The Golden Record Book Of The Lorain County Conference Track & Field Championships 1987-2005

Compiled by Paul H. Heyse

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Compiled by Paul Heyse (1/1/02), updated (6/23/02) and updated (7/13/03).

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Boys

100 meters

2005: 1. Brett Donelson (Firelands), 11.4; 2. Justin Romantic (Midview), 11.5; 3. Chris Jensen (Avon), 11.6
2004: 1. Cody Bookner (Midview), 11.6; 2. Jake Hawley (Avon), 11.7; 3. Tim Diedrick (Keystone), 11.8
2003: 1. Isaac Drost (Firelands), 11.20; 2. Pat Gregory (Midview), 11.3; 3. Joe Toledo (Firelands), 11.5
2002: 1. Matt Craig (Brookside), 10.93; 2. Sean O'Neill (Firelands), 11.19; 3. Dave Theiss (Avon), 11.37
2001: 1. Jarrod Murphy (Clearview), 11.10; 2. Danny Davis (Clearview), 11.2; 3. Karl Knight (Wellington), 11.4
2000: 1. Jarrod Murphy (Clearview), 10.9; 2. Antonio Stanford (Oberlin), 11.0; 3. Karl Knight (Wellington), 11.4
1999: 1. Jarrod Murphy (Clearview), 10.7; 2. Antonio Stanford (Oberlin); 3. Bret Schuster (Clearview)
1998: 1. Jehu Anderson (Oberlin), 10.5; 2. Nate Sadler (Clearview), 10.9; 3. Dave Cather (Midview), 11.4
1997: 1. Aaron Fenzel (Midview), 10.8; 2. Jehu Anderson (Oberlin), 10.9; 3. Mason Cooley (Firelands)
1996: 1. Jason Perkins (Firelands), 10.9; 2. Jehu Anderson (Oberlin); 3. Rob Woolbright (Elyria West)
1995: 1. Darrell Thomas (Clearview), 11.3; 2. Del Hardimon (Elyria West), 11.3; 3. Terry Pride (Elyria West), 11.3
1994: 1. Rob Woolbright (Elyria West), 11.4; 2. Jeff Valentik (Keystone), 11.6; 3. Taylor (Oberlin), 11.7
1993: 1. Duane Hawkins (Elyria West), 11.1; 2. Mike Green (Clearview), 11.1; 3. Germel Wilson (Oberlin), 11.2
1992: 1. Marlon Sadler (Clearview), 10.9; 2. Jason Barkhimer (Firelands), 11.0; 3. Mantrese Robertson (Keystone), 11.1
1991: 1. Marlon Sadler (Clearview), 10.8; 2. Rich Andrew (Keystone); 3. Adam Pierce (Brookside)
1990: 1. Marlon Sadler (Clearview), 11.2; 2. Dave Dickson (Firelands); 3. Mike Bowen (Elyria West)
1989: 1. Aaron Bennett (Elyria West), 11.1; 2. Omar Beckman (Oberlin); 3. Bowens (Oberlin)
1988: 1. Aaron Bennett (Elyria West), 11.1; 2. 2. Davis (Elyria West); 3.

Marlon Sadler (Clearview
1987: 1. Caleb Smith (Oberlin), 10.8; 2. John Hooker (Keystone); 3. Reggie Davis (Elyria West)

200 meters

2005: 1. Brett Donelson (Firelands), 23.1; 2. Williams (Firelands), 23.6; 3. Chris Jensen (Avon), 23.7
2004: 1. Ryan Toledo (Firelands), 23.5; 2. Cody Bookner (Midview), 23.9; 3. Brett Donelson (Firelands), 24.0
2003: 1. Pat Gregory (Midview), 23.2; 2. Brooks (Firelands), 23.7; 3. Wilson (Keystone), 23.8
2002: 1. Isaac Drost (Firelands), 22.8; 2. Matt Craig (Brookside), 23.2; 3. Sean O'Neill (Firelands), 23.3
2001: 1. Jarrod Murphy (Clearview), 23.0; 2. Karl Knight (Wellington), 23.1; 3. Jake Drost (Firelands), 23.8
2000: 1. Jarrod Murphy (Clearview), 22.6; 2. Antonio Stanford (Oberlin), 23.1; 3. Josh Zunis (Avon), 23.7
1999: 1. Bret Schuster (Clearview), 22.8; 2. Jarrod Murphy (Clearview); 3. Selzer (Wellington)
1998: 1. Jehu Anderson (Oberlin), 21.9; 2. Lavar Maben (Oberlin), 22.4; 3. Nate Sadler (Clearview), 23.0
1997: 1. Jehu Anderson (Oberlin), 22.2; 2. Aaron Fenzel (Midview), 22.8; 3. Ron Brown (Clearview)
1996: 1. Rob Woolbright (Elyria West), 22.8; 2. Jason Perkins (Firelands); 3. Del Hardimon (Elyria West)
1995: 1. Del Hardimon (Elyria West), 23.0; 2. Darrell Thomas (Clearview), 23.1; 3. Jeff Holzhauer (Keystone), 23.6
1994: 1. Rob Woolbright (Elyria West), 23.1; 2. Del Hardimon (Elyria West), 23.4; 3. Sanders (Oberlin), 23.4
1993: 1. Craig Balog (Avon), 22.9; 2. Scott Dillon (Brookside), 23.2; 3. Mike Green (Clearview), 23.3
1992: 1. Marlon Sadler (Clearview), 22.1; 2. Mantrese Robertson (Keystone), 22.6; 3. Jason Barkhimer (Firelands), 22.8
1991: 1. Marlon Sadler (Clearview), 21.7; 2. Jason Barnhart (Brookside); 3. Craig Balog (Avon)
1990: 1. Imess Lovett (Clearview), 23.3; 2. Dave Dickson (Firelands); 3. Mike Bowen (Elyria West)
1989: 1. Aaron Bennett (Elyria West), 22.7; 2. Bowens (Oberlin); 3. Marlon

Sadler (Clearview)
1988: 1. Aaron Bennett (Elyria West), 22.9; 2. Jason Alston (Oberlin); 3. Marlon Sadler (Clearview)
1987: 1. Caleb Smith (Oberlin), 22.0; 2. John Hooker (Keystone); 3. Aaron Bennett (Elyria West)

400 meters

2005: 1. Nate Bement (Firelands), 52.1; 2. Matt Polo (Wellington), 52.9; 3. Joe Harder (Midview), 53.1
2004: 1. Ryan Toledo (Firelands), 52.2; 2. Jake Hawley (Avon), 53.1; 3. Dave Johnson (Clearview), 53.5
2003: 1. Isaac Drost (Firelands), 50.8; 2. Gerber (Midview), 52.4; 3. Jones (Keystone), 52.8
2002: 1. Isaac Drost (Firelands), 51.33; 2. Joe Berlyoung (Avon), 52.60; 3. Matt Gainer (Firelands), 53.96
2001: 1. Danny Davis (Clearview), 51.20; 2. J.D. Sheppard, 52.2; 3. Dan Dohanos (Firelands), 53.0
2000: 1. Josh Zunis (Avon), 53.3; 2. Jake Drost (Firelands), 53.4; 3. Grant Knight (Wellington), 53.8
1999: 1. Anthony Michaels (Brookside), 51.7; 2. Eric Flynn (Firelands); 3. Geno Schwartz (Avon)
1998: 1. Anthony Michaels (Brookside), 52.7; 2. Fred Ingram (Brookside), 53.6; 3. Steve Vega (Avon), 54.2
1997: 1. Aaron Fenzel (Midview), 50.2; 2. Ed Becker (Firelands); 3. Anthony Michaels (Brookside)
1996: 1. Rob Woolbright (Elyria West), 50.3; 2. Del Hardimon (Elyria West); 3. Jehu Anderson (Oberlin)
1995: 1. Rob Woolbright (Elyria West), 51.2; 2. Jeff Holzhauer (Keystone), 52.6; 3. Jehu Anderson (Oberlin), 52.9
1994: 1. Rob Woolbright (Elyria West), 51.7; 2. Sanders (Oberlin), 51.8; 3. Jeff Holzhauer (Keystone, 55.6
1993: 1. Shannon Green (Oberlin), 50.6; 2. Craig Balog (Avon), 51.4; 3. Lionel Sanders (Oberlin), 52.3
1992: 1. Chris Kaczmarek (Clearview), 50.7; 2. Ranzy (Oberlin), 51.2; 3. Craig Balog (Avon), 52.6
1991: 1. Don Warfield (Brookside), 51.1; 2. Sam Dyson (Oberlin); 3. Craig Balog (Avon)
1990: 1. Sam Dyson (Oberlin), 50.8; 2. T.J. Fout (Firelands); 3. Andre

Williams (Elyria West)
1989: 1. Jason Alston (Oberlin), 53.3; 2. Sam Dyson (Oberlin); 3. Davis (Elyria West)
1988: 1. Jason Alston (Oberlin), 51.0; 2. Davis (Elyria West); 3. Abbott (Brookside)
1987: John Hooker (Keystone), 50.4; 2. Jason Alston (Oberlin); 3. Mike Johnson (Oberlin)

800 meters

2005: 1. Adam Wojnarowski (Midview), 2:02.3; 2. Richie Krupar (Midview), 2:05.2; 3. Bryant Beam (Firelands), 2:07.9
2004: 1. J.D. Sheppard (Firelands), 1:59.0; 2. Adam Wojnarowski (Midview), 2:04.1; 3. Joe Berlyoung (Avon), 2:05.1
2003: 1. J.D. Sheppard (Firelands), 1:57.4; 2. Joe Berlyoung (Avon), 2:00.6; 3. Adam Kennedy (Wellington), 2:05.5
2002: 1. J.D. Sheppard (Firelands), 2:04.16; 2. Geoff Wightman (Firelands), 2:07.68; 3. Adam Kennedy (Wellington), 2:09.21
2001: 1. Jim Zelenka (Keystone), 2:04.2; 2. Geoff Wightman (Firelands), 2:06.6; 3. J.D. Sheppard (Firelands), 2:07.4
2000: 1. Fred Ingram (Brookside), 2:04.6; 2. Patrick Worley (Midview), 2:06.7; 3. Travis Tomlinson (Firelands), 2:07.3
1999: 1. Fred Ingram (Brookside), 2:03.0; 2. Buchkovich (Avon); 3. Geoff Wightman (Firelands)
1998: 1. Andy Dohanos (Firelands), 2:01.0; 2. Travis Fordyce (Firelands), 2:02.9; 3. Andy Ballog (Avon), 2:05.1
1997: 1. Andy Dohanos (Firelands), 2:03.8; 2. Travis Fordyce (Firelands); 3. Andy Ballog (Avon)
1996: 1. Greg Yuronich (Keystone), 2:07.6; 2. Andy Dohanos (Firelands); 3. Mike Parks (Avon)
1995: 1. Justin Gordon (Keystone), 2:06.0; 2. Andy Dohanos (Firelands), 2:10.2; 3. Schuster (Oberlin), 2:10.6
1994: 1. Chuck Lyngaas (Firelands), 2:00.6; 2. Dustin Lamvermyer (Firelands), 2:04.5; 3. Jeff Hobbs (Oberlin), 2:07.3
1993: 1. Andy Krebs (Brookside), 2:05.2; 2. Jeff Hobbs (Oberlin), 2:06.6; 3. Matt Strehle (Firelands)
1992: 1. Henry Miller (Wellington), 2:03.5; 2. Zajac (Avon), 2:05.1; 3. Taylor (Elyria West), 2:05.9
1991: 1. T.J. Fout (Firelands), 1:59.7; 2. Mark DeChant (Avon); 3. Paul

Dean (Wellington)
1990: 1. Scott Maiher (Elyria West), 2:00.5; 2. Mark DeChant (Avon); 3. Keith Sherrell (Keystone)
1989: 1. T.J. Fout (Firelands), 2:05.5; 2. 2. Scott Maiher (Elyria West); 3. Anderson (Oberlin)
1988: 1. Greg Taylor (Keystone), 2:06.4; 2. Monday (Keystone); 3. T.J. Fout (Firelands)
1987: 1. Aaron Brennan (Wellington), 2:02.8; 2. Carl Johnson (Oberlin); 3. Peter Brown (Oberlin)

1,600 meters

2005: 1. Richie Krupar (Midview), 4:38.3; 2. Justin Siefker (Midview), 4:47.8; 3. Dave Smith (Avon), 4:50.0
2004: 1. J.D. Sheppard (Firelands), 4:32.0; 2. Joe Berlyoung (Avon), 4:35.9; 3. Richie Krupar (Midview), 4:37.8
2003: 1. J.D. Sheppard (Firelands), 4:35.2; 2. Dezmond Douglas (Avon), 4:37.1; 3. Shaun Malinkey (Avon), 4:43.6
2002: 1. J.D. Sheppard (Firelands), 4:41.49; 2. Mike Schultz (Firelands), 4:43.73; 3. Richie Krupar (Midview), 4:48.27
2001: 1. Mike Schultz (Firelands), 4:41.70; 2. Eric Evans (Wellington), 4:42.9; 3. Mike Schmidt (Midview), 4:43.7
2000: 1. Earl Hembree (Firelands), 4:35.9; 2. Jesse Montagnese (Firelands), 4:37.4; 3. Nate Jones (Brookside), 4:41.0
1999: 1. Earl Hembree (Firelands), 4:45.1; 2. Scott Wendell (Avon); 3. Devin Wilbur (Firelands)
1998: 1. Andy Dohanos (Firelands), 4:35.0; 2. Nate Jones (Brookside), 4:43.5; 3. Jesse Montagnese (Firelands), 4:44.4
1997: 1. Andy Dohanos (Firelands), 4:38.1; 2. Travis Fordyce (Firelands); 3. Kevin Hobbs (Oberlin)
1996: 1. Matt Snyder (Elyria West), 4:43.5; 2. Andy Dohanos (Firelands); 3. Greg Yuronich (Keystone)
1995: 1. John Zimmerly (Elyria West), 4:40.7; 2. Matt Heberling (Wellington), 4:41.3; 3. Andy Dohanos (Firelands), 4:51.0
1994: 1. Dustin Lamvermyer (Firelands), 4:38.5; 2. Chuck Lyngaas (Firelands), 4:38.8; 3. Matt Heberling (Wellington), 4:48.0
1993: 1. Dustin Lamvermyer (Firelands), 4:40.1; 2. Chuck Lyngaas (Firelands), 4:41.1; 3. Mike Hoepf (Oberlin), 4:52.7
1992: 1. Mike Hoepf (Oberlin), 4:39.0; 2. Steve Handley (Wellington),

