bennington (Avon Lake), 20:25.34; 9. Anika Singh (Avon), 20:34.68; 10. Catherine Turner (Amherst), 20:51.52; 11. Maddie Gettings (Avon), 20:55.99; 12. Maddie Betz

(Avon Lake), 21:06.71; 13. Sarah Pomfrey (Avon), 21:09.68; 14. Sophia Pecora (Amherst), 21:14.36; 15. Savannah Reed (Avon), 21:28.67; 16. Aida Gesink (Berea-Midpark), 21:36.67; 17. Winter Carrell (Amherst), 21:45.81; 18. Rachel Dunlap (Olmsted Falls), 21:48.23; 19. Bailey Bechtel (Berea-Midpark), 21:57.21; 20. Aubrey Prada (Olmsted Falls), 22:06.76; 21. Alexis Verdell (Berea-Midpark), 22:11.22; 22. Ruby Mitchell (North Ridgeville), 22:20.31; 23. Eloise Gravel (Berea-Midpark), 22:21.79; 24. Carolina Reed (Avon), 22:26.64; 25. Kendall McCray (Olmsted Falls), 22:30.29

Open
1, Jessica Pendleton (Avon), 21:43.98: 2. Julianna Stein (Avon), 21:57.28

2021: @Lorain County Community College (Oct. 16)

1. Avon, 41; 2. Amherst, 56; 3. Avon Lake, 74; 4. Olmsted Falls, 101; 5. Midview, 142; 6. North Ridgeville, 150; 7. Berea Midpark, 157. Elyria incomplete team 1, Katie Clute (Olmsted Falls), 19:31.68; 2. Lillie Katsaras (Olmsted Falls), 20:02.74; 3. Maddie Harrington (Avon), 20:18.67; 4. Marisa Del Valle (Amherst), 20:22.65; 5. Liz White (Avon), 20:42.48:; 6. Carolina Reed (Avon), 21:00.79; 7.
Brooke Bechtel (Berea Midpark), 21:04.30; 8. Kylie Bennington (Avon Lake), 21:07.48; 9. Catherine Turner (Amherst), 21:10.23; 10. Aurora Wilson (Amherst), 21:25.43; 11. Kate Leininger (Avon Lake), 21:32.18; 12. Sarah Pomfrey (Avon), 21:33.0; 13. Audrey Sanzone (Midview), 21:46.85; 14. Leah Gerke (Amherst), 21:55.15; 15. Anika Singh (Avon), 22:05.06; 16. Madelyn Palcic (North Ridgeville), 22:08.84; 17. Sophia Elios (Avon Lake), 22:12.24; 18. Termeh Shahmir (Avon Lake), 22:14.74: 19. Katherine Low (Amherst), 22:15.89; 20. Kiera Byrne (Avon Lake), 22:21.10; 21. Savannah Reed (Avon), 22:31.19; 22. Erin Boland (Avon Lake), 22:39.09; 23. Grace Henely (Midview), 22:54.49; 24. Anna Argabright (Avon), 22:57.65; 25. Skylar Hibach (Avon Lake), 23:00.46

Open
1, Jane Rini (Avon), 22:29.59; 2. Sally Butler (Avon Lake), 22:48.93

2020: @Lorain County Community College (Oct. 17)

1, Westlake, 43; 2. Olmsted Falls, 62; 3. Avon, 81; 4. Avon Lake, 122; 5. North Olmsted, 140; 6. Amherst, 154; 7. North Ridgeville, 174; 8. Midview, 178; 9. Berea-Midpark, 212

1, Katie Clute (Olmsted Falls), 18:50.0; 2. Lillie Katasaras (Olmsted Falls), 19:27.7; 3. Audrey Sanzone (Midview), 19:38.0; 4. Sarah Peer (Westlake), 19:42.9; 5. Ellie Irwin (Westlake), 19:48.1; 6. Stephanie Nivellini (Westlake), 19:55.7; 7. Sydney Peer (Westlake), 20:13.5; 8. Brooke Bechtel (Berea-Midpark), 20:37.6; 9. Madelyn Palcic (North Ridgeville), 20:41.3; 10. Maddie Harrington (Avon), 20:43.2; 11. Maggie Jantz (Avon Lake), 20:47.6; 12. Marisa Del Valle (Amherst), 20:51.7; 13. Liz White (Avon), 20:53.3; 14. Jane Roach (Avon), 20:55.7; 15. Sierra Simon (North Olmsted), 21:02.3; 16. Rachel Delap (Olmsted Falls), 17. Isabella D'Alessandro (North Olmsted), 21:09.5; 18. Mikayla Ellis (Olmsted Falls), 21:15.0; 19. Aurora Wilson (Amherst), 21:17.0; 20. Meadow Smith (Avon), 21:24.9; 21. Sarah Coleman (Westlake), 21:29.0; 22. Ava Kontak (Westlake), 21:32.7; 23. Isabell Russell (Avon Lake), 21:33.6; 24. Chloe Harpsoe (Avon), 21:33.7; 25. Danielle Andrews (Olmsted Falls), 21:35.0

2019: @Lorain County Community College (Oct. 12)

1, Avon, 68; 2. Avon Lake, 105; 3. Olmsted Falls, 106; 4. Westlake, 111; 5. BereaMidpark, 114; 6. Lakewood, 116; 7. Amherst, 117; 8. Midview, 183; 9. North Olmsted, 232; 10. North Ridgeville, 262

1, Katie Clute (Olmsted Falls), 19:40.3; 2. Lillie Katsaras (Olmsted Falls), 19:44.9; 3. Teagan Walsh (Westlake), 20:11.8; 4. Sydney Peer (Westlake), 20:12.5; 5.
Megan Thai (Berea-Midpark), 20:15.3; 6. Meadow Smith (Avon), 20:19.5; 7. Marisa Del Valle (Amherst), 20:22.2; 8. Audrey Sanzone (Midview), 20:23.8; 9. Shura Ermakov (Berea-Midpark), 20:31.5; 10. Brooke Bechtel (Berea-Midpark), 20:36.3; 11. Teeghan McGann (Lakewood), 20:39.5; 12. Jane Roach (Avon), 20:40.8; 13. Madison Coppolino (Avon), 20:42.9; 14. Maggie Jantz (Avon Lake),

20:44.7; 15. Aurora Wilson (Amherst), 20:48.4; 16. Erin Boland (Avon Lake), 20:52.6; 17. Raquel Lozano-Sego (Avon), 20:53.2; 18. Sadie Gregg (Lakewood), 21:00.8; 19. Emma Sherban (Avon Lake), 21:05.3; 20. Liz White (Avon), 21:09.9; 21. Nasia Shields (Lakewood), 21:13.7; 22. Savannah Reed (Avon), 21:16.8; 23. Alli Starr (Avon Lake), 21:17.5; 24. Isabella D'Alessandro (North Olmsted), 21:19.5; 25. Kaylee Haff (Amherst), 21:30.0

Open
1, Megan Drabik (Avon Lake), 22:09.9; 2. Emma Smith (Avon), 22:15.5

2018: @Lorain County Community College (Oct. 13)

1, Avon, 45; 2. Avon Lake, 54; 3. Amherst, 92; 4. Berea-Midpark, 92; 5. Westlake, 107; 6. North Olmsted, 133; 7. Lakewood, 211; 8. Midview, 216; 9. North Ridgeville, 236; 10. Olmsted Falls, 243

1, Erica Francesconi (Westlake), 20:03.2; 2. Jules Frombach (Avon), 20:34.8; 3. Maggie Jantz (Avon Lake), 20:44.9; 4. Kalyn Potyrala (Amherst), 20:57.6; 5. Riley
Mullen (Avon Lake), 21:09.3; 6. Teagan Walsh (Westlake), 21:12.6; 7. Jane Roach (Avon), 21:13.9; 8. Morgan Jankowski (Berea-Midpark), 21:19.2; 9. Meadow Smith (Avon), 21:20.8; 10. Shura Ermakov (Berea-Midpark), 21:30.6; 11. Emma Sherban (Avon Lake), 21:46.5; 12. Abby Sidloski (Avon), 21:50.0; 13. Erin Boland (Avon Lake), 21:50.8; 14. Victoria Bailey (Amherst), 21:52.9; 15. Shanna Koehler (Avon), 21:56.7; 16. Isabella D'Alessandro (North Olmsted), 21:57.3; 17.
Kayla Simon (North Olmsted), 21:58.4; 18. Megan Thai (Berea-Midpark), 21:58.9; 19. Kate Kennedy (North Olmsted), 22:02.8; 20. Sam Agresta (Berea-Midpark),
22:03.6; 21. Kaylee Haff (Amherst), 22:04.0; 22. Olivia Crimaldi (Avon Lake), 22:06.2; 23. Alli Starr (Avon Lake), 22:14.2; 24. Liz White (Avon), 22:17.7; 25. Ashley Boyd (Westlake), 22:21.8

Open
1, Madison Coppolino (Avon), 21:47.8; 2. Ashley Alspach (Avon), 22:25.6

2017: @Lorain County Community College (Oct. 14)

1, Westlake, 43; 2. Amherst, 59; 3. Avon, 63; 4. Avon Lake, 74; 5. Berea-Midpark, 116; 6. Olmsted Falls, 174; 7. North Olmsted, 212; 8, Lakewood, 212; 9. North Ridgeville, 244; 10. Midview, 289

1, Erica Francesconi (Westlake), 19:34.7; 2. Claudia Hermann (Avon), 20:01.5; 3. Alicia Del Valle (Amherst), 20:05.4; 4. Teagan Walsh (Westlke), 20:14.8; 5. Emma Jaros (Westlake), 20:21.1; 6. Morgan Jankowski (Berea-Midpark), 20:27.2; 7. Emma Sherban (Avon Lake), 20:28.3; 8. Victoria Bailey (Amherst), 20:32.5; 9. Leah Johnson (Amherst), 20:34.7; 10. Jules Frombach (Avon), 20:37.9; 11.
Mikayla Ellis (Olmsted Falls), 20:39.6; 12. Sydnie Firment (Avon), 20:39.9; 13. Maggie Jantz (Avon Lake), 20:41.5; 14. Kalyn Potyrala (Amherst), 20:44.1; 15. Ashley Boyd (Westlake), 20:44.4; 16. Faith Lengen (Avon Lake), 20:48.5; 17.
Kate Balthaser (Avon Lake), 20:54.2; 18. Ellie Templeton (Westlake), 20:58.5; 19. Shanna Koehler (Avon), 20:58.7; 20. Abby King (Avon), 21:03.4; 21. Olivia Crimaldi (Avon Lake, 21:06.9; 22. Graicen Riley (North Ridgeville), 21:13.8; 23. Shura Ermakov (Berea-Midpark), 21:15.1; 24. Meadow Smith (Avon), 21:17.2; 25.
Kayla Snowden (Amherst), 21:18.0

Open
1, Ava Juergens (Avon Lake), 21:52.8; 2. Camryn Leonard (Amherst), 22:07.1

2016: @Lorain County Community College (Oct. 15)

1, Berea-Midpark, 33; 2. Avon, 51; 3. Amherst, 66; 4. Avon Lake, 129; 5. Westlake, 131; 6. Olmsted Falls, 152; 7. Lakewood, 158; 8. North Olmsted, 208; 9.
North Ridgeville, 285; 10. Midview, 303
1, Claire Robertson (Avon), 19:28; 2. Lauren Peterson (Berea-Midpark), 19:36; 3. Lindsey Scarton (Berea-Midpark), 19:37; 4. Jules Frombach (Avon), 19:37; 5.

Morgan Jankowski (Berea-Midpark), 19:48; 6. Teagan Walsh (Westlake), 19:51; 7. Sevahna Crofford (Berea-Midpark), 19:52; 8. Kalyn Potyrala (Amherst), 19:54; 9.
Leah Johnson (Amherst), 20:04; 10. Leonie Klein (Lakewood), 20:13; 11. Haley Parker (Avon), 20:14; 12. Emma Sherban (Avon Lake), 20:16; 13. Sarah Makari (Olmsted Falls), 20:17; 14. Cara Giannuzzi (Amherst), 20:26; 15. Alicia Del Valle (Amherst), 20:31; 16. Sam Agresta (Berea-Midpark), 20:39; 17. Sydnie Firment (Avon), 20:55; 18. Alexis Firment (Avon), 20:58; 19. Kate Balthaser (Avon Lake), 21:00; 20. Victoria Bailey (Amherst), 21:02; 21. Olivia Irwin (Westlake), 21:03; 22. Rachel Farney (Avon), 21:05; 23. Bridgette Wadge (Amherst), 21:18; 24. Meredith Hansen (Westlake), 21:20; 25. Madi Sobieski (Olmsted Falls), 21:22

Open
1, Evelyn Pelfrey (Avon), 21:08.0; 2. Antonia Monteleone (Amherst), 21:26.2

2015: @Lorain County Community College (Oct. 17)

1, Avon, 40; 2. Berea-Midpark, 48; 3. Amherst, 65; 4. Avon Lake, 108; 5. Olmsted Falls, 161; 6. Lakewood, 173; 7. North Olmsted, 187; 8. Westlake, 207; 9. North Ridgeville, 228; 10. Midview, 320

1, Lindsey Scarton (Berea-Midpark), 19:12; 2. Jules Frombach (Avon), 19:40; 3. Lauren Peterson (Berea-Midpark), 19:42; 4. Erin Laird (Avon), 19:44; 5. Graicen Riley (North Ridgeville), 20:01; 6. Sevahna Crofford (Berea-Midpark), 20:18; 7. Leah Johnson (Amherst), 20:20; 8. Kalyn Potyrala (Amherst), 20:21; 9. Abby King
(Avon), 20:21; 10. Claudia Hermann (Avon), 20:30; 11. Alex Diamantis (North Olmsted), 20:33; 12. Sarah Makari (Olmsted Falls), 20:34; 13. Ashley Hill (Amherst), 20:35; 14. Sam Agresta (Berea-Midpark), 20:37; 15. Claire Robertson (Avon), 20:39; 16. Faith Lengen (Avon Lake), 20:47; 17. Hailey Acosta (Avon), 20:50; 18. Ally Potyrala (Amherst), 20:20:52; 19. Alana Moore (Amherst), 21:10; 20. Taylor Nowakowski (Avon), 21:11; 21. Audrey Spensley (Avon Lake), 21:14; 22. Mackenzie Tyson (Avon Lake), 21:18; 23. Kate Balthaser (Avon Lake), 21:19; 24. Tania French (Berea-Midpark), 21:23; 25. Jing Feng (Lakewood), 21:31.

Open
1. Haley Parker (Avon), 20:38; 2. Sydnie Firment (Avon), 20:45

2014: @Lorain County Community College (Oct. 11)

1. Amherst, 68; 2. Brecksville, 77; 3. Olmsted Falls, 83; 4. Westlake, 85; 5. Avon Lake, 89; 6. Berea-Midpark, 92; 7. North Olmsted, 170

1, Lindsay Scarton (Berea-Midpark), 18:47; 2. Alexis Szivan (Amherst), 19:33; 3. Cara Giannuzzi (Amherst), 19:57; 4. Rachel Kotchman (Brecksville), 20:10; 5. Charlotte Ward (Avon Lake), 20:13; 6. Sarah Makari (Olmsted Falls), 20:14; 9. Meredith Hansen (Westlake), 20:34; 10. Liz Neudeck (Olmsted Falls), 20:43; 11. Robyn Hageman (Westlake), 20:48; 12. Michelle Appel (Westlake), 20:58; 15. Faith Lengen (Avon Lake), 21:05; 16. Morgan Hansen (Westlake), 21:09; 17. Ashley Hill (Amherst), 21:10; 18. Emily Johr (North Olmsted), 21:14; 19. Stormie
Kadar (Olmsted Falls), 21:17; 20. Katey Faber (Avon Lake), 21:18; 21. Kellie Garrity (Olmsted Falls), 21:19; 22. Ashley Hauck (Amherst), 21:20; 23. Kate Balthaser (Avon Lake), 21:21; 24. Clara Bagues (Amherst), 21:23.

Open
1. Breyant Kossek (Brecksville), 21:54.8; 2. Megan Leamon (Brecksville), 21:57.4

2013: @Lorain County Community College (Oct. 12)

1. Brecksville, 47; 2. Amherst, 77; 3. Berea-Midpark, 89; 4. Westlake, 94; 5. Avon Lake, 103; 6. Olmsted Falls, 127; 7. North Olmsted, 142

1. Alexis Szivan (Amherst), 19:17.2; 2. Miranda DiBiasio (Berea), 19:29.2; 3. Olivia Cook (Brecksville), 19:45.8; 4. Lindsay Scarton (Berea), 20:03.6; 5. Megan
Parker (Amherst), 20:22.0; 6. Sarah Schlabig (Brecksville), 20:39.9; 7. Grace Jenkins (Westlake), 20:46.6; 8. Sarah Makari (Olmsted Falls), 20:53.2; 9. Emily

Johr (North Olmsted), 20:56.3; 10. Erin Beaver (Brecksville), 20:58.5; 11. Lauren Peterson (Berea-Midpark), 21:07.5; 12. Alison Rickert (Brecksville), 21:16.4; 13. Robyn Hageman (Westlake), 21:19.9; 14. Charlotte Ward (Avon Lake), 21:25.8; 15. Marisa Gerrone (Avon Lake), 21:28.0; 16. Cammy Greenlee (Brecksville), 21:31.6; 17. Cara Giannuzzi (Amherst), 21:36.3; 18. Katie Chalfant (Olmsted Falls), 21:37.3; 19. Megan Hamilton (Brecksville), 21:41.1; 20. Audrey Spensley (Avon Lake), 21:45.9; 21. Ashley Hauck (Amherst), 21:55.1; 22. Hannah Sekerak (Brecksville), 21:58.1; 23. Michelle Appel (Westlake), 22:00.1; 24. Julia Jantz (Avon Lake), 22:06.5; 25. Jasmine Welch (Westlake), 22:08.1