4:41.5; 3. Dustin Lamvermyer (Firelands), 4:42.3
1991: 1. T.J. Fout (Firelands), 4:44.4; 2. John Schober (Avon); 3. Jay Blair (Elyria West)
1990: 1. Jason Born (Firelands), 4:47.5; 2. Mike DeChant (Avon); 3. Jack Ballom (Keystone)
1989: 1. T.J. Fout (Firelands), 4:42.3; 2. Hall (Wellington); 3. Greg Taylor (Keystone)
1988: 1. Greg Taylor (Keystone), 4:43.3; 2. Lloyd (Brookside); 3. Hall (Wellington)
1987: 1. Charles Jagger (Avon), 4:44.5; 2. Jim Lloyd (Brookside); 3. Dave Morales (Elyria West)

3,200 meters

2005: 1. Justin Siefker (Midview), 9:35.2; 2. Brian Cicerchi (Clearview), 9:42.5; 3. Dave Smith (Avon), 9:54.6. Note: competitors only completed seven laps due to severe storm.
2004: 1. Justin Siefker (Midview), 10:46.7; 2. Curtis Phillips (Firelands), 10:57.2; 3. Mike Wismar (Avon), 11:03.1
2003: 1. Dezmond Douglas (Avon), 10:30.3; 2. Shaun Malinkey (Avon), 10:38.6; 3. Justin Siefker (Midview), 10:46.6
2002: 1. Mike Schultz (Firelands), 10:51.25; 2. Dan Wheeler (Firelands), 10:57.92; 3. Kyle Maurer (Avon), 11:09.33
2001: 1. Eric Evans (Wellington), 10:28.0; 2. Josh Sheets (Brookside), 10:41.7; 3. Mike Schultz (Firelands), 10:56.7
2000: 1. Jesse Montagnese (Firelands), 10:13.0; 2. Earl Hembree (Firelands), 10:14.9; 3. Nate Jones (Brookside), 10:16.0
1999: 1. Nate Collier (Brookside), 10:32.0; 2. Eric Evans (Wellington); 3. Devin Wilber (Firelands)
1998: 1. Devin Wilber (Firelands), 10:22.0; 2. Nate Jones (Brookside), 10:44.0; 3. Earl Hembree (Firelands), 10:53.0
1997: 1. Kevin Hobbs (Oberlin), 10:32.1; 2. Earl Hembree (Firelands); 3. Devin Wilber (Firelands)
1996: 1. Matt Heberling (Wellington), 10:26.1; 2. Kevin Hobbs (Oberlin); 3. Andy Dohanos (Firelands)
1995: 1. John Zimmerly (Elyria West), 10:23.5; 2. Kevin Hobbs (Oberlin), 10:44.7; 3. Smith (Keystone), 10:49.6
1994: 1. Jeff Hook (Wellington), 10:22.0; 2. Dustin Lamvermyer (Firelands), 10:25.0; 3. John Zimmerly (Elyria West), 10:42.0

1993: 1. Dustin Lamvermyer (Firelands), 10:25.4; 2. Chuck Lyngaas (Firelands), 10:36.7; 3. Tim Smith (Keystone), 10:37.9
1992: 1. Steve Handley (Wellington), 10:41.1; 2. Dustin Lamvermyer (Firelands), 10:43.8; 3. John Schober (Avon), 10:47.2
1991: 1. John Schober (Avon), 10:43.4; 2. Jason Born (Firelands); 3. Matt Strehle (Firelands)
1990: 1. Jason Born (Firelands), 10:27.8; 2. Dean Mounts (Elyria West); 3. Matt Strehle (Firelands)
1989: 1. Jason Hoadley (Elyria West), 10:30.7; 2. Jason Born (Firelands); 3. Shomo (Elyria West)
1988: 1. John Turner (Firelands), 10:41.6; 2. Chris Hall (Wellington); 3. Ortiz (Clearview)
1987: 1. Chris Hall (Wellington), 10:20.2; 2. Jason Hoadley (Elyria West); 3. Ken Holowecky (Avon)

110-meter high hurdles

2005: 1. Greg Sikora (Wellington), 15.7; 2. Michael Smith (Oberlin), 16.0; 3. Matt Stankiewicz (Avon), 16.1
2004: 1. Tim Allomong (Firelands), 16.4; 2. Greg Sikora (Wellington), 16.5; 3. Michael Smith (Oberlin), 16.7
2003: 1. Terrance Qualls (Oberlin), 15.1; 2. Mitch Smith (Midview), 15.2; 3. Mitch Sintic (Firelands), 15.8
2002: 1. Terrance Qualls (Oberlin), 15.40; 2. Matt Pena (Avon), 15.44; 3. Mitch Smith (Midview), 15.8
2001: 1. Danny Davis (Clearview), 14.7; 2. Chris Mandock (Avon), 15.4; 3. Matt Pena (Avon), 15.7
2000: 1. Danny Davis (Oberlin), 14.9; 2. Kevin Haddix (Avon), 14.9; 3. Chris Mandock (Avon), 15.3
1999: 1. Kevin Haddix (Avon), 14.8; 2. Chris Mandock (Avon); 3. Kevin Tansey (Firelands)
1998: 1. Eric Yearley (Firelands), 14.4; 2. Aaron Stevenson (Clearview), 15.2; 3. Ryan Vardell (Firelands), 15.3
1997: 1. Eric Yearley (Firelands), 14.2; 2. Josh Guerrieri (Avon); 3. Aaron Stevenson (Clearview)
1996: 1. Eric Yearley (Firelands), 15.3; 2. Josh Guerrieri (Avon); 3. Glen Meiden (Elyria West)
1995: 1. Aric Bowens (Elyria West), 15.4; 2. Babb (Keystone), 15.4; 3. Leimbach (Firelands), 17.3

1994: 1. Tom Wearsch (Avon), 15.0; 2. Jeff Valentik (Keystone), 15.1; 3. Glen Maiden (Elyria West), 16.8
1993: 1. Shannon Green (Oberlin), 14.9; 2. Ty Grude (Firelands), 15.0; 3. Tom Wearsch (Avon), 15.4
1992: 1. Shannon Green (Oberlin), 15.4; 2. Ty Grude (Firelands), 15.8; 3. Tom Wearsch (Avon), 15.8
1991: 1. Shannon Green (Oberlin), 14.8; 2. Jamie Hawkins (Elyria West); 3. Ty Grude (Firelands)
1990: 1. Edwin White (Elyria West), 14.4; 2. Jamie Hawkins (Elyria West); 3. Shannon Green (Oberlin)
1989: 1. Shawn Botos (Keystone), 15.3; 2. Rob Palmer (Brookside); 3. Hawkins (Elyria West)
1988: 1. John Faust (Keystone), 15.6; 2. Shawn Botos (Keystone); 3. McKenny (Oberlin)
1987: 1. Otis Shannon (Elyria West), 14.4; 2. Imess Lovett (Clearview); 3. Chris Walker (Oberlin)

300-meter intermediate hurdles

2005: 1. Greg Sikora (Wellington), 42.3; 2. Tim Allomong (Firelands), 43.9; 3. Matt Stankiewicz (Avon), 44.6
2004: 1. Greg Sikora (Wellington), 42.1; 2. Adam Kennedy (Wellington), 42.5; 3. Torrez (Keystone), 43.4
2003: 1. Mitch Sintic (Firelands), 41.7; 2. Guerrieri (Avon), 43.9; 3. Tansey (Keystone), 44.3
2002: 1. Terrance Qualls (Oberlin), 42.50; 2. Mitch Sintic (Firelands), 43.80; 3. Paul Callahan (Firelands), 43.90
2001: 1. Kevin Tansey (Firelands), 41.70; 2. Chris Mandock (Avon), 43.2; 3. Steve Sikora (Wellington), 43.2
2000: 1. Kevin Haddix (Avon), 41.5; 2. Jon Jones (Brookside), 41.6; 3. George Yovanovich (Keystone), 42.6
1999: 1. Jon Jones (Brookside), 41.9; 2. M. Jones (Brookside); 3. Jose Cabrera (Clearview)
1998: 1. Eric Yearley (Firelands), 39.1; 2. Scott O'Malley (Avon), 41.7; 3. Richard Benton (Midview), 43.2
1997: 1. Eric Yearley (Firelands), 39.8; 2. Josh Guerrieri (Avon); 3. Chris Yeager (Keystone)
1996: 1. Eric Yearley (Firelands), 41.3; 2. Glen Maiden (Elyria West); 3. Josh Guerrieri (Avon)

1995: 1. Aric Bowens (Elyria West), 40.2; 2. Glen Maiden (Elyria West), 42.4; 3. Eric Yearly (Firelands), 42.8
1994: 1. Jeff Valentik (Keystone), 42.9; 2. Holt (Oberlin), 43.3; 3. Glen Maiden (Elyria West), 47.5
1993: 1. Ty Grude (Firelands), 40.9; 2. Mike Wells (Oberlin), 42.1; 3. Tom Wearsch (Avon), 43.3
1992: 1. Tom Wearsch (Avon), 42.3; 2. Ty Grude (Firelands), 42.6; 3. Bolton (Keystone), 43.0
1991: 1. Jamie Hawkins (Elyria West), 40.9; 2. Derrick Warfield (Clearview); 3. Shannon Green (Oberlin)
1990: 1. Edwin White (Elyria West), 41.8; 2. Cory Wilkerson (Elyria West); 3. Devin Benedict (Firelands)
1989: 1. Rob Palmer (Brookside), 42.6; 2. Warfield (Clearview); 3. Shawn Botos (Keystone)
1988: 1. John Faust (Keystone), 41.8; 2. Koepke (Brookside); 3. Rob Palmer (Brookside)
1987: 1. Chris Walker (Oberlin), 39.7; 2. Dave Lyons (Clearview); 3. Anthony Valerius (Firelands)

400-meter relay

2005: 1. Firelands (Brett Donelson, Williams, Chris Roberts, Tim Allomong), 44.9; 2. Midview, 46.2; 3. Keystone, 46.7
2004: 1. Midview (Andy Buscemi, Brad Snyder, Jim Morrison, Cody Bookner), 45.3; 2. Firelands, 45.8; 3. Oberlin, 46.1
2003: 1. Midview (Andy Buscemi, Kyle Romantic, Cody Bookner, Pat Gregory), 45.0; 2. Firelands, 45.4; 3. Avon, 45.8
2002: 1. Midview (Josh Slatinsky, Kyle Romantic, Jeff Schaefer, Pat Gregory), 45.67; 2. Brookside, 45.83; 3. Firelands, 46.52
2001: 1. Firelands (Sean Grasso, Isaac Drost, Jake Drost, Matt Wright), 44.8; 2. Midview, 45.5; 3. Wellington, 45.7
2000: 1. Oberlin (Antonio Stanford, Danny Davis, Jamie Wallace, Brandon Smith), 45.5; 2. Avon, 45.9; 3. Brookside, 46.8
1999: 1. Clearview (Jose Cabrera, Jarrod Murphy, Stephen Chiller, Bret Schuster), 45.2; 2. Oberlin; 3. Wellington
1998: 1. Oberlin (Lavar Maben, Antonio Stanford, Keith James, Jehu Anderson), 44.0; 2. Clearview, 44.3; 3. Midview, 46.4
1997: 1. Midview (Dave Cather, Paul Keck, Joe VanKerhove, Aaron Fenzel), 44.6; 2. Firelands; 3. Clearview

1996: 1. Clearview (Darrell Thomas, Daurell Noble, Brian Hitchens, Ron Brown), 45.1; 2. Firelands; 3. Oberlin
1995: 1. Elyria West (Terry Pride, Rob Woolbright, Aric Bowens, Del Hardimon), 45.1; 2. Oberlin, 45.2; 3. Clearview, 45.3
1994: 1. Elyria West (Terry Pride, Jason Taylor, Andre Washington, Del Hardimon), 45.1; 2. Clearview, 45.2; 3. Oberlin, 45.9
1993: 1. Oberlin (Mike Wells, Shannon Green, Leigh Willis, Germell Wilson), 43.6; 2. Elyria Weast, 44.0; 3. Clearview, 44.1
1992: 1. Clearview (Rodney Hammond, Mike Green, Chris Kaczmarek, Marlon Sadler), 43.9; 2. Oberlin, 44.5; 3. Firelands, 45.0
1991: 1. Clearview (Derrick Warfield, Mike Green, Frankie Evans, Marlon Sadler), 44.4; 2. Brookside; 3. Oberlin
1990: 1. Elyria West (Paul Carter, Stanley Davis, Travis Jackson, Aaron Bennett), 44.8; 2. Oberlin; 3. Firelands
1989: 1. Elyria West (Bennett, Davis, Jackson???), 45.3; 2. Clearview; 3. Firelands
1988: 1. Elyria West (Stanley Davis, Aaron Bennett, William Edwards, Reggie Davis), 44.4; 2. Clearview; 3. Oberlin
1987: Elyria West (Tracy Daniels, Otis Shannon, Tex Butler, Reggie Davis), 43.7; 2. Oberlin; 3. Clearview