Open

1. Leah Tan (Brecksville), 21:36.6; 2. Kayleigh Antonelli (Brecksville), 21:53.2

2012: @Lorain County Community College (Oct. 13)

1. Brecksville, 50; 2. Amherst, 71; 3. North Olmsted, 85; 4. Avon Lake, 98; 5. Westlake, 107; 6. Olmsted Falls, 121; 7. Berea, 198; 8. Midpark, 240

1. Alexis Szivan (Amherst), 19:53.3; 2. Cassie Vince (Amherst), 20:00.5; 3. Emily Johnson (Amherst), 20:17.7; 4. Olivia Cook (Brecksville), 20:21.0; 5. Emily Johr (North Olmsted), 20:24.7; 6. Allie Spensley (Avon Lake), 20:32.3; 7. Melissa Rains (Brecksville), 20:36.8; 8. Jaime Fossen (Olmsted Falls), 20:41.0; 9. Brittany Carson (Olmsted Falls), 20:43.2; 10. Erin Beaver (Brecksville), 20:50.3; 11. Miranda DiBasio (Berea), 20:52.5; 12. Grace Jenkins (Westlake), 20:56.4; 13. Haley Reines (North Olmsted), 20:58.7; 14. Leah Tan (Brecksville), 20:59.0; 15. Olivia Cole (Brecksville), 20:59.3; 16. Megan Hamilton (Brecksville), 21:08.9; 17. Sarah Schlabig (Brecksville), 21:10.0; 18. Julia Jantz (Avon Lake), 21:16.1; 19. Becky Szabo (North Olmsted), 21:17.4; 20. Robyn Hageman (Westlake), 21:17.7; 21. Annie Wennerberg (Avon Lake), 21:30.7; 22. Nora Lee (Westlake), 21:31.2; 23. Rebecca Shroka (North Olmsted), 21:34.9; 24. Morgan Hansen (Westlake), 21:39.3; 25. Sabreen Alameddin (North Olmsted), 21:46.7

Open

1. Natalie DeNigris (Brecksville), 21:54.4; 2. Joanna Schnell (Brecksville),

21:56.6

2011: @Lorain County Community College (Oct. 15)

1. Brecksville, 37; 2. Amherst, 66; 3. North Olmsted, 108; 4. Avon Lake, 110; 5. Westlake, 148; 6. Berea, 159; 7. Olmsted Falls, 160; 8. Midpark, 160

1. Shakita Kabicek (Midpark), 19:29.6; 2. Miranda DiBiasio (Berea), 19:54.6; 3. Lauren Greenlee (Brecksville), 20:07.2; 4. Jillian Bajaksouzia (Brecksville), 20:22.5; 5. Emily Johnson (Amherst), 20:29.1; 6. Angelica Bucci (Amherst), 20:40.9; 7. Melissa Rains (Brecksville), 20:46.6; 8. Haley Reines (North Olmsted),
20:47.9; 9. Emily John (North Olmsted), 20:52.4; 10. Leah Tan (Brecksville), 21:00.7; 11. Olivia DiBiasio (Berea), 21:02.2; 12. Maria Cocita (Midpark), 21:14.1; 13. Veronica Thompson (Brecksville), 21:21.0; 14. Grace Jenkins (Westlake), 21:27.0; 15. Annie Wennerberg (Avon Lake), 21:36.9; 16. Alexis Szivan (Amherst), 21:42.1; 17. Katy Link (Avon Lake), 21:44.0; 18. Erin Beaver (Brecksville), 21:45.0; 19. Megan Beal (Amherst), 21:51.4; 20. Nina Hill (Amherst), 21:56.5; 21. Morgan Hansen (Westlake), 22:06.5; 22. Jaime Fossen (Olmsted Falls), 22:07.6; 23. Libby Roether (Brecksville), 22:21.6; 24. Katey Faber (Avon Lake), 22:24.2; 25. Jessica Lambert (Avon Lake), 22:24.6

Open
1. Olivia Cole (Brecksville), 21:55.1; 2. Megan Beaver (Brecksville), 22:26.1

2010: @Lorain County Community College (Oct. 16)

1. Brecksville, 50; 2. Avon Lake, 73; 3. Amherst, 78; 4. Berea, 92; 5. North Olmsted, 139; 6. Olmsted Falls, 149; 7. Westlake, 167; 8. Midpark, 179

1. Miranda DiBiasio (Berea), 19:27.0; 2. Shakita Kabicek (Midpark), 19:45.4; 3. Katy Link (Avon Lake), 19:54.6; 4. Emily Johnson (Amherst), 20:08.5; 5. Annie Wennerberg (Avon Lake), 20:09.8; 6. Allison Stucky (Brecksville), 20:13; 7.

Kasey Schuler (Amherst), 20:21.0; 8. Lauren Greenlee (Brecksville), 20:22; 9. Haley Reines (North Olmsted), 20:25.7; 10. Libby Roether (Brecksville), 20:30; 11. Olivia DiBiasio (Berea), 20:35; 12. Melissa Rains (Brecksville), 20:41; 13. Kristie Haslett (Berea), 20:47; 14. Jillian Bajaksouzian (Brecksville), 20:49; 15. Tabitha Jacofsky (Brecksville), 20:49; 16. Megan Beaver (Brecksville), 20:54; 17. Rachel Botoulas (Olmsted Falls), 21:00.8; 18. Jessica Lambert (Avon Lake), 21:01.1; 19. Maddie Furrer (Avon Lake), 21:06.9; 20. Nina Hill (Amherst), 21:11.8; 21. Marita Cocita (Midpark), 21:21; 22. Melanie Trefny (North Olmsted),
21:30.2; 23. Katie Sooy-Schultz (Amherst), 21:40.4; 24. Sarah Walters (Amherst),
21:48.2; 25. Amy Veverka (North Olmsted), 21:51.1

Open
1. Leah Tan (Brecksville), 20:54; 2. Beth Petro (Brecksville), 21:08

2009: @Lorain County Community College (Oct. 17)

1. Brecksville, 22; 2. Avon Lake, 84; 3. Olmsted Falls, 87; 4. Amherst, 94; 5. North Olmsted, 105; 6. Berea, 160; 7. Midpark, 170; 8. Westlake, 198

1. Katy Link (Avon Lake), 19:57.81; 2. Allison Stucky (Brecksville), 20:13.75; 3. Lauren Greenlee (Brecksville), 20:29.00; 4. Hannah Pulliam (Brecksville), 20:33.88; 5. Haley Reines (North Olmsted), 20:34.24; 6. Libby Roether (Brecksville), 20:35.32; 7. Rachael Paszko (Brecksville), 20:43.08; 8. Miranda Weed (Avon Lake), 20:51.16; 9. Brittany Carson (Olmsted Falls), 20:52.61; 10. Olivia DiBiasio (Berea), 20:57.85; 11. Shakita Kabicek (Midpark), 21:05.11; 12. Rachel Botoulas (Olmsted Falls), 21:08.92; 13. Maddie Furrer (Avon Lake), 21:09.47; 14. Kasey Schuler (Amherst), 21:15.91; 15. Sarah Walters (Amherst), 21:20.29; 16. Megan Beaver (Brecksville), 21:20.57; 17. Lindsey Kaschak (Olmsted Falls), 21:28.66; 18. Jaime Fossen (Olmsted Falls), 21:36.65; 19. Erica Kelly (Amherst), 21:36.98; 20. Kirsten Ressel (North Olmsted), 21:47.85; 21. Sarah Martynowski (North Olmsted), 21:50.42; 22. Devan Molnar (Amherst), 21:52.50; 23. Vanessa Gut (North Olmsted), 21:54.31; 24. Emily Johnson (Amherst), 21:55.34; 25. Nina Hill (Amherst) 22:04.05

Open
1. Abbie Hornyak (Amherst), 21:39.37; 2. Benita Wu (Brecksville), 22:00.31

2008: @Lorain County Community College (Oct. 11)

1. Brecksville, 39; 2. Avon Lake, 94; 3. Amherst, 98; 4. Berea, 101; 5. North Olmsted, 121; 6. Olmsted Falls, 131; 7. Midpark, 138; 8. Westlake, 192