800-meter relay

2005: 1. Oberlin (Michael Smith, Jermaine Rice, Zach Gay, Joe Mealing), 1:36.5; 2. Keystone, 1:38.4; 3. Firelands, 1:40.3
2004: Firelands (Brett Donelson, Matt Burgdorf, John Lamont, Joe Toledo), 1:35.4; 2. Wellington, 1:36.9; 3. Oberlin, 1:39.0

1,600-meter relay

2005: 1. Wellington (Carl Huelsman, Kevin Verhoff, Jake Handlovic, Matt Polo), 3:32.80; 2. Midview, 3:34.40; 3. Avon, 3:40.70
2004: 1. Firelands (John Lamont, J.D. Sheppard, Ryan Toledo, Jake Sheppard), 3:34.9; 2. Clearview, 3:37.6; 3. Midview, 3:40.1
2003: 1. Firelands (Isaac Drost, John Lamont, Ryan Toledo, J.D. Sheppard), 3:32.1; 2. Midview, 3:37.0; 3. Avon, 3:38.9
2002: 1. Firelands (Isaac Drost, Matt Gainer, J.D. Sheppard, Geoff Wightman), 3:36.2; 2. Midview, 3:46.5; 3. Oberlin, 3:47.0

2001: 1. Firelands (Dan Dohanos, Sean O'Neill, Geoff Wightman, Jake Drost), 3:34.5; 2. Keystone, 3:42.0; 3. Midview, 3:43.3
2000: 1. Oberlin (Jamie Wallace, Antonio Stanford, Jeremy Burrer, Danny Davis), 3:36.7; 2. Brookside, 3:37.4; 3. Keystone, 3:42.0
1999: 1. Brookside (Jon Jones, Nate Jones, Fred Ingram, Anthony Michaels), 3:38.7; 2. Firelands; 3. Midview
1998: 1. Firelands (Travis Fordyce, Eric Yearley, Ryan Varndell, Andy Dohanos), 3:35.0; 2. Avon, 3:37.5; 3. Brookside, 3:44.1
1997: 1. Firelands (Ed Becker, Andy Dohanos, Jeremy Sintic, Eric Yearley), 3:33.8; 2. Keystone; 3. Avon
1996: 1. Elyria West (Del Hardimon, Jermaine Jackson, Matt Snyder, Rob Woolbright), 3:34.6; 2. Firelands; 3. Keystone
1995: 1. Elyria West (Aric Bowens, Jermaine Jackson, Del Hardimon, Rob Woolbright), 3:34.9; 2. Keystone, 3:40.8; 3. Oberlin, 3:42.7
1994: 1. Elyria West (Del Hardimon, Jason Taylor, Andre Washington, Rob Woolbright), 3:33.0; 2. Oberlin, 3:35.2; 3. Keystone, 3:44.0
1993: 1. Oberlin (Ramone Christian, Lionel Sanders, Mike Wells, Jeff Hobbs), 3:31.8; 2. Firelands, 3:35.9; 3. Clearview, 3:39.3
1992: 1. Oberlin (Vondel Bowens, Keith Ranzy, Mike Wells, Josh Thonen), 3:33.0; 2. Clearview, 3:33.4; 3. Elyria West, 3:36.7
1991: 1. Oberlin (Omar Beckman, Mike Wells, Shannon Green, Sam Dyson), 3:32.4; 2. Clearview; 3. Firelands
1990: 1. Firelands, 3:34.1; 2. Elyria West, 3:35.7; 3. Clearview
1989: Oberlin (Bowens, Liberty Anderson, Sam Dyson, Jason Alston), 3:35.2; 2. Elyria West; 3. Firelands
1988: 1. Oberlin (Sam Dyson, Shawn Jackson, Liberty Anderson, Jason Alston), 3:35.6; 2. Keystone; 3. Clearview
1987: 1. Oberlin (Chris Walker, Mike Johnson, Carl Johnson, Jason Alston), 3:33.6; 2. Avon; 3. Keystone

3,200-meter relay

2005: 1. Midview (Adam Wojnarowski, Justin Siefer, Joe Harder, Richie Krupar), 8:22.8; 2. Avon, 8:39.0; 3. Firelands, 9:00.8
2004: 1. Firelands (Jake Sheppard, J.D. Sheppard, Curtis Phillips, Ray Gillen), 8:23.7; 2. Midview, 8:26.2
2003: 1. Avon (Dezmond Douglas, Joe Berlyoung, Mark Wendell, Shaun Malinkey), 8:23.7; 2. Midview, 8:49.5; 3. Avon, 9:10.7

2002: 1. Firelands (Isaac Drost, Mike Schultz, Geoff Wightman, J.D. Sheppard), 8:25.7; 2. Midview, 8:49.5; 3. Avon, 9:10.7
2001: 1. Firelands (Mike Schultz, David Snell, J.D. Sheppard, Geoff Wightman), 8:36.9; 2. Keystone; 3. Brookside
2000: 1. Firelands (Jesse Montagnese, Earl Hembree, Travis Tomlinson, Mike Schultz), 8:24.0; 2. Brookside, 8:30.0; 3. Keystone, 8:51.0
1999: 1. Brookside (Fred Ingram, Nate Collier, Jones, Anthony Michaels), 8:31.3; 2. Firelands; 3. Avon
1998: 1. Firelands (Andy Dohanos, Jesse Montagnese, Earl Hembree, Travis Fordyce), 8:17.0; 2. Avon, 8:50.2; 3. Brookside, 9:03.2
1997: 1. Firelands (Jesse Montagnese, Earl Hembree, Travis Fordyce, Andy Dohanos), 8:29.9; 2. Avon; 3. Wellington
1996: 1. Keystone, 8:51.0; 2. Avon; 3. Firelands
1995: 1. Keystone, 8:52.1; 2. Elyria West; 3. Firelands
1994: 1. Firelands (Dustin Lamvermyer, Miller, Schlechler, Chuck Lyngaas), 8:39.0; 2. Keystone, 8:44.0; 3. Oberlin, 8:46.0
1993: 1. Firelands (Dustin Lamvermyer, Hykes, Strecie, Chuck Lyngaas), 8:30.4; 2. Oberlin, 8:36.5; 3. Keystone, 9:05.0
1992: 1. Avon (Shaun Vale, Jason Zajac, John Schober, Mark DeChant), 8:31.3; 2. Firelands, 8:32.4; 3. Oberlin, 8:38.2
1991: 1. Avon (Shaun Vale, Jason Zajac, John Schober, Mark DeChant), 8:22.0; 2. Oberlin; 3. Wellington
1990: 1. Firelands, 8:32.7; 2. Avon; 3. Keystone
1989: 1. Oberlin, 8:32.5; 2. Elyria West; 3. Keystone
1988: 1. Keystone (Jason Monday, Jamie Whitman, Keith Sherrill, Greg Taylor), 8:38.0; 2. Oberlin; 3. Brookside
1987: 1. Oberlin (Jason Alston, Mike Johnson, Peter Brown, Carl Johnson), 8:36.2; 2. Elyria West; 3. Keystone

Shot put

2005: 1. Malcolm Majesky (Firelands), 47-4 ½; 2. Justin Jump (Wellington), 44-10 ½; 3. Dave Haswell (Wellington), 44-9 1/2
2004: 1. Brandon Krystowski (Avon), 47-3 ½; 2. Craig Cassell (Midview), 41-9 3/4; 3. Justin Jump (Wellington), 41-5 1/2
2003: 1. Brandon Krystowski (Avon), 44-0 ¾; 2. Mayo (Firelands), 42-1 1/2; 3. Locklear (Oberlin), 40-10 1/4
2002: 1. D.J. Jones (Firelands), 43-8; 2. John Ruschau (Avon), 42-6 1/2; 3. J. Brown (Midview), 42-5

2001: 1. Jamie Wimmer (Avon), 51-3 ¼; 2. Brian Bennett (Midview), 46-3; 3. D.J. Jones (Firelands), 45-9
2000: 1. Jamie Wimmer (Avon), 50-7; 2. Dan Meyer (Avon), 49-4 1/2; 3. Brian Bennett (Midview), 48-5
1999: 1. Jamie Wimmer (Avon), 48-2 ½; 2. Ryan Krystowski (Avon); 3. Craig Nickoff (Clearview)
1998: 1. John Sword (Wellington), 49-6 1/2; 2. Ryan Krystowski (Avon), 47-8; 3. Jamie Wimmer (Avon), 41-4 1/2
1997: 1. Ryan Krystowski (Avon), 48-8; 2. John Sword (Wellington); 3. Andy Booth (Midview)
1996: 1. Maurice Trice (Elyria West), 48-10 ½; 2. James Nelson (Oberlin); 3. Lonnie Gandee (Keystone)
1995: 1. Max Nixon (Elyria West), 50-4 ½; 2. Dower (Clearview), 47-7 1/2; 3. Maurice Trice (Elyria West), 47-0 1/2
1994: 1. Max Nixon (Elyria West), 46-11; 2. Maurice Trice (Elyria West); 3. Lonnie Gandee (Keystone)
1993: 1. St. John Harris (Oberlin), 49-7 ¼; 2. Jason Pawlak (Clearview), 48-8 3/4; 3. Mark Rankin (Firelands), 41-2 1/4
1992: 1. Aaron Anderson (Wellington), 50-4 ½; 2. Dave Jarrell (Brookside), 45-9; 3. Steinmetz (Firelands), 43-11 1/2
1991: 1. Dave Jarrell (Brookside), 47-3 ½; 2. Johnson (Wellington); 3. St. John Harris (Oberlin)
1990: 1. Dave Wright (Elyria West), 49-8 ½; 2. Eberhardt (Firelands); 3. Johnson (Wellington)
1989: 1. Jim Bedeint (Brookside), 50-11 ½; 2. Smallwood (Brookside); 3. Wright (Elyria West)
1988: 1. Jim Bedeint (Brookside), 46-10 ½; 2. George Kelovsky (Avon); 3. Nelson (Elyria West)
1987: 1. Don James (Elyria West), 43-8; 2. Gus Pathouhas (Keystone); 3. Dave Schmitz (Avon)

Discus

2005: 1. Dave Haswell (Wellington), 173-10; 2. Brandon Krystowski (Avon), 169-10; 3. Justin Jump (Wellington), 166-9
2004: 1. Brandon Krystowski (Avon), 173-0; 2. Justin Jump (Wellington), 151-9; 3. Dave Haswell (Wellington), 148-5
2003: 1. Dane Wilson (Brookside), 133-2; 2. Brandon Krystowski (Avon), 132-7; 3. Quillen (Keystone), 130-

2002: 1. D.J. Jones (Firelands), 137-2; 2. Justin Schnell (Keystone), 123-11; 3. Justin Jump (Wellington), 118-2
2001: 1. Matt Krystowski (Avon), 151-3; 2. D.J. Jones (Firelands); 3. Jeff Ruebensaal (Keystone)
2000: 1. Matt Krystowski (Avon), 148-8; 2. Greg McClain (Firelands), 129-10; 3. Alan Harker (Firelands), 129-4
1999: 1. Ryan Krystowski (Avon), 173-8; 2. Greg McClain (Firelands); 3. Matt Krystowski (Avon)
1998: 1. Ryan Krystowski (Avon), 162-9; 2. John Sword (Wellington), 151-0 1/4; 3. Greg McClain (Firelands), 137-11
1997: 1. Ryan Krystowski (Avon), 143-2; 2. John Sword (Wellington); 3. Andy Booth (Midview)
1996: 1. Lonnie Gandee (Keystone), 135-10; 2. Ryan Krystowski (Avon); 3. Eric Burt (Firelands)
1995: 1. Max Nixon (Elyria West), 151-10; 2. Lonie Gandee (Keystone), 131-3; 3. Klinect (Keystone), 114-10
1994: 1. Rob Koury (Clearview), 147-9; 2. Sabine (Firelands), 116-6; 3. Max Nixon (Elyria West), 114-4
1993: 1. Rob Koury (Clearview), 139-11; 2. Ty Grude (Firelands), 126-8; 3. St. John Harris (Oberlin)
1992: 1. Dave Jarrell (Brookside), 132-1; 2. Jeremy Thompson (Keystone), 130-8; 3. Aaron Johnson (Wellington), 129-5
1991: 1. Rick Dennis (Clearview), 133-1; 2. Fitzgerald (Avon); 3. Linden (Keystone)
1990: 1. Aaron Gout (Firelands), 124-10; 2. Dave Wright (Elyria West); 3. Steve Steinmetz (Firelands)
1989: 1. Jeff Jerousek (Keystone), 139-9; 2. Jim Bedeint (Brookside); 3. Bulcraft (Keystone)
1988: 1. Jim Bedeint (Brookside), 135-10; 2. Homer Newman (Clearview); 3. Shawn Thomas (Clearview)
1987: Dave Schmitz (Avon), 122-5; 2. Elliot Lewis (Brookside); 3. Tim Born (Firelands)

Long jump

2005: 1. Nate Bement (Firelands), 19-4; 2. Brett Donelson (Firelands), 19-3 ¾’ 3. Chris Jensen (Avon), 19-3 ½
2004: 1. Brett Donelson (Firelands), 19-10 ¼; 2. Chris Jensen (Avon), 19-4 1/4; 3. Nate Bement (Firelands), 19-0 1/2