1. Katy Link (Avon Lake), 19:37; 2. Miranda Weed (Avon Lake), 20:04; 3. Aly Dosen (Brecksville), 20:05; 4. Molly Jacobson (Brecksville), 20:08; 5. Jane Lehman (Amherst), 20:14; 6. Sophia Kopasakis (Westlake), 20:18; 7. Meghan Wade (Berea), 20:21; 8. Olivia DiBiasio (Berea), 20:21; 9. Rachael Paszko (Brecksville), 20:26; 10. Rachel Botoulas (Olmsted Falls), 20:51; 11. Lauren Greenlee (Brecksville), 21:02; 12. Megan Beaver (Brecksville), 21:06; 13. Veronica Thompson (Brecksville), 21:12; 14. Jessica Bartholomew (Amherst), 21:14; 15. Ciara Catalano (Brecksville), 21:15; 16. Vanessa Gut (North Olmsted), 21:18; 17. Chelsea Kovalcsik (Berea), 21:34; 18. Amber Bourcier (Midpark), 21:41; 19. Kristin Tripi (Midpark), 21:45; 20. Melanie Trefny (North Olmsted), 21:46; 21. Kasey Schuler (Amherst), 21:48; 22. Alex Goots (North Olmsted), 21:49; 23. Melissa Clark (Olmsted Falls), 22:11; 24. Alyssa Bove (Amherst), 22:13; 25. Jane Duskey (Avon Lake), 22:14

Open
1. Tabitha Jacofsky (Brecksville), 21:40; 2. Sarah Walters (Amherst), 22:32 2007: @Lorain County Community College (Oct. 13)

1. Brecksville, 21; 2. Amherst, 60; 3. North Olmsted, 98; 4. Avon Lake, 108; 5. Westlake, 135; 6. Berea, 164; 7. Olmsted Falls, 174; 8. Midpark, 210

1, Megan McAdams (Brecksville), 19:34; 2. Aly Dosen (Brecksville), 19:42; 3. Molly Jacobson (Brecksville), 19:54; 4. Rachael Paszko (Brecksville), 20:08; 5. Sophia Kopasakis (Westlake), 20:14; 6. Michele Molnar (Amherst), 20:39; 7. Meghan Wade (Berea), 20:41; 8. Kasey Schuler (Amherst), 20:44; 9. Lauren Ledek (Westlake), 20:44; 10. Jessica Bartholomew (Amherst), 20:45; 11. Hannah

Pulliam (Brecksville), 20:45; 13. Allison Schmidt (Brecksville), 20:46; 14. Miranda Weed (Avon Lake), 20:59; 15. Nicole Georgalis (North Olmsted), 21:02; 16. Rebecca Powers (Brecksville), 21:05; 17. Erica Kelly (Amherst), 21:07; 18. Andria Bazilevich (North Olmsted), 21:11; 19. Jane Lehman (Amherst), 21:12; 20. Alyssa Molnar (Avon Lake), 21:25; 21. Alex Goots (North Olmsted), 21:38; 22.
Melissa Clark (Olmsted Falls), 21:39; 23. Julie Hardgrove (Avon Lake), 21:41; 24. Kristin Tripi (Midpark), 21:41; 25. Katie Adams (Avon Lake), 21:43

2006: @Lorain County Community College (Oct. 14)

1. Brecksville, 33; 2. Amherst, 42; 3. North Olmsted, 104; 4. Avon Lake, 119; 5. Olmsted Falls, 149; 6. Westlake, 151; 7. Berea, 160; 8. Midpark, 192

1. Megan McAdams (Brecksville), 19:31; 2. Molly Jacobson (Brecksville), 19:36; 3. Aly Dosen (Brecksville), 19:56; 4. Katie White (Berea), 20:15; 5. Michele Molnar (Amherst), 20:35; 6. Jane Lehman (Amherst), 20:35; 7. Sophia Kopasakis (Westlake), 20:37; 8. Betsy Melick (Amherst), 20:38; 9. Rachel Pekarik (Brecksville), 20:39; 10. Tealla Scrofano (Amherst), 20:52; 11. Jordan Sowecke (North Olmsted), 20:58; 12. Lauren Ledek (Westlake), 21:11; 13. Jessica Bartholomew (Amherst), 21:17; 14. Megan Byrne (Amherst), 21:24; 15. Emily Hudson (Avon Lake), 21:27; 16. Melissa Clark (Olmsted Falls), 21:29; 17. Alyssa Molnar (Avon Lake), 21:29; 18. Rachel Paszko (Brecksville), 21:31; 19. Ashley Pace (Brecksville), 21:35; 20. Kaela Snyder (North Olmsted), 21:41; 21. Nicole Georgalis (North Olmsted), 21:46; 22. Kaytee Elkins (Brecksville), 21:48; 23. Amber Bourcier (Midpark), 22:03; 24. Katie Adams (Avon Lake), 22:04; 25. Alex Goots (North Olmsted), 22:08

Open
1, Rebecca Powers (Brecksville), 21:16; 2. Sarah Boucherle (Avon Lake), 21:17

2005: @Brecksville High School (Oct. 8)

1. Brecksville, 57; 2. Avon Lake, 62; 3. North Olmsted, 67; 4. Amherst, 79; 5. Berea, 101; 6. Olmsted Falls, 145; 7. Midpark, 180; 8. Westlake, 228

1. Katie Ickes (Avon Lake), 20:20; 2. Kara Lauver (North Olmsted), 20:49; 3. Molly Jacobson (Brecksville), 21:02; 4. Megan McAdams (Brecksville), 21:02; 5.
Jessica Bartholomew (Amherst), 21:17; 6. D'Arcy Hlavin (Berea), 21:27; 7. Randi
Robertson (Avon Lake), 21:24; 8. Jenny Adams (Avon Lake), 21:35; 9. Nicole Georgalis (North Olmsted), 21:42; 10. Katie White (Berea), 21:45; 11. Brittany Busse (North Olmsted), 21:49; 12. Tasha Obrin (Berea), 21:53; 13. Shannon McDonald (Amherst), 21:58; 14. Nicol Snitil (Brecksville), 22:01; 15. Laura Yamsek (Brecksville), 22:03; 16. Jenny Maykut (Midpark), 22:10; 17. Alyssa Bove (Amherst), 22:17; 18. Alyssa Molnar (Avon Lake), 22:25; 19. Betsy Melick (Amherst), 22:31; 20. Leah Wynalek (Olmsted Falls), 22:34; 21. Bonnie Koss (Brecksville), 22:38; 22. Kara Gut (North Olmsted), 22:42; 23. Andria Bazilevich (North Olmsted), 22:43; 24. Brittany Averweg (Olmsted Falls), 22:45; 25. Tealla Scrofano (Amherst), 22:47

Open
1. Michele Molnar (Amherst), 22:54; 2. Siobhan Hahn (North Olmsted), 23:25

2004: @Lorain County Community College (Oct. 11)

1. Avon Lake, 43; 2. Amherst, 68; 3. North Olmsted, 86; 4. Rocky River, 91; 5. Bay, 99; 6. Olmsted Falls, 111; 7. Westlake, 154; 8. Fairview (incomplete team).

1. Katie Nowak (Avon Lake), 19:39; 2. Katie Ickes (Avon Lake), 19:58; 3. Caroline Sanker (Rocky River), 20:17; 4. Randi Robertson (Avon Lake), 20:21; 5.
Jenny Adams (Avon Lake), 20:25; 6. Tealla Scrofano (Amherst), 20:29; 7. Hannah Farver (Bay), 20:32; 8. Kaela Snyder (North Olmsted), 20:38; 9. Kristina Bove (Amherst), 20:54; 10. Sara Gosses (Amherst), 20:58; 11. Brittany Busse (North Olmsted), 20:59; 12. Megan McCrone (Bay), 21:04; 13. Charlotte Oliver (Olmsted

Falls), 21:10; 14. Ellie Brandt (Rocky River), 21:14; 15. Brittany Averweg (Olmsted Falls), 21:18; 16. Katherine Feather (Bay), 21:21: 17. Nicole Georgalis (North Olmsted), 21:24; 18. Shannon McDonald (Amherst), 21:25; 19. Jade Braden (Rocky River), 21:28; 20. Elizabeth Opett (Rocky River), 21:29; 21. Stephanie Seng (Olmsted Falls), 21:36; 22. Erica Smith (Bay), 21:24; 23. Charlotte Tsui (Westlake), 21:44; 24. Andria Bazilevich (North Olmsted), 21:45; 25. Betsy Melick (Amherst), 21:46.

Open
1. Amanda Shuttleworth (Fairview), 22:07; 2. Lynn Switaj (Avon Lake), 22:08

2003: @Lorain County Community College (Oct. 4)

1. Avon Lake, 35; 2. Amherst, 63; 3. Bay, 100; 4. Rocky River, 103; 5. North Olmsted, 106; 6. Westlake, 151; 7. Olmsted Falls, 176; 8. Fairview, 217.