2003: 1. Dave Theiss (Avon), 19-8 ½; 2. Dustin Jones (Keystone), 19-4 1/2; 3. Brett Donelson (Firelands), 19-4
2002: 1. Jeff Schaefer (Midview), 21-3; 2. Matt Craig (Brookside), 19-8 1/2; 3. Ryan Gnagy (Keystone), 19-7
2001: 1. Jeff Schaefer (Midview), 19-10; 2. Chris Mandock (Avon), 19-0; 3. Kevin Tansey (Firelands), 18-5 1/2
2000: 1. Jeff Schaefer (Midview), 19-8; 2. Kert Scarvelli (Brookside), 19-3 3/4; 3. Jim Dosztal (Avon), 18-11
1999: 1. Kert Scarvelli (Brookside), 18-10; 2. Selzer (Wellington); 3. Ryan Krystowski (Avon)
1998: 1. Ryan Varndell (Firelands), 19-3 ½; 2. Chris Mandock (Avon), 18-6 1/2; 3. Ryan Krystowski (Avon), 18-6 1/2
1997: 1. Mason Cooley (Firelands), 19-10; 2. Robenson (Clearview); 3. Jeremiah Lamp (Keystone)
1996: 1. Matt Fluker (Elyria West), 18-11; 2. Doug Hayden (Avon); 3. Mason Cooley (Firelands)
1995: 1. Steve Hodge (Oberlin), 19-0; 2. Darnicki (Avon), 18-11 3/4; 3. Leimbach (Firelands), 18-6 1/2
1994: 1. Sheadric Barbra (Oberlin), 19-5; 2. Christian (Oberlin), 18-8; 3. Washington (Elyria West), 18-7
1993: 1. Craig Balog (Avon), 20-11 ¼; 2. Ross Phillips (Firelands), 19-5 1/4; 3. Roman Christian (Oberlin), 19-4 1/2
1992: 1. Duane Todd (Clearview), 20-3 ¼; 2. Ranzy (Oberlin), 18-10 1/2; 3. Jason Barkhimer (Firelands), 18-8 1/2
1991: 1. David Bell (Oberlin), 20-5 ½; 2. Craig Balog (Avon); 3. Chris Robinson (Firelands)
1990: 1. Tony Brown (Oberlin), 20-6; 2. Edwin White (Elyria West); 3. Mike Wallace (Oberlin)
1989: 1. Tony Brown (Oberlin), 19-6; 2. Williams (Keystone); 3. Bell (Oberlin)
1988: 1. Tony Brown (Oberlin), 21-4 ¾; 2. Homer Newman (Clearview); 3. Davis (Elyria West)
1987: 1. Eddie Henson (Brookside), 21-4; 2. Caleb Smith (Oberlin); 3. Otis Shannon (Elyria West)

High jump

2005: 1. Zach Gay (Oberlin), 5-10; 2. Zach Gress (Keystone), 5-10; 3. Nate Bement (Firelands), 5-10

2004: 1. Adrian Gibbs (Oberlin), 6-2; 2. Nate Bement (Firelands), 5-10; 3. Steve Wilson (Keystone), 5-10
2003: 1. Adrian Gibbs (Oberlin), 6-0; 2. Adam Kennedy (Wellington), 6-0; 3. Matt Burgdorf (Firelands), 5-10
2002: 1. Ryan Wolfe (Midview), 6-2; 2. Ryan Gnagy (Keystone), 6-0; 3. Adrian Gibbs (Oberlin), 5-10
2001: 1. Dan Dohanos (Firelands), 6-2; 2. Volk (Firelands); 3. Chris Mandock (Avon)
2000: 1. Kevin Haddix (Avon), 6-2; 2. Dan Dohanos (Firelands), 6-0; 3. Jason Houston (Keystone), 5-8
1999: 1. Kevin Haddix (Avon), 6-1; 2. (tie) Craig Hughes (Midview) and Dan Dohanos (Firelands)
1998: 1. Ryan Varndell (Firelands), 6-0; 2. Craig Hughes (Midview), 5-10; 3. Joe Guerrieri (Avon), 5-10
1997: 1. Ryan Varndell (Firelands), 6-2; 2. Aaron Stevenson (Clearview); 3. Mason Cooley (Firelands)
1996: 1. Ryan Varndell (Firelands), 6-0; 2. Jon Jones (Avon); 3. Doug Hayden (Avon)
1995: 1. Steve Hodge (Oberlin), 5-8; 2. Bias (Keystone), 5-6; 3. Douglas (Avon), 5-6
1994: 1. Sheadric Barbra (Oberlin), 6-4; 2. Scott Shumaker (Wellington), 6-4; 3. Crisp (Elyria West), 5-10
1993: 1. Ty Grude (Firelands), 6-1; 2. Shadrick Barbra (Oberlin); 3. (tie) Mike Klinect (Keystone) and Jeff Mayhall (Keystone)
1992: 1. Ty Grude (Firelands), 6-4; 2. Jeff Armitage (Keystone), 6-4; 3. Scott Shumaker (Wellington), 6-2
1991: 1. Ty Grude (Firelands), 6-2; 2. Bell (Oberlin); 3. Bollon (Keystone)
1990: 1. Fred Steen (Oberlin), 6-3; 2. Tony Vodicka (Avon); 3. Brett Banesh (Firelands)
1989: 1. Shawn Botos (Keystone), 6-4; 2. Dostall (Firelands); 3. John Faust (Keystone)
1988: 1. Homer Newman (Clearview), 6-6; 2. John Faust (Keystone); 3. Shawn Botos (Keystone)
1987: Homer Newman (Clearview), 6-5; 2. Rob Keiper (Keystone); 3. Doug Johnson (Oberlin)

Pole vault

2005: 1. Johnny Copley (Keystone), 13-0; 2. Colin Hisey (Midview), 11-6;

3. Dan Callahan (Firelands), 10-6
2004: 1. Johnny Copley (Keystone), 12-0; 2. Quintana (Avon), 11-6; 3. Andy Prewitt (Keystone), 10-0
2003: 1. Ryan Tansey (Keystone), 12-0; 2. Jim Guerrieri (Avon), 11-6; 3. (tie) Dan Callahan (Firelands) and Powelson (Keystone), 11-0
2002: 1. Joe White (Keystone), 13-6; 2. Ryan Tansey (Keystone), 12-6; 3. Shaun Malinkey (Avon), 10-0
2001: 1. Joe White (Keystone), 12-0; 2. Ryan Tansey (Keystone); 3. Shaun Malinkey (Avon)
2000: 1. Rob Low (Avon), 11-6; 2. Joe White (Keystone), 11-6; 3. Dan Dohanos (Firelands), 11-0
1999: 1. Matt Soules (Keystone), 11-6; 2. Chad Dirling (Keystone); 3. Dan Dohanos (Firelands)
1998: 1. Chad Dirling (Keystone), 10-6; 2. Matt Soules (Keystone), 10-0; 3. Rob Low (Avon), 10-0
1997: 1. Brandon Ade (Avon), 11-0; 2. Matt Soules (Keystone); 3. Tim Nelson (Avon)
1996: 1. Chris Miles (Keystone), 13-0; 2. Brad Burrer (Keystone); 3. Tim Nelson (Avon)
1995: 1. Chris Miles (Keystone), 12-0; 2. Brad Burrer (Keystone), 10-0; 3. Schuster (Oberlin), 9-6
1994: 1. Bob Chapman (Keystone), 12-6; 2. Chris Miles (Keystone), 10-6; 3. Tim Nelson (Avon), 10-6
1993: 1. Roman Jalowiec (Keystone), 12-6; 2. Rob Chapman (Keystone), 3. Jack McCracken (Brookside)
1992: 1. Roman Jalowiec (Keystone), 13-0; 2. Rob Chapman (Keystone), 11-6; 3. Jack McCracken (Brookside), 10-6
1991: 1. Matt Botos (Keystone), 14-6; 2. Brian Hartley (Keystone); 3. Brian Pajer (Clearview)
1990: Matt Botos (Keystone), 14-6; 2. Brian Hartley (Keystone); 3. Brian Pajer (Clearview)
1989: 1. Matt Botos (Keystone), 13-6; 2. Brian Hartley (Keystone); 3. Williams (Brookside)
1988: 1. Brian Hartley (Keystone), 12-0 ½; 2. Smith (Keystone); 3. Albrecht (Brookside)
1987: 1. Dave Anderson (Brookside), 12-0; 2. Doug Johnson (Oberlin); 3. Mark Brezani (Brookside)

Girls

100 meters

2005: 1. Jill Kirchner (Midview), 13.4; 2. Rionne Bourne (Oberlin), 13.5; 3. Jamie Perin (Keystone), 13.6
2004: 1. Rionne Bourne (Oberlin), 13.0; 2. Tiachelle Clifford (Oberlin), 13.1; 3. Jamie Perin (Keystone), 13.4
2003: 1. Katie Spice (Midview), 12.71; 2. Jayme Huntley (Firelands), 13.1; 3. Jamie Perin (Keystone), 13.2
2002: 1. Ameerah Hairston (Oberlin), 12.54; 2. Katie Spice (Midview), 12.60; 3. Justina Pelcic (Brookside), 12.64
2001: 1. Ameerah Hairston (Oberlin), 12.90; 2. Justina Pelcic (Brookside); 3. Katie Spice (Midview)
2000: 1. Valerie Holland (Clearview), 12.3; 2. Erin Burt (Firelands), 12.7; 3. Jenny Vajas (Keystone), 12.9
1999: 1. Valerie Holland (Clearview), 11.9; 2. Erin Burt (Firelands); 3. Jenny Vajas (Keystone)
1998: 1. Valerie Holland (Clearview), 12.4; 2. Randi Hughes (Wellington), 12.7; 3. Erin Burt (Firelands), 12.8
1997: 1. Tasha Holland (Clearview), 12.5; 2. Randi Hughes (Wellington); 3. Takeila Walker (Oberlin)
1996: 1. Tasha Holland (Clearview), 13.3; 2. Takeila Walker (Oberlin); 3. Randi Hughes (Wellington)
1995: 1. Tasha Holland (Clearview), 13.3; 2. Takeila Walker (Oberlin), 13.4; 3. Randi Hughes (Wellington), 13.7
1994: 1. Dee Dee Whited (Keystone), 12.8; 2. Cinnamon Pelty (Clearview), 13.0; 3. Dietz (Brookside), 13.2
1993: 1. Tori Isom (Oberlin), 12.4; 2. Dee Dee Whited (Keystone), 12.6; 3. Debbie Hughes (Wellington), 12.6
1992: 1. Dee Dee Whited (Keystone), 13.0; 2. Debbie Hughes (Wellington), 13.2; 3. Brandi Cothran (Avon), 13.5
1991: 1. Tori Isom (Oberlin), 12.4; 2. Debbie Hughes (Wellington); 3. Wendy George (Brookside)
1990: 1. Tori Isom (Oberlin), 12.7; 2. Debbie Hughes (Wellington); 3. Stacy Fox (Keystone)
1989: 1. Francene Woods (Clearview), 12.6; 2. Fluker (Elyria West); 3. Wendy George (Brookside)
1988: 1. Francene Woods (Clearview), 12.6; 2. Weldron (Firelands); 3.

Carol Tower (Clearview)
1987: 1. Tracie Bradley (Clearview), 12.4; 2. Francene Woods (Clearview); 3. Dawn Ross (Oberlin)

200 meters

2005: 1. Marissa Carter (Oberlin), 27.1; 2. Kassie Cyrus (Keystone), 28.8; 3. Heather Mele (Wellington), 28.8
2004: 1. Marissa Carter (Oberlin), 28.8; 2. Jamie Perin (Keystone), 29.0; 3. Naji Johnson (Clearview), 29.0
2003: 1. Katie Spice (Midview), 26.9; 2. Ashley Zimmerman (Oberlin), 27.2; 3. Jessie Pelcic (Brookside), 27.4
2002: 1. Ameerah Hairston (Oberlin), 26.3; 2. Katie Spice (Midview), 26.7; 3. Jamie Perin (Keystone), 26.8
2001: 1. Rachel Smitek (Avon), 27.0; 2. Ameerah Hairston (Oberlin); 3. Justina Pelcic (Brookside)
2000: 1. Valerie Holland (Clearview), 25.5; 2. Rachel Smitek (Avon), 28.0; 3. Cari Leslie (Midview), 28.0
1999: 1. Valerie Holland (Clearview), 25.8; 2. Rachel Smitek (Avon); 3. Jessica Wise (Midview)
1998: 1. Valerie Holland (Clearview), 26.1; 2. Randi Hughes (Wellington), 27.1; 3. Jessica Wise (Midview), 27.5
1997: 1. Tasha Holland (Clearview), 26.5; 2. Randi Hughes (Wellington); 3. Wendy Burrer (Keystone)
1996: 1. Tasha Holland (Clearview), 27.4; 2. Erika Cardona (Clearview); 3. Randi Hughes (Wellington)
1995: 1. Tasha Holland (Clearview), 27.5; 2. Celeste Cofield (Clearview), 27.6; 3. Randi Hughes (Wellington), 27.8
1994: 1. Cinnamon Pelty (Clearview), 26.5; 2. Dee Dee Whited (Keystone), 27.0; 3. Brandi Cothran (Avon), 27.7
1993: 1. Dee Dee Whited (Keystone), 26.3; 2. Tori Isom (Oberlin), 26.5; 3. Debbie Hughes (Wellington), 27.0
1992: 1. Brandi Cothran (Avon), 27.3; 2. Debbie Hughes (Wellington), 27.4; 3. Mettler (Clearview), 27.8
1991: 1. Debbie Hughes (Wellington), 26.6; 2. Brandi Cothran (Avon); 3. Tori Isom (Oberlin)
1990: 1. Tori Isom (Oberlin), 26.8; 2. Mary Grisba (Oberlin); 3. Debbie Hughes (Wellington)
1989: 1. Francene Woods (Clearview), 26.7; 2. Jennifer Reimer (Keystone);

3. Butchko (Firelands)
1988: 1. Francene Woods (Clearview), 26.7; 2. Jennifer Reimer (Keystone); 3. Patton (Elyria West)
1987: 1. Francene Woods (Clearview), 26.1; 2. Tracie Bradley (Clearview); 3. Evette Wiggins (Elyria West)

400 meters

2005: 1. Kelly Kennedy (Wellington), 1:02.7; 2. Amanda Polen (Midview), 1:04.0; 3. Laura Gronowski (Avon), 1:05.0
2004: 1. Jamie Perin (Keystone), 1:02.9; 2. Laura Gronowski (Avon), 1:03.2; 3. Naji Williams (Clearview), 1:04.6
2003: 1. Jocelyn Hughes (Oberlin), 1:01.4; 2. Jamie Perin (Keystone), 1:02.5; 3. Laura Gronowski (Avon), 1:02.8
2002: 1. Jamie Perin (Keystone), 1:01.69; 2. Jocelyn Hughes (Oberlin), 1:04.13; 3. Heather Mele (Wellington), 1:04.50
2001: 1. Rachel Smitek (Avon), 1:03.6; 2. Nicole Frambach (Midview); 3. Kate Sprague (Firelands)
2000: 1. Valerie Holland (Clearview), 59.3; 2. Rachel Smitek (Avon), 1:01.0; 3. Erin Burt (Firelands), 1:01.3
1999: 1. Valerie Holland (Clearview), 1:00.5; 2. Rachel Smitek (Avon); 3. Erin Burt (Firelands)
1998: 1. Valerie Holland (Clearview), 1:00.0; 2. Jenn Conrad (Keystone), 1:01.9; 3. Takeila Walker (Oberlin), 1:03.2
1997: 1. Maggie Hobson (Keystone), 1:02.0; 2. Kim Carpenter (Midview); 3. Randi Hughes (Wellington)
1996: 1. Amber Nagy (Elyria West), 1:02.1; 2. Mary Lamont (Firelands); 3. Randi Hughes (Wellington)
1995: 1. Amber Nagy (Elyria West), 1:02.0; 2. Mary Lamont (Firelands); 3. Bilancini (Firelands)
1994: 1. Kristy Woolbright (Elyria West), 1:02.5; 2. Brandi Cothran (Avon), 1:03.0; 3. Mary Lamont (Firelands), 1:03.9
1993: 1. Brandi Cothran (Avon), 1:01.1; 2. Amy Miller (Firelands), 1:01.2; 3. Jodi Reimer (Keystone), 1:03.7
1992: 1. Barb Younglas (Keystone), 1:00.0; 2. Amy Miller (Firelands), 1:01.5; 3. Moran (Brookside), 1:05.3
1991: 1. Barb Younglas (Keystone), 1:01.0; 2. Amy Miller (Firelands); 3. Brandi Cothran (Avon)
1990: 1. Denise Wearsch (Avon), 1:02.0; 2. Barb Younglas (Keystone); 3.

Terri Faight (Firelands)
1989: 1. Francene Woods (Clearview), 1:01.9; 2. Jennifer Reimer (Keystone); 3. Barb Younglas (Keystone)
1988: 1. Francene Woods (Clearview), 1:00.9; 2. Schneider (Avon); 3. Jenny Knapp (Keystone)
1987: 1. Francene Woods (Clearview), 1:00.9; 2. Kelly Patton (Elyria West); 3. Jenny Knapp (Keystone)

800 meters

2005: 1. Cari Greetham (Wellington), 2:28.2; 2. Cristi Evans (Midview), 2:28.8; 3. Christine Fisher (Avon), 2:29.3
2004: 1. Christine Fisher (Avon), 2:34.2; 2. Ashley Paulsen (Firelands), 2:35.4; 3. Dani Kendeigh (Firelands), 2:35.7
2003: 1. Danie Irwin (Avon), 2:26.4; 2. Cari Greetham (Wellington), 2:29.8; 3. Kassie Cyrus (Keystone), 2:30.2
2002: 1. Cari Greetham (Wellington), 2:32.80; 2. Danie Irwin (Avon), 2:36.30; 3. Ashley Cyrus (Keystone), 2:37.10
2001: 1. Danie Irwin (Avon), 2:27.7; 2. Amy Wood (Avon); 3. Marie McVetta (Midview)
2000: 1. Amy Wood (Avon), 2:31.5; 2. Danie Irwin (Avon), 2:35.5; 3. Kate Sprague (Firelands), 2:38.1
1999: 1. Jenine Jones (Keystone), 2:37.9; 2. Sara Milavec (Avon); 3. Brenda Hayslett (Firelands)
1998: 1. Allison Fout (Firelands), 2:27.0; 2. Ronna Richardson (Avon), 2:33.7; 3. Trisha Frederick (Brookside), 2:34.5
1997: 1. Allison Fout (Firelands), 2:32.6; 2. Jenine Jones (Keystone); 3. Jessica Kriz (Avon)
1996: 1. Allison Fout (Firelands), 2:28.5; 2. Amber Nagy (Elyria West); 3. Jackie Kennedy (Avon)
1995: 1. Julie Izold (Firelands), 2:31.0; 2. Allison Fout (Firelands), 2:31.1; 3. Angie Payton (Keystone), 2:39.8
1994: 1. Margie Ronyak (Avon), 2:31.0; 2. Julie Izold (Firelands), 2:35.6; 3. Jeanna Knoble (Avon), 2:36.0
1993: 1. Margie Ronyak (Avon), 2:29.8; 2. Julie Izold (Firelands), 2:32.8; 3. Jeanna Knoble (Avon), 2:38.1
1992: 1. Julie Izold (Firelands), 2:32.4; 2. Margie Ronyak (Avon), 2:34.2; 3. Linn (Keystone), 2:36.5
1991: 1. Denise Wearsch (Avon), 2:26.1; 2. Sudy (Avon); 3. Becky Strehle

(Firelands)
1990: 1. Jenny Knapp (Keystone), 2:28.2; 2. Sandy Alten (Avon); 3. Yonkers (Avon)
1989: 1. Jenny Knapp (Keystone), 2:32.0; 2. Sandy Alten (Avon); 3. Battinger (Firelands)
1988: 1. Sandy Alten (Avon), 2:29.3; 2. Acord (Keystone); 3. Battinger (Firelands)
1987: 1. Alicia Thompson (Oberlin), 2:30.3; 2. Carla Smith (Avon); 3. Sandy Alten (Avon)

1,600 meters

2005: 1. Kellie Johnson (Avon), 5:50.2; 2. Ali Stack (Firelands), 5:51.5; 3. Malory Weber (Avon), 5:53.3
2004: 1. Ashley Paulsen (Firelands), 5:48.0; 2. Kellie Johnson (Avon), 5:50.6; 3. Beth Kirk (Midview), 5:55.6
2003: 1. Danie Irwin (Avon), 5:33.0; 2. Cari Greetham (Wellington), 5:38.2; 3. Marie McVetta (Midview), 5:39.0
2002: 1. Cari Greetham (Wellington), 5:43.20; 2. Marie McVetta (Midview), 5:45.70; 3. Melissa Montagnese (Firelands), 5:56.80
2001: 1. Danie Irwin (Avon), 5:38.2; 2. Marie McVetta (Midview); 3. Beth Sheffield (Wellington)
2000: 1. Danie Irwin (Avon), 5:48.0; 2. Melissa Montagnese (Firelands), 5:50.3; 3. Sierra Pollock (Avon), 6:03.0
1999: 1. Jenine Jones (Keystone), 5:48.3; 2. Ali Danchuk (Avon); 3. Beth Sheffield (Wellington)
1998: 1. Allison Fout (Firelands), 5:40.0; 2. Ronna Richardson (Avon), 5:44.1; 3. Jenine Jones (Keystone), 5:46.3
1997: 1. Allison Fout (Firelands), 5:40.9; 2. Jenine Jones (Keystone); 3. Ali Danchuk (Avon)
1996: 1. Allison Fout (Firelands), 5:50.5; 2. Dawn Fletcher (Brookside); 3. Jenine Jones (Keystone)
1995: 1. Allison Fout (Firelands), 5:37.2; 2. Margie Ronyak (Avon), 5:50.5; 3. Fletcher (Brookside), 5:51.3
1994: 1. Jeanna Knoble (Avon), 5:46.0; 2. Angie Payton (Keystone), 5:56.9; 3. Margie Ronyak (Avon), 6:05.9
1993: 1. Jeanna Knoble (Avon), 5:41.0; 2. Jen Engel (Firelands), 5:45.1; 3. Angie Payton (Keystone), 5:46.7
1992: 1. Jeanna Knoble (Avon), 5:44.0; 2. Jen Engel (Firelands), 5:45.5; 3.

Margie Ronyak (Avon), 5:47.0
1991: 1. Denise Wearsch (Avon), 5:42.0; 2. Jenny Engel (Firelands); 3. Andrea Bauer (Keystone)
1990: 1. Sandy Alten (Avon), 5:38.1; 2. Jenny Schaefer (Avon); 3. Becky Strehle (Firelands)
1989: 1. Jenny Schaefer (Avon), 5:36.4; 2. Sandy Alten (Avon); 3. Becky Strehle (Firelands)
1988: 1. Jenny Schaefer (Avon), 5:25.3; 2. Sandy Alten (Avon); 3. Andrea Bauer (Keystone)
1987: 1. Jennifer Tisler (Firelands), 5:43.5; 2. Chris Durrach (Avon); 3. Lynne Jones (Wellington)

3,200 meters

2005: 1. Kellie Johnson (Avon), 13:08.9; 2. Ali Stack (Firelands), 13:09.5; 3. Courtney Norwood (Keystone), 13:34.2
2004: 1. Holly Malinkey (Avon), 13:12.0; 2. Kellie Johnson (Avon), 13:25.0; 3. Mindy Scheithauer (Clearview), 14:05.9
2003: 1. Mindy Scheithauer (Clearview), 12:54.7; 2. Marie McVetta (Midview), 12:59.3; 3. Melissa Montagnese (Firelands), 13:01.5
2002: 1. Marie McVetta (Midview), 12:59.0; 2. Mindy Scheithauer (Clearview), 13:10.0; 3. Melissa Montagnese (Firelands), 13:16.70
2001: 1. Beth Sheffield (Wellington), 12:51.5; 2. Tonya Buchkovich (Avon); 3. Julene Nickoloff (Clearview)
2000: 1. Julene Nickoloff (Clearview), 13:35.0; 2. Tonya Buchkovich (Avon), 13:42.0; 3. Liz Ticchione (Avon), 14:18.0
1999: 1. Jenine Jones (Keystone), 12:55.3; 2. Beth Sheffield (Wellington); 3. Tonya Buchkovich (Avon)
1998: 1. Allison Fout (Firelands), 13:14.0; 2. Jessica Ault (Avon), 13:24.0; 3. Tonya Buchkovich (Avon), 13:33.0
1997: 1. Jessica Ault (Avon), 13:09.5; 2. Kelly Kennedy (Wellington); 3. Amanda Cardwell (Keystone)
1996: 1. Allison Fout (Firelands), 12:39.4; 2. Dawn Fletcher (Brookside); 3. Francis Harker (Firelands)
1995: 1. Allison Fout (Firelands), 12:43.3; 2. Dawn Fletcher (Brookside), 12:59.2; 3. Margie Ronyak (Avon), 13:08.7
1994: 1. Jeanna Knoble (Avon), 12:32.0; 2. Angie Payton (Keystone); 3. Francis Harker (Firelands)
1993: Jen Engel (Firelands), 13:04.6; 2. Angie Payton (Keystone), 13:06.3;

3. Jeanna Knoble (Avon), 13:08.8
1992: 1. Jen Engel (Firelands), 13:12.1; 2. Jeanna Knoble (Avon), 13:19.3; 3. Fout (Firelands), 13:25.4
1991: 1. Linda Marlette (Avon), 13:00.4; 2. Jenny Engel (Firelands); 3. Jeanna Knoble (Avon)
1990: 1. Jenny Schaefer (Avon), 12:36.7; 2. Linda Marlette (Avon); 3. Andrea Bauer (Keystone)
1989: 1. Chris Durrach (Avon), 12:40.5; 2. Linda Marlette (Avon); 3. Becky Strehle (Firelands)
1988: 1. Chris Durrach (Avon), 11:59.4; 2. Jenny Schaefer (Avon); 3. Lara (Brookside)
1987: 1. Chris Durrach (Avon), 12:14.7; 2. Cathy Corriveau (Avon); 3. Jennifer Tisler (Firelands)

100-meter high hurdles

2005: 1. Katie Salva (Midview), 17.1; 2. Jessica Schaffer (Keystone), 17.2; 3. Dani Kendeigh (Firelands), 17.3
2004: 1. Kristen Paulsen (Firelands), 16.2; 2. Erin Wolfe (Midview), 18.3; 3. Claire Huller (Avon), 18.3
2003: 1. Kristen Paulsen (Firelands), 16.3; 2. Katie Johnson (Avon), 16.8; 3. Jessica Schaffer (Keystone), 16.9
2002: 1. Kristen Paulsen (Firelands), 15.81; 2. Justina Pelcic (Brookside), 15.99; 3. Jackie Petz (Firelands), 16.63
2001: 1. Jackie Petz (Firelands), 16.8; 2. Katie Johnson (Avon); 3. Kristen Paulsen (Firelands)
2000: 1. Jenn Conrad (Keystone), 16.2; 2. Katie Johnson (Avon), 16.9; 3. Sarah Brawner (Avon), 17.2
1999: 1. Amanda Snyder (Wellington), 17.2; 2. Sarah Brawner (Avon); 3. Meghan Keller (Midview)
1998: 1. Wendy Burrer (Keystone), 16.7; 2. Anna Ruth (Firelands), 16.7; 3. Katie Lengen (Avon), 17.6
1997: 1. Megan Tansey (Firelands), 15.6; 2. Wendy Burrer (Keystone); 3. Jane Limmer (Avon)
1996: 1. Megan Tansey (Firelands), 17.2; 2. Anna Ruth (Firelands); 3. Erin Limmer (Avon)
1995: 1. Jodi Reimer (Keystone), 16.9; 2. Anna Ruth (Firelands), 17.6; 3. Erin Limmer (Avon), 17.9
1994: 1. Jodi Reimer (Keystone), 16.1; 2. Margie Janik (Keystone), 17.2; 3.