1. Caroline Sanker (Rocky River), 20:22; 2. Stephanie Seng (Olmsted Falls), 20:23; 3. Lauren Donnelly (Avon Lake), 20:32; 4. Kyle Dandrea (Amherst), 20:41; 5. Katie Nowak (Avon Lake), 21:13; 6. Christy Melick (Amherst), 21:18; 7. Stacey Pearson (Bay), 21:26; 8. Megan McGuire (Avon Lake), 21:30; 9. Randi Robertson
(Avon Lake), 21:32; 10. Jenny Adams (Avon Lake), 21:33; 11. Kaela Snyder (North Olmsted), 21:36; 12. Katie Kisela (North Olmsted), 21:50; 13. Molly Bartkiewicz (Westlake), 21:53; 14. Krystina Bove (Amherst), 21:53; 15. Colleen Conway (North Olmsted), 21:53; 16. Natalie Snyder (Rocky River), 21:54); 17. Megan McCrone (Bay), 21:59; 18. Sara Gosses (Amherst), 22:02; 19. Kylie Krauss (Bay), 22:28; 20. Sarah Otts (Avon Lake), 22:11.

Open
1. Val Spang (Bay), 23:27; 2. Abby Morris (Amherst), 23:32

2002: @Lorain County Community College (Oct. 5)

1. Amherst, 41; 2. Avon Lake, 59; 3. Rocky River, 77; 4. Westlake, 95; 5. North Olmsted, 101; 6. Bay, 117; 7. Olmsted Falls, 199; 8. Fairview, 239.

1. Caroline Sanker (Rocky River), 19:17; 2. Katie Nowak (Avon Lake), 19:18; 3. Megan McGuire (Avon Lake), 20:12; 4. Christina Kallas (Amherst), 20:16; 5. Bethany Trapp (North Olmsted), 20:20; 6. Shannon McDonald (Amherst), 20:31; 7. Kyle Dandrea (Amherst), 20:33; 8. Lauren Brooks (Westlake), 20:35; 9. Jillian Altus (Rocky River), 20:44; 10. Krystina Bove (Amherst), 20:45; 11. Theresa Seitz
(North Olmsted), 20:52; 12. Megan Coy (Avon Lake), 20:56; 13. Stacey Pearson (Bay), 21:04; 14. Christy Melick (Amherst), 21:06; 15. Molly Bartkewicz (Westlake), 21:24; 16. Emily Opett (Rocky River), 21:34; 17. Katie Kisela (North Olmsted), 21:34; 18. Laura King (Westlake), 21:37; 19. Alex D'Amico (Avon Lake), 21:40; 20. Megan McCrone (Bay), 21:42.

Open
1. Lindy Schaffer (Bay), 22:45; 2. Katie Atherton (Avon Lake), 22:59

2001: @Lorain County Community College (Oct. 6)

1. Amherst, 41; 2. Avon Lake, 52; 3. Rocky River, 94; 4. Westlake, 100; 5. Bay, 104; 6. Olmsted Falls, 149; 7. North Olmsted, 155; 8. Fairview, 255.

1. Brittnee Barris (Amherst), 19:47; 2. Megan McGuire (Avon Lake), 20:07; 3. Caroline Sanker (Rocky River), 20:18; 4. Kathryn Petro (Avon Lake), 20:47; 5. Lisa Hanson (Bay), 21:00; 6. Kyle Dandrea (Amherst), 21:05; 7. Jillian Altus (Rocky River), 21:06; 8. Stephanie Kwoon (Westlake), 21:14; 9. Lauren Brooks (Westlake), 21:22; 10. Christina Kallas (Amherst), 21:26; 11. Krystina Bove (Amherst), 21:34; 12. Heather Stasiak (Olmsted Falls), 21:40; 13. Stacey Pearson (Bay), 21:45; 14. Megan Coy (Avon Lake), 21:46; 15. Kathryn Stuebner (Avon Lake), 21:47; 16. Christina Shumyla (Amherst), 21:55; 17. Elise Wach (Avon Lake), 22:00; 18. Theresa Seitz (North Olmsted), 22:03; 19. Emily Opett (Rocky River), 22:04; 20. Katy Mariner (Avon Lake), 22:07.

Open

1. Laura Decker (Avon Lake), 22:29; 2. Gwen Richards (Avon Lake), 22:36

2000: @Lorain County Community College (Oct. 7)

1. Amherst, 38; 2. Avon Lake, 41; 3. Bay, 62; 4. Olmsted Falls, 86; 5. Westlake, 136; 6. Rocky River, 172; 7. North Olmsted, 175; 8. Fairview, 255.

1. Megan McGuire (Avon Lake), 19:47; 2. Brittnee Barris (Amherst), 19:49; 3. Lisa Hanson (Bay), 20:45; 4. Pam McVicker (Bay) 21:06; 5. Gretchen Gilder (Amherst), 21:17; 6. Jacyln Boettcher (Bay), 21:18; 7. Lindsey Hipp (Amherst), 21:19; 8. Christina Kallas (Amherst), 21:21; 9. Julie Dickinson (Olmsted Falls), 21:23; 10. Megan Stoyka (Olmsted Falls), 21:26; 11. Megan Coy (Avon Lake), 21:27; 12. Kathryn Petro (Avon Lake), 21:41; 13. Lauren Benedict (Avon Lake), 21:42; 14. Jennifer McNamara (Avon Lake), 21:50; 15. Sarah Morgan (Westlake), 21:51; 16. Kim Rhoades (Amherst), 22:03; 17. Jaclyn Averweg (Olmsted Falls) 22:12; 18. Stacey Pearson (Bay), 22:13; 19. Emily Opett (Rocky River), 22:14; 20. Julie Weaver (Avon Lake), 22:18.

Open
1. Theresa Seitz (North Olmsted), 21:37; 2. Kyle Dandrea (Amherst), 22:57

1999: @Lorain County Community College (Oct. 9)

1. Amherst, 35; 2. Olmsted Falls, 37; 3. North Olmsted, 69; 4. Avon Lake, 121; 5. Westlake, 125; 6. Bay, 139; 7. Rocky River, 178; 8. Fairview, incomplete team.

1. Brittnee Barris (Amherst), 20:10; 2. Christine Shumyla (Amherst), 20:19; 3. Lindsey Dieringer (Fairview), 20:40; 4. Rebecca Hromi (North Olmsted), 20:42; 5.
Megan Stoyka (Olmsted Falls), 21:03; 6. Lisa Hanson (Bay), 21:06; 7. Julie Dickinson (Olmsted Falls), 21:11; 8. Katie Biscotti (Fairview), 21:22; 9. Gretchen Gilder (Amherst), 21:27; 10. Katie Zwingler (Olmsted Falls), 21:31; 11. Bethany Trapp (Olmsted Falls), 21:35; 12. Kelly Henton (Olmsted Falls), 21:46; 13.

Theresa Seitz (North Olmsted), 21:46; 14. Laura Brinkley (Amherst), 21:56; 15. Heather Stay (Amherst), 21:56; 16. Abbey Copan (North Olmsted), 21:58; 17. Hallie Stock (Westlake), 22:10; 18. Sarah Morgan (Westlake), 22:11; 19. Sandy McCreary (Rocky River), 22:12; 20. Jennifer McNamara (Avon Lake), 22:13.

Open
1. Anne Woods (North Olmsted), 22:33; 2. Jackie Averweg (Olmsted Falls), 22:46

1998: @Lorain County Community College (Oct. 10)

1. Westlake, 55; 2. Amherst, 68; 3. Avon Lake, 84; 4. Olmsted Falls, 95; 5. Bay, 127; 6. Rocky River, 130; 7. North Olmsted, 139; 8. Fairview, 210.

1. Mary Gyor (Westlake), 20:16; 2. Sandy McCreary (Rocky River), 20:31; 3. Sarah Ezzie (Bay), 20:40; 4. April Gyor (Westlake), 20:43; 5. Kaity Stuebner (Avon Lake), 20:56; 6. Karla Spontik (Amherst), 21:03; 7. Lindsay Sereika (Rocky
River), 21:06; 8. Hallie Stock (Westlake), 21:07; 9. Jodi Rhodes (Amherst), 21:19; 10. Julie Dickinson (Olmsted Falls), 21:23; 11. Abbey Copan (North Olmsted), 21:35; 12. Julie Weaver (Avon Lake), 21:37; 13. Katie Zwingler (Olmsted Falls), 21:38; 14. Angie Skeeles (Amherst), 21:42; 15. Johanna Ratzel (Westlake), 21:45; 16. Jen McNamara (Avon Lake), 21:51; 17. Britt Ericson (Amherst), 21:54; 18. Lauren Benedict (Avon Lake), 21:54; 19. Dana Dombrowski (Olmsted Falls), 21:59; 20. Katie Biscotti (Fairview), 21:59.