Brandi Gallatin (Wellington), 18.4
1993: 1. Kim Johnson (Elyria West), 16.8; 2. Sarah Gordon (Keystone), 17.4; 3. Andrea Flynn (Firelands), 17.5
1992: 1. Carrie Yakunovich (Firelands), 18.0; 2. Johnson (Elyria West), 18.4; 3. Alyce Nelson (Oberlin), 19.0
1991: 1. Carrie Yakunovich (Firelands), 17.8; 2. Tracy Lent (Avon); 3. Renee Henry (Keystone)
1990: 1. Pat Bradford (Elyria West), 17.1; 2. Carrie Yakunovich (Firelands); 3. Beth Valerius (Firelands)
1989: 1. Collette McShefferty (Brookside), 16.1; 2. Holmes (Elyria West); 3. Handrosh (Keystone)
1988: 1. Ann Forbes (Elyria West), 16.2; 2. Sarah Nelson (Oberlin); 3. Long (Keystone)
1987: 1. Ann Forbes (Elyria West), 16.0; 2. Sarah Nelson (Oberlin); 3. Jenny Secki (Keystone)

300-meter intermediate hurdles

2005: 1. Cari Greetham (Wellington), 47.6; 2. Dani Kendeigh (Firelands), 48.7; 3. Claire Huller (Avon), 50.6
2004: 1. Kristen Paulsen (Firelands), 48.4; 2. Erin Wolfe (Midview), 50.5; 3. Jacquie Davenport (Avon), 50.7
2003: 1. Jessica Schaffer (Keystone), 47.7; 2. Kristen Paulsen (Firelands), 48.4; 3. Jessica Paul (Avon), 51.3
2002: 1. Jessica Schaffer (Keystone), 48.4; 2. Kristen Paulsen (Firelands), 48.7; 3. Jackie Petz (Firelands), 50.5
2001: 1. Kristen Paulsen (Firelands), 50.0; 2. Jackie Petz (Firelands); 3. Erin Wolfe (Midview)
2000: 1. Jenn Conrad (Keystone), 49.5; 2. Emily Milum (Avon), 50.4; 3. Katie Johnson (Avon), 51.1
1999: 1. Wendy Bruce (Keystone), 50.6; 2. Tatiana Stross (Avon); 3. Amanda Snyder (Wellington)
1998: 1. Anna Ruth (Firelands), 47.4; 2. Michelle Parker (Brookside), 48.2; 3. McKenna Cooley (Firelands), 52.7
1997: 1. Megan Tansey (Firelands), 47.9; 2. Wendy Burrer (Keystone); 3. Anna Ruth (Firelands)
1996: 1. Anna Ruth (Firelands), 49.1; 2. Megan Tansey (Firelands); 3. Wendy Burrer (Keystone)
1995: 1. Anna Ruth (Firelands), 50.1; 2. Jodi Reimer (Keystone), 50.2; 3.

Erin Limmer (Avon), 51.0
1994: 1. Margie Janik (Keystone), 49.4; 2. Jodi Reimer (Keystone), 49.5; 3. Schrader (Firelands), 54.4
1993: 1. Margie Janik (Keystone), 49.1; 2. Jenny Vale (Avon), 50.0; 3. Kim Johnson (Elyria West), 52.1
1992: 1. Jenny Vale (Avon), 50.6; 2. Johnson (Elyria West), 51.3; 3. Nikki Moehl (Firelands), 51.6
1991: 1. Nikki Moehl (Firelands), 51.1; 2. Jenny Vale (Avon); 3. Jenny Pallas (Keystone)
1990: 1. Renee Henry (Keystone), 50.4; 2. Beth Valerius (Firelands); 3. Nikki Moehl (Firelands)
1989: 1. Jamell Holmes (Elyria West), 50.5; 2. Satullo (Avon); 3. Jennings (Avon)
1988: 1. Jenny Secki (Keystone), 49.7; 2. Lori Long (Keystone); 3. Sarah Nelson (Oberlin)
1987: Ann Forbes (Elyria West), 49.2; 2. Sarah Nelson (Oberlin); 3. Terry Secki (Keystone)

400-meter relay

2005: 1. Midview, 52.6; 2. Keystone, 53.3; 3. Wellington, 53.7

2004: 1. Oberlin (Rionne Bourne, Ashley Zimmerman, Marissa Carter, Tiachelle Clifford), 52.6; 2. Avon, 53.0; 3. Wellington, 54.0
2003: 1. Oberlin (Rionne Bourne, Ashley Zimmerman, Marissa Carter, Tiachelle Clifford), 52.1; 2. Midview, 52.9; 3. Avon, 54.3
2002: 1. Oberlin (Tiachelle Clifford, Ashley Zimmerman, Jocelyn Hughes, Ameerah Hairston), 52.88; 2. Midview, 53.79; 3. Firelands, 54.92
2001: 1. Firelands (Kristina Hildebrandt, Tara Redmond, Ashley Hale, Jayme Huntley), 53.5; 2. Avon; 3. Midview
2000: 1. Midview (Cari Leslie, Jessica Wise, Beth Schaefer, Katie Spice), 52.4; 2. Avon, 54.8; 3. Oberlin, 55.3
1999: 1. Midview (Katrina Casselle, Jessica Wise, Jessica Harper, Jessica Vrona), 53.6; 2. Avon; 3. Firelands
1998: 1. Midview (Lia Sprague, Jessica Wise, Jill Wise, Jessie Gessner), 53.4; 2. Firelands, 53.9; 3. Brookside, 55.3
1997: 1. Clearview (Saquanda Harris, Erika Cardona, Celeste Cofield, Tasha Holland), 51.5; 2. Firelands; 3. Midview
1996: 1. Clearview (Saquanda Harris, Erika Cardona, Celeste Cofield, Tasha

Holland), 52.5; 2. Oberlin; 3. Elyria West
1995: 1. Clearview (Saquanda Harris, Erika Cardona, Melissa Roman, Tasha Holland), 52.8; 2. Oberlin, 54.5; 3. Elyria West, 55.5
1994: 1. Clearview (Cinnamon Pelty, Tania Pohuliaj, Natalie Sadler, Rosetta Sadler), 52.9; 2. Oberlin, 54.6; 3. Keystone, 54.7
1993: 1. Oberlin (Chelonn Randleman, Alyce Nelson, Cherilynn Brice, Tori Isom), 52.6; 2. Wellington, 52.6; 3. Keystone, 53.3
1992: 1. Oberlin, 52.4; 2. Keystone, 52.8; 3. Clearview, 53.3
1991: 1. Oberlin, 52.3; 2. Firelands; 3. Keystone
1990: 1. Oberlin, 51.5; 2. Keystone; 3. Elyria West
1989: 1. Clearview (Carol Tower, Charlene Tower, Angie Toledo, Francene Woods), 54.0; 2. Elyria West; 3. Firelands
1988: 1. Keystone (Julie Accavallo, Amy Accord, Jenny Knapp, Jennifer Reimer), 52.1; 2. Firelands; 3. Elyria West
1987: 1. Clearview (Tracie Bradley, Rovella Williams, Vanessa Tower, Francene Woods), 51.9; 2. Elyria West; 3. Keystone

800-meter relay

2005: 1. Wellington (Stephanie Provoznik, Kelly Kennedy, Cari Greetham, Heather Mele), 1:49.8; 2. Oberlin, 1:50.2; 3. Keystone, 1:52.0
2004: Oberlin (Rionne Bourne, Ashley Zimmerman, Marissa Carter, Tiachelle Clifford), 1:51.0; 2. Avon, 1:51.4; 3. Wellington, 1:55.6
2003: 1. Oberlin (Ashley Zimmerman, Jocelyn Hughes, Marissa Carter, Rionne Bourne), 1:49.3; 2. Midview, 1:51.8; 3. Firelands, 1:51.9
2002: 1. Oberlin (Hanh Weigl, Ashley Zimmerman, Jocelyn Hughes, Ameerah Hairston), 1:50.65; 2. Midview, 1:51.84; 3. Firelands, 1:54.2
2001: 1. Midview (Beth Schaefer, Danielle Harris, Nicole Frambach, Katie Spice), 1:52.4; 2. Avon; 3. Clearview
2000: 1. Midview (Danielle Harris, Jessica Wise, Beth Schaefer, Cari Leslie), 1:53.2; 2. Avon, 1:55.9; 3. Firelands, 2:00.0
1999: 1. Avon (Krista MacArthur, Trish Moran, Susie Schwartz, Rachel Smitek), 1:54.8; 2. Keystone; 3. Wellington
1998: 1. Keystone (Gabby Stoddard, Jenny Vajas, Jenn Conrad, Wendy Burrer), 1:52.1; 2. Firelands, 1:53.0; 3. Midview, 1:53.0
1997: 1. Clearview (Celeste Cofield, Erika Cardona, Saquanda Harris, Tasha Holland), 1:50.6; 2. Firelands; 3. Midview
1996: 1. Clearview (Celeste Cofield, Erika Cardona, Saquanda Harris, Tasha Holland), 1:49.5; 2. Elyria West; 3. Firelands

1995: 1. Clearview (Celeste Cofield, Tonia Pohuhaj, Melissa Roman, Tasha Holland), 1:55.0; 2. Firelands, 1:55.9; 3. Oberlin, 1:56.2
1994: 1. Oberlin (Wilson, Spurlock, Morgan, Lena Henderson), 1:57.3; 2. Keystone, 1:57.8; 3. Wellington, 1:57.8
1993: 1. Oberlin (Alyce Nelson, Tori Isom, Cherilynn Brice, Chelonn Randleman), 1:51.2; 2. Wellington, 1:52.3; 3. Brookside, 1:56.8
1992: 1. Keystone, 1:50.5; 2. Oberlin, 1:53.0; 3. Clearview, 1:53.4
1991: Keystone, 1:51.1; 2. Oberlin; 3. Firelands
1990: 1. Oberlin, 1:52.4; 2. Elyria West; 3. Wellington
1989: 1. Oberlin, 1:55.5; 2. Keystone; 3. Avon
1988: 1. Clearview, 1:52.2; 2. Elyria West; 3. Firelands
1987: 1. Clearview (Tracie Bradley, Rovella Williams, Vanessa Tower, Francene Woods), 1:50.8; 2. Keystone; 3. Elyria West

1,600-meter relay

2005: 1. Wellington (Stephanie Provoznik, Kelly Kennedy, Cari Greetham, Jerrica Frye), 4:15.60; 2. Avon, 4:17.60; 3. Midview, 4:21.30
2004: 1. Firelands (Danielle Kauk, Danielle Kendeigh, Ashley Paulsen, Kristen Paulsen), 4:21.2; 2. Keystone, 4:32.2; 3. Avon, 4:32.5
2003: 1. Avon (Laura Gronowski, Trista Barnhart, Leann Locurto, Danie Irwin), 4:18.9; 2. Keystone, 4:21.8; 3. Firelands, 4:23.3
2002: 1. Keystone (Jessica Schaffer, Cassie Austin, Ashley Cyrus, Jamie Perin), 4:28.4; 2. Firelands, 4:30.1; 3. Avon, 4:33.0
2001: 1. Avon (Danie Irwin, Sue Schwartz, Regina Fisher, Rachel Smitek), 4:19.2; 2. Midview; 3. Firelands
2000: 1. Avon (Yazmin Torres, Danie Irwin, Emily Milum, Rachel Smitek), 4:16.0; 2. Firelands, 4:25.0; 3. Midview, 4:26.0
1999: 1. Avon (Krista MacArthur, Sara Milavec, Susie Schwartz, Rachel Smitek), 4:22.9; 2. Keystone; 3. Midview
1998: 1. Firelands (Anna Ruth, Shannon Wilber, Jackie Kennedy, Allison Fout), 4:16.0; 2. Keystone, 4:17.4; 3. Avon, 4:22.2
1997: 1. Keystone (Wendy Burrer, Jenine Jones, Kristen Cavanaugh, Wendy Hobson), 4:17.6; 2. Firelands; 3. Avon
1996: 1. Firelands (Mary Lamont, Sarah Bilancini, Shannon Wilber, Megan Tansey), 4:27.2; 2. Elyria West; 3. Keystone
1995: Firelands, 4:25.6; 2. Oberlin, 4:42.2; 3. Keystone, 4:44.0
1994: 1. Avon (Margie Ronyak, Fisher, Limmer, Brandi Cothran), 4:26.0; 2. Keystone, 4:34.0; 3. Firelands, 4:46.0

1993: 1. Avon (Jenny Vale, Fisher, Karen DeChant, Margie Ronyak), 4:20.5; 2. Keystone, 4:29.5; 3. Firelands, 4:31.7
1992: 1. Keystone, 4:16.3; 2. Avon, 4:19.6; 3. Oberlin, 4:21.4
1991: 1. Keystone, 4:14.3; 2. Firelands; 3. Avon
1990: 1. Keystone, 4:19.1; 2. Avon; 3. Firelands
1989: 1. Keystone, 4:23.9; 2. Avon; 3. Firelands
1988: 1. Keystone, 4:13.3; 2. Firelands; 3. Avon
1987: Keystone, 4:18.8; 2. Clearview; 3. Avon