Open
1. Heather Stay (Amherst), 22:46; 2. Rachel Fortino (Amherst), 23:01

1997: @Lorain County Community College (Oct. 4)

1. Westlake, 32; 2. Avon Lake, 60; 3. Amherst, 70; 4. Rocky River, 104; 5. North Olmsted, 119; 6. Olmsted Falls, 146; 7. Fairview, 160; 8. Bay, 206.

1. Colleen Byrne (Avon Lake), 20:04; 2. Jenny McGuire (North Olmsted), 20:37; 3. Karyn Kelly (Westlake), 21:04; 4. Mary Gyor (Westlake), 21:08; 5. Kelli Myers (Amherst), 21:11; 6. Jill Aron (Westlake), 21:22; 7. Sandy McCreary (Rocky River), 21:25; 8. April Gyor (Westlake), 21:33; 9. Kim Horton (Avon Lake), 21:34; 10. Crystal Dill (Avon Lake), 21:38; 11. Hallie Stock (Westlake), 21:53; 12.
Erin Clere (Rocky River), 21:56; 13. Britt Ericson (Amherst), 22:01; 14. Julie Dickinson (Olmsted Falls), 22:02; 15. Karla Spontik (Amherst), 22:03; 16. Megan Stoyka (Olmsted Falls), 22:10; 17. Angie Skeeles (Amherst), 22:21; 18. Anne Purdy (Rocky River), 22:29; 19. Jessie Onan (Avon Lake), 22:36; 20. Jodi Rhoades (Amherst), 22:43.

Open
1. Laura Brinkley (Amherst), 22:53; 2. Jennifer Arnold (Westlake), 24:23

1996: @Lorain County Community College (Oct. 5)

1. Westlake, 31; 2. Amherst, 34; 3. Fairview, 82; 4. Avon Lake, 108; 5. Bay, 145; 6. Rocky River, 148; 7. North Olmsted, 159; 8. Olmsted Falls

1. Colleen Byrne (Avon Lake), 19:47; 2. Christine Thompson (Amherst), 20:14; 3.
Mary Gyor (Westlake), 20:18; 4. Jill Aron (Westlake), 20:49; 5. Jen Luca (Amherst), 21:14; 6. Karyn Kelly (Westlake), 21:22; 7. April Gyor (Westlake), 21:26; 8. Heather Skeeles (Amherst), 21:27; 9. Leslie Paine (Amherst), 21:29; 10. Kelli Myers (Amherst), 21:32; 11. Hallie Stock (Westlake), 21:43; 12. Jennie Biscotti (Fairview), 21:50; 13. Katie Biscotti (Fairview), 21:54; 14. Elizabeth Jeffers (Bay), 21:56

Open
1. Britt Ericson (Amherst), 22:02; 2. Unavailable

1995: @Lorain County Community College

1. Amherst, 45; 2. Avon Lake, 75; 3. Bay, 75; 4. Westlake, 94; 5. North Olmsted, 137; 6. Rocky River, 150; 7. Olmsted Falls, 164; 8. Fairview, 187

1. Christine Thompson (Amherst), 19:14; 2. Colleen Byrne (Avon Lake), 19:23; 3.
Elizabeth Jeffers (Bay), 21:01; 4. Mary Gyor (Westlake), 21:04; 5. Kim Rothman (Olmsted Falls), 21:07; 6. Jenny McGuire (North Olmsted), 21:15; 7. Kelly Nye (Amherst), 21:22; 8. Katey Plymesser (Bay), 21:30; 9. Erin McLaughlin (Rocky River), 21:36; 10. Leslie Paine (Amherst), 21:39; 11. Britt Ericson (Amherst), 21:40; 12. Angie Gerhan (Avon Lake), 21:45; 13. Julie Sherman (Olmsted Falls), 21:45; 14. Alison Pliske (Bay), 21:48

Open
1. Jodi Rhoades (Amherst), 22:06; 2. Jenny Luca (Amherst), 22:39

1994: @Lorain County Community College (Oct. 8)

1. Amherst, 45; 2. Avon Lake, 56; 3. Rocky River, 102; 4. Westlake, 115; 5. Bay, 128; 6. Fairview, 133; 7. North Olmsted, 150; 8. Olmsted Falls, 202

1. Christine Thompson (Amherst), 19:04; 2. Colleen Byrne (Avon Lake), 19:31; 3. Kim Rothman (Olmsted Falls), 20:12; 4. Amanda Cooper (Avon Lake), 20:27; 5. Kate Vaughan (North Olmsted), 20:50; 6. Katey Plymesser (Bay), 21:13; 7. Ria Ross (Amherst), 21:20; 8. Kelly Nye (Amherst), 21:21; 9. Melissa Fiatal (Rocky River), 21:22; 10. Beth Huffman (Rocky River), 21:26; 11. Kristen Bardou (Rocky
River), 21:32; 12. Leslie Paine (Amherst), 21:35; 13. Karyn Kelly (Westlake), 21:46; 14. Sarah Weaver (Avon Lake), 21:50

Open
1. Jenny Webber (Amherst), 23:29; 2. Erin Walsh (Westlake), 23:42

1993: @Lorain County Community College (Oct. 9)

1. Amherst, 30; 2. Fairview, 74; 3. Rocky River, 83; 4. Bay, 92; 5. Avon Lake, 117; 6. Westlake, 122; 7. North Olmsted, 149; 8. Olmsted Falls (incomplete team)

1. Christine Thompson (Amherst), 20:30; 2. Kim Rothman (Olmsted Falls), 20:39; 3. Mary Noelle Demmerle (Fairview), 20:59; 4. Beth Huffman (Rocky River), 21:08; 5. Ria Ross (Amherst), 21:11; 6. Kristen Bardou (Rocky River), 21:13; 7.
Kathy Horton (Avon Lake), 21:16; 8. Sue Dziama (Amherst), 21:17; 9. Marissa Spellman (Amherst), 21:35; 10. Allyson Tullos (Fairview), 21:38; 11. Leslie Paine (Amherst), 21:43; 12. Sara Beesley (Bay), 21:46; 13. Katey Plymesser (Bay), 22:07; 14. Kelly McCrone (North Olmsted), 22:14

Open
1. Molly Dulmage (Amherst), 23:09; 2. Jen Buford (Amherst), 23:56

1992: @Lorain County Community College (Oct. 10)

1. Amherst, 43; 2. Westlake, 59; 3. Avon Lake, 71; 4. Fairview, 101; 5. Rocky River, 111; 6. North Olmsted, 167; 7. Bay, 1776; 8. Olmsted Falls, 199

1. Amy McKinley (Amherst), 18:49; 2. Tina Lokar (Westlake), 19:33; 2. Mary Noelle Demmerle (Fairview), 19:57; 4. Sue Dziama (Amherst), 20:07; 5. Beth Huffman (Rocky River), 20:13; 6. Kathy Horton (Avon Lake)., 20:18; 7. Sharon Wilson (Westlake), 20:25; 8. Amy Thompson (Amherst), 20:43; 9. Susie Kowalski (Westlake), 21:02; 10. Kim Rothman (Olmsted Falls), 21:16; 11. Amy Kneiss
(Avon Lake), 21:18; 12. Megan Panek (Fairview), 21:25; 13. Alison Virgei (Avon Lake), 21:30; 14. Marissa Spellman (Amherst), 21:42

Open
1. Nicole Bando (Westlake), 23:37; 2. Brigitte Weyls (Westlake), 24:03

1991: @Lorain County Community College (Oct. 5)

1. Amherst, 15; 2. Avon Lake, 70; 3. Westlake, 80; 4. Fairview, 113; 5. Rocky River, 144; 6. Bay, 153; 7. North Olmsted, 180; 8. Olmsted Falls, 192

1. Amy McKinley (Amherst), 19:37; 2. Sue Dziama (Amherst), 19:45; 3. Colleen Young (Amherst), 20:41; 4. Marissa Spellman (Amherst), 21:03; 5. Amy Thompson (Amherst), 21:04; 6. Rachel Dorsch (Amherst), 21:10; 7. Mary Noelle Demerle (Fairview), 21:14; 8. Kathy Horton (Avon Lake), 21:15; 9. Judy Crawford
(Fairview), 21:27; 10. Tina Lokar (Westlake), 21:32; 11. Amanda Cooper (Avon Lake), 21:41; 12. Alison Virgei (Avon Lake), 21:41; 13. Anna Gerborg
(Westlake), 22:04; 14. Lisa Kalinoski (Bay), 22:18

Open
1. Katie Hanna (Amherst), 22:59; 2. Mandy Mlincek (Amherst), 23:40

1990: @Lorain County Community College (Oct. 9)

1. Amherst, 22; 2. Avon Lake, 63; 3. Westlake, 95; 4. Rocky River, 103; 5. Olmsted Falls, 148; 6. Fairview, 157; 7. Bay, 165; 8. North Olmsted, 180