3,200-meter relay

2005: 1. Avon (Malory Weber, Kellie Johnson, Christine Fisher, Leann Locurto), 10:18.9; 2. Midview, 10:24.5; 3. Firelands, 11:03.0
2004: 1. Avon (Malory Weber, Kathy Johnson, Kirsten Miller-Jaster, Christine Fisher), 10:34.9; 2. Firelands, 10:42.0; 3. Midview, 10:59.3
2003: 1. Avon (Leann Locurto, Christine Fisher, Megan Reising, Danie Irwin), 10:24.4; 2. Firelands; 3. Keystone
2002: 1. Avon (Jessica Paul, Yazmin Torres, Gina Fisher, Danie Irwin), 10:42.0; 2. Firelands, 11:03.90; 3. Midview, 11:18.20
2001: 1. Avon (Regina Fisher, Amy Wood, Danie Irwin, Gina Leone), 10:23.4; 2. Firelands; 3. Midview
2000: 1. Avon (Amy Wood, Gina Leone, Jill Guerrieri, Kara Pocos), 10:55.0; 2. Midview, 11:02.0; 3. Firelands, 11:06.0
1999: 1. Avon (Ali Danchuk, Sara Milavec, Shauna Lohr, Tonya Buchkovich), 10:40.2; 2. Keystone; 3. Wellington
1998: 1. Avon (Sara Milavec, Tatiana Stross, Laura Molnar, Shauna Lohr), 10:46.3; 2. Keystone, 10:46.3; 3. Brookside, 10:58.1
1997: 1. Firelands (Megan Tansey, Elizabeth Gray, Jackie Kennedy, Allison Fout), 10:20.0; 2. Avon; 3. Keystone
1996: 1. Firelands, 11:00.0; 2. Avon; 3. Keystone
1995: 1. Firelands, 10:37.1; 2. Keystone; 3. Avon
1994: 1. Avon (Margie Ronyak, Jeanna Knoble, Katie Schlessman, Terra Buchkovich), 10:45.4; 2. Firelands, 11:00.0; 3. Keystone, 11:14.2
1993: 1. Firelands (Kathy Fout, Jen Engel, Judy Parker, Julie Izold), 10:41.8; 2. Keystone, 10:54.2; 3. Avon, 11:07.9
1992: 1. Firelands, 10:40.8; 2. Keystone, 11:05.3; 3. Avon, 11:35.5
1991: 1. Keystone, 10:43.3; 2. Avon; 3. Firelands
1990: 1. Keystone, 10:24.8; 2. Avon; 3. Firelands
1989: 1. Firelands, 10:34.6; 2. Avon; 3. Keystone

1988: 1. Avon (Linda Marlette, Amy Leathers, Cathy Corriveau, Carla Smith), 10:26.6; 2. Firelands; 3. Keystone
1987: 1. Avon (Cathy Corriveau, Amy Leathers, Carla Smith, Sandy Alten), 10:29.0; 2. Oberlin; 3. Elyria West

Shot put

2005: 1. Brooke Hinkle (Wellington), 37-5; 2. Brianna Hancock (Clearview), 31-9; 3. Jill Kirchner (Midview), 30-1 1/2
2004: 1. Brooke Hinkle (Wellington), 34-11 ½; 2. April Walker (Oberlin), 34-3; 3. Heather Engle (Brookside), 33-11 1/4
2003: 1. Alma Merritt (Clearview), 37-2; 2. Amanda Engle (Brookside), 32-3 1/2; 3. Williams (Clearview), 30-5 1/2
2002: 1. Alma Merritt (Clearview), 34-3 ¼; 2. Amanda Engle (Brookside), 32-1 1/4; 3. Courtney Gilbert (Midview), 30-9 1/4
2001: 1. Amanda Hanzel (Midview), 35-1; 2. Alma Merritt (Clearview); 3. O'Neill (Firelands)
2000: 1. Lindsay Mitchell (Avon), 35-6; 2. Amanda Hanzel (Midview), 33-10 1/2; 3. Casey Jones (Keystone), 32-9 1/2
1999: 1. Lindsay Mitchell (Avon), 34-8 ½; 2. July Williams (Brookside); 3. Amanda Hanzel (Midview)
1998: 1. July Williams (Brookside), 33-1; 2. Krissy Williams (Oberlin), 31-3; 3. Erin Finnegan (Clearview), 30-10
1997: 1. Claire DeChant (Avon), 37-6; 2. not presently available
1996: 1. Claire DeChant (Avon), 33-2; 2. Missy Lang (Firelands); 3. Jotrell Henry (Elyria West)
1995: 1. Karen DeChant (Avon), 35-7; 2. Missy Lang (Firelands), 34-4 1/2; 3. Jotrell Henry (Elyria West), 31-1 1/2
1994: 1. Karen DeChant (Avon), 35-11; 2. Mandy Mull (Wellington), 35-10; 3. Krystowski (Avon), 32-10
1993: 1. Karen DeChant (Avon), 35-3 ½; 2. Gwen Bauer (Avon); 3. Tawana Patrick (Elyria West)
1992: 1. Gwen Bauer (Avon), 34-2 ½; 2. Mandy Mull (Wellington), 33-11; 3. Karen DeChant (Avon), 33-8 1/2
1991: 1. Joan Pachinger (Firelands), 35-1 ¼; 2. Mandy Mull (Wellington); 3. Becker (Firelands)
1990: 1. Andrea Gilles (Wellington), 34-3 1/2; 2. Joan Pachinger (Firelands); 3. Dawn Smith (Avon)
1989: 1. Andrea Gilles (Wellington), 36-10; 2. Joan Pachinger (Firelands);

3. Kure (Clearview)
1988: 1. Andrea Gilles (Wellington, 34-10; 2. Sudnick (Keystone); 3. Kure (Clearview)
1987: 1. Andrea Gilles (Wellington), 31-11 ½; 2. Janine Galzak (Oberlin); 3. Tessa Sudnik (Keystone)

Discus

2005: 1. Kailey Volk (Firelands), 101-10; 2. Brooke Hinkle (Wellington), 101-4; 3. Brianna Hancock (Clearview), 95-11
2004: 1. Jenny Stitler (Brookside), 109-8; 2. Brooke Hinkle (Wellington), 105-6; 3. April Walker (Oberlin), 103-2
2003: 1. Alma Merritt (Clearview), 105-9; 2. Jenny Stitler (Brookside), 102-7; 3. April Walker (Oberlin), 100-3
2002: 1. Alma Merritt (Clearview), 98-10; 2. Rachel Miller (Midview), 96-6; 3. Laura Jackson (Firelands), 89-4
2001: 1. Amanda Hanzel (Midview), 101-6; 2. Rachel Miller (Midview); 3. Laura Jackson (Firelands)
2000: 1. Casey Jones (Keystone), 122-5; 2. Jessica Bawiec (Avon), 105-5; 3. Sherry Lacko (Keystone), 101-10
1999: 1. Casey Jones (Keystone), 113-3; 2. Sherry Lacko (Keystone); 3. Jessica Bawiec (Avon)
1998: 1. Casey Jones (Keystone), 123-9; 2. Julie Raccio (Clearview), 108-8; 3. Sherry Lacko (Keystone), 107-9
1997: 1. Claire DeChant (Avon), 118-0; 2. Casey Jones (Keystone); 3. Blomquist (Midview)
1996: Claire DeChant (Avon), 118-6; 2. Missy Lang (Firelands); 3. Jotrell Henry (Elyria West)
1995: 1. Karen DeChant (Avon), 123-3; 2. Missy Lang (Firelands), 114-2; 3. Jotrell Henry (Elyria West), 101-7
1994: 1. Karen DeChant (Avon), 116-2; 2. Mandy Mull (Wellington), 115-11; 3. Claire DeChant (Avon), 102-5
1993: 1. Mandy Mull (Wellington), 112-11; 2. Gwen Bauer (Avon), 101-5; 3. Jotrell Henry (Elyria West), 86-9
1992: 1. Mandy Mull (Wellington), 104-8; 2. Gwen Bauer (Avon), 90-6; 3. Beth Becker (Firelands), 87-8
1991: 1. Joan Pachinger (Firelands), 109-11; 2. Mandy Mull (Wellington); 3. Monday (Keystone)
1990: 1. Andrea Gilles (Wellington), 115-3; 2. Joan Pachinger (Firelands);

3. Dawn Smith (Avon)
1989: 1. Andrea Gilles (Wellington), 106-8; 2. Dawn Smith (Avon); 3. Hayslett (Keystone)
1988: 1. Andrea Gilles (Wellington), 125-3; 2. Buckosh (Brookside); 3. Joan Pachinger (Firelands)
1987: 1. Cheryl Jackson (Wellington), 101-4; 2. Ann Pisanell (Brookside); 3. Andrea Gilles (Wellington)

Long jump

2005: 1. Dani Kendeigh (Firelands), 15-9 ¾; 2. Danae Deeks (Midview), 14-9 ¾; 3. Ashley St. John, 14-1 3/4
2004: 1. Danielle Kendeigh (Firelands), 15-11; 2. Jill Kirchner (Midview), 15-6; 3. Marissa Barnhart (Avon), 15-2 1/2
2003: 1. Trista Barnhart (Avon), 16-0; 2. Heather Mele (Wellington), 15-1 1/2; 3. Marissa Barnhart (Avon), 15-0
2002: 1. Cari Leslie (Midview), 15-3; 2. Trista Barnhart (Avon), 14-10; 3. Heather Mele (Wellington), 14-5
2001: 1. Trista Barnhart (Avon), 14-1; 2. Brandy Terry (Keystone); 3. Allgood (Clearview)
2000: 1. Cari Leslie (Midview), 15-11; 2. Trista Barnhart (Avon), 15-4 1/2; 3. Ashley Hale (Firelands), 14-2 1/2
1999: 1. Amanda Snyder (Wellington), 13-7; 2. Courtney Dormos (Brookside); 3. Amy Forthofer (Avon)
1998: 1. Celeste Cofield (Clearview), 16-8 ½; 2. Ronna Richardson (Avon), 14-0; 3. Shannon Wilber (Firelands), 14-0
1997: 1. XXX Gilbert (Oberlin), 13-10; 2. Schill (Keystone); 3. Shannon Wilber (Firelands)
1996: 1. Celeste Cofield (Clearview), 15-2; 2. Mary Lamont (Firelands); 3. Candice Bivens (Elyria West)
1995: 1. Mary Lamont (Firelands), 15-0 ¾; 2. Horvath (Keystone), 14-3; 3. Janik (Keystone), 13-10
1994: 1. Lena Henderson (Oberlin), 14-10; 2. Cinnamon Pelty (Clearview), 14-10; 3. Jodi Reimer (Keystone), 14-5
1993: 1. Karen DeChant (Avon), 15-6 ½; 2. Margie Janik (Keystone); 3. Jodi Reimer (Keystone)
1992: 1. Barb Younglas (Keystone), 15-0 ½; 2. Lena Henderson (Oberlin), 14-10; 3. Karen DeChant (Avon), 14-5 1/2
1991: 1. Lena Henderson (Oberlin), 16-11; 2. George (Brookside); 3. Barb

Younglas (Keystone)
1990: 1. Denise Wearsch (Avon), 14-2; 2. Barb Younglas (Firelands); 3. Stacy Fox (Keystone)
1989: 1. Jennifer Reimer (Keystone), 16-6 ½; 2. McSheffery (Brookside); 3. George (Brookside)
1988: 1. Jennifer Reimer (Keystone), 16-3 ½; 2. Ann Forbes (Elyria West); 3. Collette McSheffery (Brookside)
1987: 1. Jennifer Reimer (Keystone), 16-10; 2. Ann Forbes (Elyria West); 3. Sue Fenik (Wellington)

High jump

2005: 1. Jacquie Davenport (Avon), 5-0; 2. Kelly Kennedy (Wellington), 5-0; 3. Bria Gendron (Brookside), 4-8
2004: 1. Marissa Barnhart (Avon), 5-0; 2. Kristen Paulsen (Firelands), 4-10; 3. Bethany Dollar (Firelands), 4-10
2003: 1. Kristen Paulsen (Firelands), 4-10; 2. Marissa Barnhart (Avon), 4-10; 3. Kelly Kennedy (Wellington), 4-10
2002: 1. Kristen Paulsen (Firelands), 4-10; 2. Erin Wolf (Midview), 4-8; 3. Heather Mele (Wellington), 14-5
2001: 1. Jessica Paul (Avon), 4-10; 2. Marissa Barnhart (Avon); 3. Kristen Paulsen (Firelands)
2000: 1. Jessica Bawiec (Avon), 5-0; 2. Stephanie Saladin (Firelands), 4-10; 3. Katie Spice (Midview), 4-8
1999: 1. Amber Mann (Wellington), 4-8; 2. S. Jones (Midview); 3. Jessica Bawiec (Avon)
1998: 1. Celeste Cofield (Clearview), 5-2; 2. Anna Ruth (Firelands), 5-1; 3. Jessica Gessner (Midview), 5-0
1997: 1. Celeste Cofield (Clearview), 5-2; 2. Anna Ruth (Firelands); 3. Jessica Gessner (Midview)
1996: 1. Celeste Cofield (Clearview), 5-0; 2. Nicole Bittner (Brookside); 3. Anna Ruth (Firelands)
1995: 1. Celeste Cofield (Clearview), 4-10; 2. Mary Lamont (Firelands), 4-8; 3. Jenny Brawner (Avon), 4-8
1994: 1. Jodi Reimer (Keystone), 5-0; 2. (tie) Mary Lamont (Firelands) and Schrader (Firelands), 4-10
1993: 1. Alyce Nelson (Oberlin), 5-0; 2. Katie Ruth (Firelands), 5-0; 3. Nicole Bittner (Brookside), 4-11
1992: 1. Alyce Nelson (Oberlin), 5-2; 2. Brittany Affolter (Wellington), 5-0;

3. Wilmoth (Keystone), 4-8
1991: 1. Brittany Affolter (Wellington), 5-0; 2. (tie) Debbie Hughes (Wellington) and Alyce Nelson (Oberlin)
1990: 1. Jeannine Barzuk (Wellington), 5-2; 2. Brittany Affolter (Wellington); 3. Alyce Nelson (Oberlin)
1989: 1. Jamie Barzuk (Wellington), 5-0; 2. Young (Clearview); 3. Affolter (Wellington)
1988: Ann Forbes (Elyria West), 5-7; 2. Jamie Barzuk (Wellington); 3. Young (Clearview)
1987: 1. Ann Forbes (Elyria West), 5-5 ½; 2. Janine Barzyk (Wellington); 3. Paula Butchko (Firelands)

Pole vault

2005: 1. Amanda St. John (Avon), 9-9; 2. Kelly Wragg (Firelands), 8-6; 3. Kate Wragg (Firelands), 8-0
2004: 1. Amanda St. John (Avon), 9-4; 2. Kelly Wragg (Firelands), 8-6; 3. Kristina Wragg (Firelands), 8-6
2003: 1. Kelly Wragg (Firelands), 8-9; 2. Cari Leslie (Midview), 8-6; 3. Amanda St. John (Avon), 8-6
2002: 1. Cari Leslie (Midview), 7-0; 2. Amanda St. John (Avon), 6-6; 3. Ashley Cyrus (Keystone), 6-6

High school track and field conference champions

Boys

2005: @Firelands (May 13, 15, 18)
1. Firelands, 158; 2. Midview, 123; 3. Wellington, 105; 4. Avon, 100; 5. Oberlin, 68; 6. Keystone, 60; 7. Clearview, 31; 8. Brookside, 14

2004: @Midview (May 12, 14)
1. Firelands, 166; 2. Avon, 122; 3. Midview, 107; 4. Wellington, 97 ½; 5. Oberlin, 56; 6. Keystone, 46; 7. Clearview, 32 ½; 8. Brookside, 31.