1. Anjanette Arabian (Rocky River), 20:10; 2. Amy McKinley (Amherst), 20:41; 3.
Colleen Young (Amherst), 21:04; 4. Rachel Dorsch (Amherst), 21:13; 5. Sue Dziama (Amherst), 21:30); 6. Judy Crawford (Fairview), 21:30; 7. Tina Lokar (Westlake), 21:30; 8. Jill Stavole (Amherst), 21:34; 9. Jessica Ross (Westlake), 21:40; 10. Shauna Rumsey (Avon Lake), 21:44; 11. Laura West (Avon Lake), 21:48; 12. Cara McClain (Olmsted Falls), 21:50; 13. Kathy Horton (Avon Lake), 22:05; 14. Jennifer Saul (Avon Lake), 22:09

Open
1. Marissa Spellman (Amherst), 23:18; 2. Amanda Bartel (Westlake), 24:49

1989: @Lorain County Community College (Oct. 10)

1. Avon Lake, 49; 2. Westlake, 57; 3. Amherst, 76; 4. Bay, 110; 5. Rocky River, 125; 6. Fairview, 153; 7. Olmsted Falls, 153; 8. North Olmsted, 192

1. Anjanette Arabian (Rocky River), 19:37; 2. Cindy Bailey (Westlake), 20:14; 3. Jessica Ross (Westlake), 20:19; 4. Tina Lokar (Westlake), 20:19; 5. Jennifer Saul (Avon Lake), 20:27; 6. Lisa Kalinoski (Bay), 20:38; 7. Shauna Rumsey (Avon Lake), 20:43; 8. Colleen Young (Amherst), 20:44; 9. Julie Hart (Avon Lake), 20:51; 10. Jill Stavole (Amherst), 20:54; 11. Kirsten Fawcett (Bay), 21:32; 12. Melissa Daley (Rocky River), 21:34; 13. Laura West (Avon Lake), 21:34; 14. Cara McClain (Olmsted Falls), 21:37

Open
1. Amy McKinley (Amherst), 23:22; 2. Anne Pussell (Westlake), 23:28

1988: @Lorain County Community College (Oct. 11)

1. Avon Lake, 31; 2. Westlake, 74; 3. Olmsted Falls, 91; 4. Rocky River, 117; 5. North Olmsted, 116; 6. Amherst, 124; 7. Fairview, 178; 8. Bay, 198

1. Angie Inge (Olmsted Falls), 19:33; 2. Allison Taylor (Westlake), 19:51; 3. Anjanette Arabian (Rocky River), 20:16; 4. Julie Hart (Avon Lake), 20:36; 5. Jennifer Saul (Avon Lake), 20:42; 6. Vivienne Lochhead (Avon Lake), 20:43; 7. Sarah Schuster (Avon Lake), 20:44; 8. Cindy Bailey (Westlake), 21:08; 9. Laura West (Avon Lake), 21:12; 10. Cara McClain (Olmsted Falls), 21:28; 11. Jessica Ross (Westlake), 21:47; 12. Amy Bednar (Rocky River), 21:49; 13. Amy Houdeshell (Avon Lake), 21:50; 14. Toni Grant (Avon Lake), 21:54

Open
1. Shauna Rumsey (Avon Lake), 21:53; 2. Krista Kowles (Avon Lake), 23:00

1987: @Lorain County Community College (Oct. 13)

1. Avon Lake, 46; 2. Olmsted Falls, 47; 3. Westlake, 56; 4. Rocky River, 110; 5. Fairview, 147; 6. North Olmsted, 154; 7. Bay, 163; 8. Amherst, 185

1. Kim Haluscsak (Olmsted Falls), 18:52; 2. Angie Inge (Olmsted Falls), 20:01; 3.
Julie Hart (Avon Lake), 20:16; 4. Nancy Fullerton (Fairview), 20:26; 5. Allison Taylor (Westlake), 20:35; 6. Catherine Ponstingle (Westlake), 20:48; 7. Jennifer Saul (Avon Lake), 20:56; 8. Kirsty Lochhead (Avon Lake), 21:05; 9. Cara McClain (Olmsted Falls), 21:12; 10. Vivienne Lochhead (Avon Lake), 21:16; 11. Christa Erml (Rocky River), 21:26; 12. Cindy Bailey (Westlake), 21:41; 13. Beth Rickson (Bay), 21:47; 14. Stacy Foley (Westlake), 21:50

Open
1. J. Wimmer (North Olmsted), 23:32; 2. Tracy Raleigh (Fairview), 23:51

1986: @Lorain County Community College (Oct. 11)

1. Avon Lake, 42; 2. Westlake, 70; 3. Bay, 84; 4. Olmsted Falls, 91; 5. Fairview, 112; 6. Rocky River, 112; 7. North Olmsted, 192; 8. Amherst, no team

Final team standings
1. Avon Lake; 2. Westlake; 3. Bay; 4. (tie) Fairview, Olmsted Falls and Rocky River; 7. North Olmsted

1. Kim Haluscsak (Olmsted Falls), 19:31; 2. Missy Bailey (Avon Lake), 19:38; 3. Carolyn Goins (Rocky River), 19:56; 4. Kris Niehenke (Avon Lake), 20:16; 5. Stacy Foley (Westlake), 20:33; 6. Catherine Ponstingle (Westlake), 20:48; 7. Allison Taylor (Westlake), 20:51; 8. Nancy Fullerton (Fairview), 20:52; 9. Julie Hart (Avon Lake), 21:03; 10. Kris Winpinsinger (Fairview), 21:09; 11. Pat Sherry (Rocky River), 21:10; 12. Jodi Sandvik (Avon Lake), 21:14; 13. Kris Francy (Bay), 21:21; 14. Beth Rickson (Bay), 21:27

Open
1. Amy Houdeshell (Avon Lake), 21:53; 2. Kirsty Lochhead (Avon Lake), 22:07

1985: @Lorain County Community College (Oct. 5)

1. Avon Lake, 49; 2. Bay, 67; 3. Fairview, 79; 4. Rocky River, 94; 5. Olmsted Falls, 116; 6. Westlake, 125; 7. Medina, 176; 8. North Olmsted, 225

Final team standings
1. Bay; 2. Avon Lake; 3. Rocky River; 4. Fairview; 5. Olmsted Falls; 6. Medina; 7. Westlake; 8. North Olmsted

1. Kim Haluscsak (Olmsted Falls), 20:03; 2. Julie Conner (Rocky River), 20:15; 3.
Christa Erml (Rocky River), 20:20; 4. Stacy Foley (Westlake), 20:24; 5. Carolyn Goins (Fairview), 20:27; 6. Missy Bailey (Avon Lake), 20:48; 7. Kris Niehenke (Avon Lake), 20:51; 8. Beth Rickson (Bay), 20:54; 9. Lisa Clark (Avon Lake), 20:59; 10. Nancy Fullerton (Fairview), 21:03; 11. Yvonne Saul (Avon Lake), 21:04; 12. Chris Bokisa (Fairview), 21:11; 13. Ginger Akins (Bay), 21:23; 14. Gretchen Zahnow (Bay), 21:28

Open
1. Lucy Landis (Bay), 22:11; 2. Amy Houdeshell (Avon Lake), 22:19

1984: @Lorain County Community College (Oct. 9)

1. Avon Lake, 30; 2. Olmsted Falls, 62; 3. Bay, 77; 4. Rocky River, 98; 5. Fairview, 100; 6. Westlake, 155; 7. Medina, 159; 8. North Olmsted, 210

Final team standings
1. Avon Lake, 21; 2. Olmsted Falls, 18; 3. Bay, 13; 4. Rocky River, 12; 5. Fairview; 6. Westlake, 6; 7. Medina, 3; 8. North Olmsted, 0

1. Michelle Kalikin (Olmsted Falls), 19:02; 2. Missy Bailey (Avon Lake), 19:29; 3. Tammy Kalikin (Olmsted Falls), 19:38; 4. Kris Niehenke (Avon Lake), 20:22; 5.
Yvonne Saul (Avon Lake), 20:33; 7. Lisa Clark (Avon Lake), 20:34; 8. Lee Furber

(Rocky River), 20:42; 9. Kathy Urry (Olmsted Falls), 20:51; 10. Gretchen Zahnow
(Bay), 20:51; 11. Beth Rickson (Bay), 20:56; 12. Melinda Wichman (Bay), 21:00; 13. Jodi Sandvik (Avon Lake), 21:01; 14. Kris Winpisinger (Fairview), 21:05

1983: @Lorain County Community College (Oct. 18)

1. Olmsted Falls, 33; 2. Avon Lake, 46; 3. Medina, 95; 4. Bay, 100; 5. North Olmsted, 102; 6. Rocky River, 147; 7. Westlake, 197; 8. Fairview, incomplete team

Final team standings
1. Olmsted Falls; 2. Avon Lake; 3. Bay; 4. Medina; 5. North Olmsted; 6. Rocky River; 7. Westlake; 8. Fairview

1. Michelle Kalikin (Olmsted Falls), 18:28.5; 2. Missy Bailey (Avon Lake), 19:49.4; 3. Kathy Urry (Olmsted Falls), 19:526; 4. Paula Good (Olmsted Falls), 20:10.5; 5. Kris Niehenke (Olmsted Falls), 20:17.1; 6. Lisa Clark (Avon Lake), 20:19.2; 7. Laura Bonnell (Olmsted Falls), 20:32.7; 8. Lisa Moore (Olmsted Falls),
20:56.1; 9. Kelly Horrigan (Rocky River), 21:06.5; 10. Julie Shaffer (Medina), 21:09.0; 11. Jackie Mooney (Bay), 21:26.3; 12. Kelly Lauan (Medina), 21:28.9; 13. Melinda Wichman (Bay), 21:35.7; 14. Yvonne Saul (Avon Lake), 21:45.3

Open
1. Jodi Sandvik (Avon Lake), 22:14; 2. Patti Lynch (Bay), 22:35

1982: @Lorain County Community College (Oct. 12)

1. Olmsted Falls, 38; 2. Bay, 66; 3. Avon Lake, 74; 4. Medina, 100; 5. Rocky River, 118; 6. Westlake, 124; 7. North Olmsted, 154

Final team standings
1. Olmsted Falls; 2. Bay; 3. Avon Lake; 4. Medina; 5. Rocky River; 6. North Olmsted; 7. Westlake

1. Michelle Kalikin (Olmsted Falls), 18:52; 2. Anne DeChant (Avon Lake), 19:24; 3. Laura Bonnell (Olmsted Falls), 19:29; 4. Yvonne Saul (Avon Lake), 19:58; 5. Kathy Urry (Olmsted Falls), 20:04; 6. Amy Lauderback (Bay), 20:07; 7. Michelle Henley (Bay), 20:28; 8. Sally Rhue (Westlake), 20:37; 9. U. Persson (Rocky River), 20:39; 10. Julie Shaffer (Medina), 20:40

Open
1. Ali Chubb (Olmsted Falls), 22:02; 2. Terri Bonnell (Olmsted Falls), 22:03

1981: @Lorain County Community College (Oct. 20)

1. Olmsted Falls, 48; 2. Bay, 56; 3. Westlake, 69; 4. Rocky River, 92; 5. Medina, 119; 6. Avon Lake, 132; 7. North Olmsted, incomplete team

Final team standings
1. Olmsted Falls; 2. Westlake; 3. Bay; 4. Rocky River; 5. Medina; 6. Avon Lake; 7. North Olmsted

1. Sarah Munro (Bay), 15:48.2; 2. Linda Carney (Westlake), 16:28.9; 3. Michelle Kalikin (Olmsted Falls), 16:34.2; 4. Anne DeChant (Avon Lake), 16:59.7; 5. Patty Page (Bay), 17:09.9; 6. Ellen Rohan (Rocky River), 17:14.5; 7. Gretchen Chubb (Olmsted Falls), 17:15.9; 8. Amy Lauderback (Bay), 17.22.0; 9. Laura Bonnell (Olmsted Falls), 17:31.0; 10. Sally Rhue (Westlake), 17:35.8

Open
1. Gail Tisher (Olmsted Falls), 18:14; 2. Kathy Stephens (Olmsteed Falls), 18:52
1980: @Lorain County Community College (Oct. 14)

1. Bay, 28; 2. Olmsted Falls, 54; 3. Medina, 93; 4. Rocky River, 97; 5. Westlake, 115; 6. North Olmsted, 172; 7. Avon Lake, 178; 8. Fairview, incompete team

1. Sarah Munro (Bay), 15:04; 2. Amy Lauderback (Bay), 15:54.2; 3. Michelle Henley (Bay), 15:56.1; 4. Gretchen Chubb (Olmsted Falls), 16:00; 5. Linda Carney

(Westlake), 16:01; 6. Ellen Ingraham (Medina), 16:03; 7. Jean Badar (Rocky River), 16:14; 8. Karen Klucher (Medina), 16:20; 9. Laura Bonnell (Olmsted Falls), 16:25; 10. Suzanne Andre (Bay), 16:36

1979: @Lorain County Community College (Oct. 16)

1. Bay, 55; 2. Rocky River, 57; 3. Olmsted Falls, 58; 4. Westlake, 77; 5. Medina, 104; 6. Avon Lake, 170

1. Cheryl Johanni (Westlake), 15:47.9; 2. Sarah Munro (Bay), 15:48.5; 3. Julie Rusnak (Rocky River), 15:54.9; 4. Judy Schwing (Bay), 15:58.3; 5. Debbie Sobak (Medina), 15:59.5; 6. Sue Simboli (Medina), 16:08.6; 7. Erin Owen (Olmsted Falls), 16:11.2; 8. Linda Carney (Westlake), 16:20.7; 9. Meg McKnight (Rocky River), 16:21.7; 10. Gretchen Chubb (Olmsted Falls), 16:27.5

Open
1. Karen Mock (Rocky River), 17:56; 2. Angie Keen (Rocky River), 18:02

1978: @Lorain County Community College (Oct. 17)

1. Bay, 28; 2. Rocky River, 72; 3. Olmsted Falls, 73; 4. Medina, 83; 5. Avon Lake, 117

1. P.J. Schinski (Bay), 15:32; 2. Carol Miller (Olmsted Falls), 16:24; 3. Sally Blakely (North Olmsted), 16:34; 4. Patty Buckeye (Avon Lake), 16:51; 5. Mary Nilges (Bay), 16:55; 6. Barb Hale (Bay), 16:57; 7. Jean Badar (Rocky River), 16:59; 8. Rachel Munro (Bay), 17:02; 9. Gretchen Chubb (Olmsted Falls0, 17:06; 10. Meg McKnight (Rocky River), 17:06

1977: @Lorain County Community College
1. Bay, 24; 2. Rocky River, 45; 3. Avon Lake, 75; 4. Medina, 86

1. Laura Welch (Bay), 15:38; 2. Julie Rusnak (Rocky River), 15:45; 3. Sally Rush (Bay), 15:46; 4. P.J. Schinski (Bay), 15:58; 5. Kim Gehring (Avon Lake), 16:22; 6.
Kerry Oster (Rocky River), 16:27; 7. Ellen Healy (Bay), 16:28; 8. Patty Buckeye (Avon Lake), 16:44; 9. Judy Schwing (Bay), 16:53; 10. Carol Miller (Olmsted Falls), 16:58

ABOUT PAUL HEYSE

Chronicle-Telegram sportswriter Paul Heyse has reported on high school sports since 1981.

Heyse has covered state track and field and state cross country tournaments since 1984. He has been a sportswriter for the Chronicle-Telegram since 1994. Heyse worked for Sun Newspapers, a chain of weekly newspapers, from 1981 until joining the Chronicle staff.

He earned the 2017 Jim Allen Award for media service by the Lorain County Athletics Administrators Association and the Distinguished Service Award for District 2 in both 2017 and 2023 by the Ohio Association of Track and Cross Country Coaches Association.

Heyse was inducted into the 2011 Berea High Athletic Hall of Fame along with the

1978 football team. He received the 2014 Northeast Ohio Interscholastic Athletic Administrators' Ralph Quisenberry Service Award and 2014 Sam Levine Bowling Memorial Award. Heyse also received 2009 Westlake Relays Dedication Award plus was a 2004 Media Service Award from the Ohio High School Athletic Association. He was a 2002 Contributor Award recipient by the OATCCC. Heyse is founder and chair for the Lorain County Track and Cross Country Hall of Fame starting in 2009 and founder and chair for the Lorain County Swimming and Diving Hall of Fame starting in 2019.

Heyse won a bronze medal as a member of the Over the Hill Track Club men's age

65-69 4x800 in a time of 12:52 at the 2026 USATF Outdoor National Masters at SPIRE. He competed 2024 Pan American Masters Games for track and field at Baldwin Wallace University. He finished fifth in the 800 (2:58.32), eighth in the 400 (1:16.88) and 12th in the 200 (35.78). Heyse finished eighth (2:12.76) at the 1992 USATF Indoor Masters Nationals, 11th (2:34.23) at the 2011 USATF Outdoor Masters Nationals and 16th (2:36.85) at the 2013 National Senior Games for the 800. He was an Ohio Games track and field finalist for 11 straight years from 1990-2000. Heyse won the 800-meter championship (2:23) in 2000 for the 35-39 age group and a bronze in 1990 (2:11.03) and '91 (2:08.5) for the age 30-34 category.

Heyse earned a masters degree in 1993 from Bowling Green State University and a bachelor's degree in 1983 from Baldwin-Wallace College. He was a starter at

left guard for Berea High School's 1978 Division I state runner-up football team. He also lettered in track.

Paul and his wife, Diana, live in Strongsville.