2003: @Midview (May 14, 16)
1. Firelands, 155; 2. Avon, 134 ½; 3. Midview, 117 ½; 4. Keystone, 75; 5. Oberlin, 46; 6. Wellington, 46; 7. Clearview, 26; 8. Brookside, 24.

2002: @Firelands (May 15, 17)
1. Firelands, 182 ½; 2. Midview, 118 ½; 3. Avon, 104; 4. Keystone, 79; 5. Brookside, 53; 6. Oberlin, 45; 7. Wellington, 28; 8. Clearview, 6.

2001: @Firelands (May 8-9)
1. Firelands, 157; 2. Avon, 103; 3. Keystone, 74; 4. Clearview, 73; 5. Midview, 72 ½; 6. Wellington, 61; 7. Brookside, 49; 8. Oberlin, 12.

2000: @ Avon (May 9-10)
1. Avon, 116; 2. Firelands, 106; 3. Brookside, 80; 4. Oberlin, 51; 5. Midview, 48; 6. Keystone, 45; 7. Clearview, 30; 8. Wellington, 16.

1999: @Avon (May 11-12)
1. Avon, 112; 2. Brookside, 100; 3. Firelands, 96; 4. Clearview, 58; 5. Wellington, 40; 6. Keystone, 33; 7. Midview, 28; 8. Oberlin, 26.

1998: @Avon (May 11-12)
1. Firelands, 144; 2. Avon, 109; 3. Brookside, 60 ½; 4. Midview, 54; 5. Oberlin, 42; 6. Clearview, 38 ½; 7. Wellington, 27; 8. Keystone, 21.

1997: @Avon (May 12-13)
1. Firelands, 141; 2. Avon, 92; 3. Midview, 78; 4. Keystone, 58; 5. (tie) Clearview and Oberlin, 39; 7. Wellington, 30; 8. Brookside, 15.

1996: @Avon (May 7-8)
1. Firelands, 117; 2. Elyria West, 109; 3. Avon, 83; 4. Keystone, 82; 5. Oberlin, 39; 6. Clearview, 31 ½; 7. Wellington, 20; 8. Brookside, 13 ½.

1995: @Oberlin (May 8-9)
1. Elyria West, 148; 2. Keystone, 107; 3. Firelands, 72; 4. Oberlin, 70; 5. Avon, 41; 6. Clearview, 36; 7. Brookside, 12; 8. Wellington, 8.

1994: @Avon (May 9-10)
1. Elyria West, 125; 2. Keystone, 88; 3. Oberlin, 87; 4. Firelands, 81; 5. Wellington, 40; 6. Avon, 38; 7. Clearview, 36; 8. Brookside, 0.

1993: @Oberlin (May 10-11)
1. Firelands, 128; 2. Oberlin, 119; 3. Clearview, 59; 4. Avon, 56; 5. Keystone, 54; 6. Brookside, 41; 7. Elyria West, 23; 8. Wellington, 12.

1992: @Avon (May 11-12)
1. Firelands, 95; 2. Oberlin, 75 ½; 3. Clearview, 74; 4. Keystone, 69 ½; 5. Avon, 58; 6. Wellington, 54; 7. Brookside, 45; 8. Elyria West, 22.

1991: @Oberlin (May 13-14)
1. Clearview, 85; 2. (tie) Firelands and Oberlin, 77; 4. Avon 70; 5. Keystone, 62; 6. Brookside, 55; 7. Elyria West, 37; 8. Wellington, 33.

1990: @Avon (May 7-8)
1. (tie) Elyria West and Firelands, 131; 3. Oberlin, 69; 4. Keystone, 59; 5. (tie) Avon and Clearview, 45; 7. Wellington, 12; 8. Brookside, 0.

1989: @Avon (May 8-9)
1. Keystone, 105; 2. Elyria West, 97; 3. Oberlin, 89; 4. Brookside, 78; 5. Firelands, 66; 6. Clearview, 40; 7. Wellington, 12; 8. Avon, 9.

1988: @Avon (May 9-10)
1. Keystone, 120; 2. Brookside, 82; 3. Elyria West, 77; 4. Oberlin, 76; 5. Clearview, 75; 6. Firelands, 27; 7. Wellington, 18; 8. Avon, 14.

1987: @Oberlin (May 11-12)
1. Oberlin, 126; 2. Elyria West, 83 ½; 3. Keystone, 67; 4. Brookside, 63; 5. Avon, 60; 6. Clearview, 53; 7. Wellington, 24; Firelands, 19 ½.

Girls

2005: @Firelands (May 13, 15, 18)
1. Avon, 137; 2. Midview, 131; 3. Wellington, 113; 4. Firelands, 99; 5. Keystone, 85; 6. Oberlin, 30; 7. Clearview, 23; 8. Brookside, 16

2004: @Midview (May 12, 14)
1. Avon, 167; 2. Firelands, 140; 3. Midview, 95; 4. Oberlin, 65; 5. (tie) Keystone and Wellington, 54; 7. Clearview, 45; 8. Brookside, 30.

2003: @Midview (May 14, 16)
1. Avon, 135; 2. Firelands, 121 ½; 3. Midview, 95; 4. Keystone, 75; 5. Oberlin, 70; 6. Wellington, 60; 7. Brookside, 49 ½; 8. Clearview, 46.

2002: @Firelands (May 15, 17)
1. Midview, 132; 2. Firelands, 125; 3. Avon, 105; 4. Keystone, 64; 5. Oberlin, 59; 6. Clearview, 43; 7. Brookside, 35; 8. Wellington, 34.

2001: @Firelands (May 8-9)
1. Avon, 168; 2. Firelands, 135; 3. Midview, 130; 4. Clearview, 43; 5. Brookside, 42; 6. Keystone, 37; 7. Oberlin, 26 ½; 8. Wellington, 24.

2000: @ Avon (May 9-10)
1. Avon, 171; 2. Midview, 96; 3. Keystone, 67; 4. Firelands, 62; 5. Clearview, 53; 6. Oberlin, 24; 7. Brookside, 17; 8. Wellington, 5.

1999: @Avon (May 11-12)
1. Avon, 137 ¾; 2. Keystone, 116 ½; 3. Wellington, 72; 4. Midview, 60 ¾; 5. Clearview, 38; 6. Firelands, 34; 7. Brookside, 25; 8. Oberlin, 7.

1998: @Avon (May 11-12)
1. Firelands, 115; 2. Keystone, 93; 3. Avon, 71; 4. Clearview, 66; 5. Midview, 55; 6. Brookside, 45; 7. Wellington, 35; 8. Oberlin, 16.

1997: @Avon (May 12-13)
1. Firelands, 130; 2. Keystone, 102; 3. Avon, 73; 4. Clearview, 57; 5. Midview, 48; 6. Oberlin, 37; 7. Wellington, 26; 8. Brookside, 22.

1996: @Avon (May 8-9)
1. Firelands, 125; 2. Clearview, 80; 3. Avon, 73; 4. Elyria West, 58; 5. Keystone, 54; 6. Brookside, 32; 7. Wellington, 26; 8. Oberlin, 22.

1995: @Oberlin (May 8-9)
1. Firelands, 146; 2. Keystone, 80; 3. Avon, 69; 4. Clearview, 64; 5. Oberlin, 38; 6. Brookside, 37; 7. Elyria West, 36; 8. Wellington, 21.

1994: @Avon (May 9-10)
1. Keystone, 125; 2. Avon, 123; 3. Firelands, 83; 4. Wellington, 38; 5. Clearview, 37; 6. Oberlin, 33; 7. Brookside, 30; 8. Elyria West, 25.

1993: @Oberlin (May 10-11)
1. Avon, 124; 2. Keystone, 97; 3. Firelands, 81; 4. Wellington, 48; 5. (tie) Elyria West and Oberlin, 42; 7. Brookside, 28; 8. Clearview, 3.

1992: @Avon (May 11-12)
1. Avon, 127; 2. Firelands, 102; 3. Keystone, 95; 4. Oberlin, 58; 5. Wellington, 52; 6. Elyria West, 23; 7. Brookside, 21; 8. Clearview, 20.

1991: @Oberlin (May 13-14)
1. Firelands, 121; 2. Avon, 110; 3. Keystone, 108; 4. Oberlin, 52; 5. Wellington, 51; 6. Brookside, 29; 7. Elyria West, 18; 8. Clearview, 3.

1990: @Avon (May 7-8)
1. Avon, 111; 2. Firelands, 103; 3. Keystone, 100; 4. Wellington, 64; 5. (tie) Elyria West and Oberlin, 60; 7. Clearview, 4; 8. Brookside, 0.

1989: @Avon (May 8-9)
1. Avon, 101; 2. Keystone, 93; 3. Firelands, 85; 4. Clearview, 61; 5. Elyria West, 58; 6. Brookside, 49; 7. Wellington, 44; 8. Oberlin, 4.

1988: @Avon (May 9-10)
1. Keystone, 114; 2. Avon, 89 ½; 3. Clearview, 75; 4. Firelands, 72; 5. Elyria West, 57; 6. Wellington, 37; 7. Brookside, 34; 8. Oberlin, 16 ½.

1987: @Oberlin (May 11-12)
1. Elyria West, 93; 2. Clearview, 88; 3. Keystone, 79; 4. Avon, 58; 5. Oberlin, 55; 6. Wellington, 53; 7. Firelands, 47; 8. Brookside, 20.

ABOUT PAUL HEYSE

Chronicle-Telegram sportswriter Paul Heyse has reported on high school sports since 1981.

Heyse has covered state track and field and state cross country tournaments since 1984. He has been a sportswriter for the Chronicle-Telegram since 1994. Heyse worked for Sun Newspapers, a chain of weekly newspapers, from 1981 until joining the Chronicle staff.

He earned the 2017 Jim Allen Award for media service by the Lorain County Athletics Administrators Association and the Distinguished Service Award for District 2 in both 2017 and 2023 by the Ohio Association of Track and Cross Country Coaches Association.

Heyse was inducted into the 2011 Berea High Athletic Hall of Fame along with the

1978 football team. He received the 2014 Northeast Ohio Interscholastic Athletic

Administrators' Ralph Quisenberry Service Award and 2014 Sam Levine Bowling Memorial Award. Heyse also received 2009 Westlake Relays Dedication Award plus was a 2004 Media Service Award from the Ohio High School Athletic Association. He was a 2002 Contributor Award recipient by the OATCCC. Heyse is founder and chair for the Lorain County Track and Cross Country Hall of Fame starting in 2009 and founder and chair for the Lorain County Swimming and Diving Hall of Fame starting in 2019.

Heyse won a bronze medal as a member of the Over the Hill Track Club men's age

65-69 4x800 in a time of 12:52 at the 2026 USATF Outdoor National Masters at

SPIRE. He competed 2024 Pan American Masters Games for track and field at

Baldwin Wallace University. He finished fifth in the 800 (2:58.32), eighth in the

400 (1:16.88) and 12th in the 200 (35.78). Heyse finished eighth (2:12.76) at the 1992 USATF Indoor Masters Nationals, 11th (2:34.23) at the 2011 USATF Outdoor Masters Nationals and 16th (2:36.85) at the 2013 National Senior Games for the 800. He was an Ohio Games track and field finalist for 11 straight years from 1990-2000. Heyse won the 800-

meter championship (2:23) in 2000 for the 35-39 age group and a bronze in 1990 (2:11.03) and ’91 (2:08.5) for the age 30-34 category.

Heyse earned a masters degree in 1993 from Bowling Green State University and a bachelor’s degree in 1983 from Baldwin-Wallace College. He was a starter at left guard for Berea High School’s 1978 Division I state runner-up football team. He also lettered in track.

Paul and his wife, Diana, live in Strongsville.

We all have different gifts, each of which came because of the grace God gave us.

Romans 12:6 (NCV)